

Marge Adams -- Citizen Of The Year



Lions' President Austin Miller presents Marge Adams with the Citizen of The Year Award.

On Saturday, March 16th, the Key Peninsula Lions Club honored Marge Adams with their top award as Citizen of the Year. Marge was selected from an array of 32 Citizens who had been nominated for service to the community.

Marge Adams recently retired after serving 20 years as Director of the Key Peninsula Community Services/Food Bank Community House where she tirelessly managed all facets of the Center, including grant writing, seniors planning, bookkeeping and payroll. She is continuing her service there as a member of the Board of Directors. Her cheerful attitude and continuing hard work are much respected by all.

Prohibition Jazz Band Returns to Key Peninsula



Prohibition Jazz Band

It's that time of the year again!!! The Prohibition Jazz Band returns to the Key Peninsula Civic Center for its fourth annual engagement and your dancing and listening pleasure. The date is June 1st, from 8:00 P.M. to 11:00 P.M. Tickets will be \$10 in advance, available soon at Sunnycrest Nursery and Home Country Store, and \$15 at the door. More details next month.

DONATIONS UPDATE

The Staff of *The Key Peninsula News* wants to express our appreciation for the welcome contributions and notes of support we have received from the community. Your response has made us feel appreciated as well as giving us a firmer financial foundation for the future.

One of our contributors suggested we give you some additional information regarding costs. We calculate that it costs about 25 cents a month (or \$3 per year) for each mailing address we send the paper. Advertising covers anywhere between 75% to 90% of this cost. Almost all of our expenses must be paid on a monthly basis - for the Post Office (due when we mail the paper), for ad commission, for composition and layout. The Gateway (for printing) has allowed us to accumulate bills far above our credit limit, but then we accumulate service charges. We ask for subscriptions of \$10 per year from those outside the 98329, 98349, 98394 and 98395 area codes to cover some of the first class mailing cost they require.

We realize that money is tight and not everyone can afford added expenses, but we hope that those who can afford to help *The Key Peninsula News* will do so.

A special thank you to the following:

Martha Applegate
Marjorie Hurley and Renee Viers
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KP Senior Society
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Heather Rogers

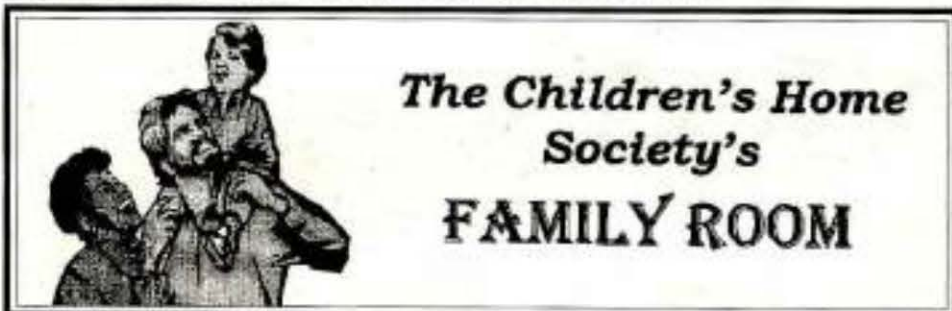
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Esther Barry
Daphne Moynihan
Marie Bokor
Key Medical Center, Dr. Wm. Roes
Ethel Gahan
Peg & Roger Robertson
Evelyn Evans
Johanna James
Anonymous

Dr Penrose Orthopedic Guild
Presents

Garden Talk With Ciscoe

at the
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Sunday, April 28th, 2002, 2pm

Admission \$10
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Childrens Hospital
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The Children's Home Society's FAMILY ROOM

I believe for most people, the New Year is a time for reflection - and resolutions...another year is behind us and whether it was good or bad, we look to the coming year with hope, expectation and promises to ourselves to do better, to be better. If that works for you, great! If, however, the months have gone by and you find you can't remember the promises made to yourself...take heart, you've got another chance!

SPRING IS HERE! Now, to me, *this* is the time of renewal. Mother Nature is busily at work bringing life and beauty back into the world. You see it everywhere in the greening of the trees and budding flowers; you hear it in the chirping of the birds; and you feel it in yourself - suddenly you have more energy. The sun seems to be shining brighter and the days are getting longer giving you more time to enjoy this beautiful world and do the things you want to do. So, here's your second chance, go ahead and recall those hopes and expectations of the New Year! Once again, reflect on what's important in life and renew the promises to yourself to do better, to be better - but this time, do it!

You may find you have time to **VOLUNTEER!** Our Family Resource Center is seriously looking for a few willing and responsible people to help us out. **Areas of need are clerical, children's programming, clothing bank, child care, office cleaning.** There are **some paid hours possible** with some of these areas. All volunteers must go through an application and screening process, but we will make it as painless as possible if you are interested in helping. Schedules are usually flexible and based on your availability. We really need some help, so please give us a call for more information at 884-5433.

And now for updated news from the Children's Home Society/Family Resource Center:

Indoor Park is open 9:30-11:30AM Tuesdays and Thursdays in the Civic Center Gym for preschool children and their parents. **Little Buddies** is currently at two locations: 3:30-5PM Tuesday at the Civic Center and 3:30-5PM Wednesday at Evergreen Elementary. Both elementary age boys and girls are enjoying their high school mentors. There are still openings for little girls in our Civic Center program.

JUMP (Juvéniles United through Music and Poetry) continues to meet weekly, Thursdays at 4:30PM, to plan events for teens in this community. Next event is a **Teen Coffeehouse** on Saturday, April 13th. Please call if you want to help!

Center programs meeting monthly are **Relatives Raising Children** (1-2:30PM

second Monday); **Parent Connections** (is moving to 10-11:30AM the second Thursday effective April 11th) for parents of children birth to five; and the new **Parent Support Group** (7-8:00PM third Friday) for families who have previously participated in the Love & Logic parenting class or who are interested in learning more about this parenting approach.

A new weekly program is being facilitated by Sue Winskill, TPCD MOMS/WRC Counselor. Every Monday from 4-5:00PM, **Come Join the Journey of Women.**

We are in the planning stages for the next **Love & Logic Parenting Class** - call for dates, times and information.

And don't forget our free **Clothing Bank and Lending Library!**

For information on volunteering or any of our programs and services, please call the Children's Home Society/Family Resource Center at 884-5433. Our office is located in the lower level of the KP Civic Center and we're open 9AM-4PM Monday through Friday.

KEY PENINSULA BUSINESS ASSOCIATION

by Nancy Lind

The KPBA met at the Horseshoe Lake Restaurant on March 15th at 1:00 P.M. KP Fire District Chief Gary Franz was the guest speaker. He talked about the serious reduction in funding since passage of I-747. The issues facing the Fire District board are considerable. Hiring a new fire chief, negotiating a union contract that expires this year, planning for a levy, funding projects, getting a fire station at Wauna built and many more tasks. The challenge will be to decide what is really important. Last year there were 1,700 demand calls and they keep increasing. September 11th brought home a realization of the need to be prepared. Also, he said it was important that the Wauna Fire Station be operational by the end of the year.

Chief Franz announced he is leaving the KPFD at the end of the month to be Assistant Fire Chief in charge of operations in Graham and the board has appointed Assistant Chief Eric Nelsen to be Acting Chief. Chief Franz said his experiences here have been good and good for him, he's learned a lot, is proud of this district and will miss his friends. Marty Marcus asked if it might be better to have five commissioners on the board. There was discussion about this possibility. Chief Franz suggested a group from the KP Business Association might be a community liaison with KPFD in a positive way, emphasizing partnership, communication, support and focus on the big picture.

Everyone is welcome to attend the KP Business Association meetings: the first Friday of each month at 7:30 A.M. at the Homeport Restaurant and the third Friday of each month at 12:00 noon at the Horseshoe Lake Restaurant.

BENEFIT FOR JOSH LANCE AT LONGBRANCH IMPROVEMENT CLUB

A benefit event for Josh Lance, who was injured in a car accident near Key Center, will be held on Saturday, April 13th, from 7:00 P.M. to midnight. Josh was in a coma following the accident and is improving, but his parents, Bob and Debbie Walsh, need help with extensive medical bills. Dan Wilson, one of Josh's teachers, is organizing the evening which will include a number of local musicians - jazz, rock and roll, blues - to play and there will be an auction of gifts and services donated by local businesses. An account has also been set up at Sound Credit Union in Josh's name for donations.

For additional information or to volunteer your help call Dan or May Wilson at 884-2419

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Veterans' Voices

By Eileen Young

After what March has thrown at us, one wonders what the rest of the year has in store! Oh, well, as long as the sun shines it will be OK with me, I am more than ready for some warm weather.

Our post and auxiliary are busy with many different projects for the coming months, and the first one is a **BIKE SAFETY RODEO** to be held April 20th from 10 AM to 3 PM at Fire Station #2 in Key Center. Bring the kids and their bikes and someone from the group of participating organizations will ID the bike, suggest riding safety rules and regulations, give it a safety check, apply reflector tape and offer helmets at a price you can not afford to miss! Thanks in advance to the Fire Department, Boy Scouts, KP Emergency Preparedness, Angel Guild and the Sheriff's Department. These fine folks have volunteered their time to help educate the young bike riders and keep them safe. A worthwhile program so be sure to tell your friends and neighbors to show up.

The volunteer hours for post and auxiliary members of #4990 for the month of February is 443.5. How many hours did you put in?

Our CARE CIRCLE for this month is again in need of your help. Many folks are under the weather: Rhys Wood, Marge Adams, Ralph Kingsbury, Karen Barrow and Louie Aguilar. Understand Harm Van Slyke is doing well after hip replacement surgery and Jean Christoffersen is up and around [cautiously] after knee surgery. Buzz Simon is out of the hospital and wife Debbie is due to have her leg cast removed after six long weeks. Hope to hear all are on the mend very soon. Get well folks, we CARE.

For your information.... Some tips on going ocean fishing: DO remember to take such necessary pieces of equipment as your boat and YOUR TACKLE BOX. For verification, call Wally Comman!

May's schedule is a little hectic, to say the least. Not a lot of time to become bored. First there is BUDDY POPPY DAYS! May 10th and 11th will see Buzz Simon going from place to place on the Peninsula tending to the many volunteers offering our beloved poppies to the public. ALL members will receive a call and it is hoped you will take a shift for this effort. The money collected goes to the Relief Fund to help those in need. Next is the Harvestime "Spring into Summer" celebration where the VFW Auxiliary, with the help of the post, puts on a giant yard sale. Chairman Debbie Simon wants donations for this year's sale on May 18-19, but PLEASE, do not bring your goodies until May 1st as there is no place to store them. If you need something picked up, call 884-9156.

May 14-15 there is a "55 Alive" Driving Course available at the Home Fire Station from 8:00 AM to 12:30 PM. The fee is \$10.00. September 17 - 18 from 1:00 PM to 5 PM

and November 12 - 13 from 8:00 AM to 12:30 PM, the Course will be offered again, at the Home Fire Station, also for a fee of \$10.00. To reserve a space at any of these times call Roxanne Wooldridge at 884-4407.

Thanks to Pat Hove for the beautiful patriotic lap robe which will be raffled at a drawing in August.


**** MAY 26th - MEMORIAL DAY - VAUGHN CEMETERY - 190 FLAGS ****

The flags will fly from 6:00 AM until dusk, with the Memorial Service taking place at 1:00 PM. Again this year the Boy Scouts, Cubs and their leaders, along with other members of the community and the VFW will erect the Aisle of Honor and after the day is over, see to it that they are folded and stored for future flying. It makes for a long day for all concerned, but every year is more spectacular than the year before.

The AFIFI PIPE and DRUM BAND from Olympia will pipe in the colors, and thanks to community volunteers our National Anthem will be sung and other songs from the past will be presented. We look forward to this day and are very happy to see the community taking such an active part in the remembrance of our fallen comrades and sisters.

That about brings you up to date until next month; take care and remember:

A dog is loved by old and young,
He wags his tail and NOT his tongue.



LIVING AND LEARNING ON THE KEY PENINSULA
by Dale Skrivanich

The Annual Meeting of the Key Peninsula Historical Society was scheduled for March 28th at the Longbranch Improvement Club. The highlight of the evening featured a presentation on the new museum addition by Jim Olson and Naomi Darling of the architectural firm Olson, Sundberg, Kundig and Allen. The drawings will also be on display at the museum.

Another item of discussion, to be voted on at the quarterly meeting in October, is the proposal to increase the annual dues from the current \$5.00 figure. Members not present at the annual meeting should get their dues payments in now. Any questions about dues or address changes should be directed to Barb Hanna at 884-4399.

With the new addition to the museum, we will be reviewing and updating our mission and vision statements. This important review is vital to the receiving of grants and other forms of foundation money. If you would like to be on the committee or have input and do not have time to be on the committee, please call Dale Skrivanich at 884-2712. If you did not sign up for your volunteer time at the museum, please call Leona Britt at 884-3272 or Shirley Olson at 884-2481.

If you would like to become a member of the K P Historical Society or volunteer at the Museum, please call Barb Hanna at 884-4399 or Shirley Olson at 884-2481. The public is invited to attend the monthly board meetings. They are the first Thursday of the month at the Museum.

Remember the Museum is open Thursday and Saturday from 1 - 4 or by appointment. Call Tim Kezele at 884-4538.

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A View From Home

by Marty Marcus

As for the government's plan to put out misinformation, as I mentioned in last month's column, I guess enough people around the country balked at the idea, so the agency that was set up to do the job has been disbanded. But that doesn't mean we're no longer going to be misinformed. It just means the job is going to be divided up among already existing agencies.

By the way, misinforming doesn't necessarily mean telling lies. It can also mean not giving you the whole picture, exaggerating, or assuming something is going to transpire that in fact may not come about after all. Like assuming there is going to be a budget surplus ten years from now because there was one last year.

The Department of the Interior seems like a good place to begin. The Secretary acts as if she can't understand why we're opposed to drilling for oil in the Arctic National Wildlife Refuge (ANWR), because it will occupy only 2,000 acres out of 2 million, a mere 0.1% of the total area of the Refuge. So what's the problem? To begin with, the 2,000 acres isn't all in one section of the Refuge. The oil is in pools scattered around the whole area, which means drilling rigs scattered around the Refuge, which means pipelines and roads all over the Refuge.

Then they also have come up with a novel way of figuring how much space something occupies. First of all, they don't count the roads, because they aren't actually used to produce the oil. And while the above-ground pipeline may be three feet in diameter and hundreds of miles long, they figure the only land it takes up is where the supporting posts touch the ground. Do you suppose I could convince the county Tax Assessor that a 30' by 50' house really isn't a 1500 square foot house, but only a 156 square foot house because that's how much land is in contact with the foundation around the perimeter of the house? As Paul Krugman of the *New York Times* pointed out recently, his chair doesn't really occupy a few square feet, just a few square inches of floor space where the chair legs touch the floor.

This whole scheme to drill in the ANWR is part of a bigger misinformation picture. We're being told it will help us become independent of foreign oil suppliers. In reality, while we use 25% of the oil produced in the world, we have only 3% of the world's oil reserves. The only way we're going to become independent of imported oil is to use less oil and develop more alternative sources of energy. One of the fastest ways to cut our oil consumption is to make our autos and SUVs more efficient, but the bill to do that was just recently defeated in the U.S. Senate, thanks to the powerful (and misinforming) lobbying of the auto makers and the auto workers' union. So we get to keep wasting more oil, spending more money for every mile we drive, increasing pollution and global warming, and spending billions of dollars (and probably many lives) safeguarding our Middle East oil supply.

Another aspect of the campaign to drill in the Refuge is the lobbying campaign being put on by the State of Alaska. Since oil production in the North Slope area is now starting to scrape the bottom of the barrel, Alaska is collecting fewer royalties for its oil. So they have spent nearly \$5 million trying to convince Congress to go ahead with the drilling. What they should be doing is telling the residents of Alaska that they're going to have to start paying state taxes for schools and hospitals like the rest of us do instead of getting a handout every year from the oil royalties.

Remember when we were told some years ago that drilling in the North Slope area would help us to become independent of foreign oil? Then Congress changed its mind and allowed the oil companies to make money faster by selling some of that oil to other countries.

It seems that what was being touted a few years ago as the "Information Age" has somehow become subverted into the "Misinformation Age".

KEY DATES 2002

BUSINESS & PROFESSIONAL GROUPS

KP Business Assoc. 1st Friday - 7:30 AM Home Port Rest.
3rd Friday - Noon Horseshoe Lake Rest.

Fire Fighters Assoc. 4th Wednesday - 7:00 PM Key Center Fire Sta.

CIVIC ORGANIZATIONS

Ashes 1st Thursday at 10:30 AM Key Center Fire Station
Boy Scout Troop #220 Tuesday - 6:00 PM - 8:00 PM - KPCC Whitmore Rm.
Cootlettes 3rd Thursday at 7:00 PM KPCC/Whitmore Rm.
KPCCA Exec. Comm. 1st Monday - 7:00 PM Civic Center
KPCCA Board 2nd Thursday - 7:00 PM KPCC/Whitmore Rm.
KPCS Board 2nd Monday - 10:00 AM Comm. House - Home
KPHC Board 4th Thursday - 7:30 PM Health Center
KP Lions Club 1st & 3rd Wed. - 6:30 PM KPCC/Whitmore Rm.
VFW & Auxiliary 2nd & 4th Mon. - 7:00 PM CC/VFW Room/WM Rm.

COMMUNITY SERVICES

Adult Literacy Classes - Call for Appointment 851-6552 - Gig Harbor
Angel Guild 4th Monday - 10:00 AM Brones Rm./KC Library
Children's Home Society Family Resource Center - Monday through Friday, 9:00 AM to 4:00 PM, Key Peninsula Civic Center, Lower Level - Call 884-5433
Citizens Against Crime and Citizens Patrol 3rd Thursday each month, 7:00 PM Key Center Fire Station.
Food Bank - Tues. through Fri., 10:00 AM to 3:00 PM Comm. House - Home
Hot Lunch for Seniors on Wednesdays and Fridays at Noon
Community House - Home
Also food & clothing assistance. For More Information, call 884-4440.
Immunizations (FREE) Thursday, 10:00 AM to 4:00 PM at **Urgent Care**, Gig Harbor.
IMPact Key Peninsula 1st Tuesday - 9:00 AM Lakebay Community Church
Key Peninsula Well Child Clinic at the office of Dr. Roes every Tuesday at 9:00 AM.
Key Center Library 884-2242 - Hours: Tuesday & Wednesday 11 AM - 8 PM, Thursday & Friday, 11 AM - 6 PM, Saturday, 11 AM - 5 PM.
KP Baptist Bible Study - Wednesday - 7:00 PM - 8:30 PM KP Civic Center
Overeaters Anonymous Wednesday - 7:30 PM St. Nicholas Church
PEP-C GH/KP Emergency Preparedness Committee 3rd Saturday of each month, 10:00 AM - 2:00 PM, sell supplies at Kimball Drive Fire Station, GH.
There Is Hope 12-Step Christian Support Group Thursdays at 7:00 PM at Lakebay Christian Assembly Church - 253-884-3659.
WIC (Women, Infants & Children) Every Tuesday 8:00 AM to 4:00 PM Civic Center, in the VFW Room. Call: 884-3835 on Tuesdays for an appointment.

PUBLIC MEETINGS

KP Fire Commissioners 2nd Wednesday - 7:00 PM Key Center Fire Sta.
2nd Monday after 2nd Wednesday at 4:00 PM Key Center Fire Sta.
KP Parks & Rec. 2nd Monday - 7:00 PM Volunteer Park Annex

SELF-HELP GROUPS

Alcoholics Anonymous - Wed. at 7:00 PM and Fri. at 8:00 PM
At the Key Peninsula Community Services in Home.
Alcoholics Anonymous - Thursday at 6:00 PM at Longbranch Community Church
IMPact Key Peninsula - Help for victims of Domestic Violence Call 884-5086.
Peninsula ALANON - King of Grace Lutheran Church, Parly - Tuesday 1:30 PM
Contact Norma at 884-2205 for more information.
T.O.P.S. Tuesday Evening Weigh-in 6:15 PM - Meeting at 7:00 PM - Civic Center
T.O.P.S. Tuesdays at 9:00 AM at Fire Station, Home, WA

SOCIAL & HOBBY GROUPS

Bayshore Garden Club 3rd Friday of each month, for more information call Sylvia Retherford at 884-2487. Longbranch Improvement
Key Center Duplicate Bridge Club meets on Tuesday Evenings. If you play Bridge and are interested in playing Duplicate Bridge, please call 884-2663.
KP Historical Society 1st Thursday - 7:30 PM - KP Historical Museum
Museum Open Thursday and Saturday from 1:00 PM to 4:00 PM.
LB Improvement Club 3rd Wednesday - 7:00 PM - Longbranch Improvement
Peninsula Neighbors 2nd Tuesday - 10:00 AM - Longbranch Fire Station
#4
Lakebay Fuchsia Society 1st Thursday - 7:00 PM Brones Rm./KC Library
Ruth Circle Meeting 3rd Monday - 10:00 AM Bible Study, lunch and Meeting at 12:00 Noon at the Longbranch Church.
Senior Society Luncheon Thursdays - Noon KPCC/Whitmore Room
Vaughn Bay Garden Club Call 884-5403 for more information.
Key Singers Tuesdays 7:00-9:00PM Longbranch Comm. Church
Contact Jo Sturm-884-1350

Notice: If your organization is listed in our Key Notes 2001, please check to be sure the time and location are correct, so we can bring it up to date.
NOTE: IF YOU WOULD LIKE YOUR ORGANIZATION LISTED HERE, PLEASE MAIL THE INFORMATION BY THE 20TH OF EACH MONTH TO: KEY DATES, KEY PENINSULA NEWS, P.O. BOX 3, VAUGHN, WA 98394, OR FAX IT TO US AT: 884-4053.

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KEY PENINSULA NEWS

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2. The primary purpose of the NEWS is to serve as communication between the KPCCA Board (and its activities) and the residents of the Key Peninsula, generally corresponding with the defined geographical area of Pierce County Fire District 16.
3. The secondary purpose of the NEWS is to serve as a communication means between the KPCCA member organizations and the residents of the same area.
4. The NEWS shall be entirely free of political bias, and shall advocate no particular religious point of view. Further, its service will be open to all local organizations and residents, subject to the availability of space and generally accepted good taste and legal considerations.

OUR GRATEFUL THANKS TO ALL WHO CONTRIBUTE TO THE KEY PENINSULA NEWS!

The opinions expressed herein are the opinions of the writers and do not necessarily reflect the views of the publishers or staff. All letters to the Editor must be signed and include a daytime phone number for verification. No anonymous letters will be published. Submissions are used on a space available basis and may be edited if used. THE KEY PENINSULA NEWS reserves the right to edit letters for length and content and no religious or political material will be printed. Mail letters to: P.O. Box 3, Vaughn, WA 98394.

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Ad Sales: Bob Stackhouse
Production: Alice Trami
Staff Reporter & Photographer:
Hugh McMillan
Staff Cartoonist: Liz Kassler
Proof-readers: Marty Marcus, Ann Waldo
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TAX TIPS
By
Marv & Myrtle Keizur, CTP

Did you know that you have options if you can't pay your taxes in full or if you haven't paid your taxes for several years? The IRS has an installment agreement that you can fill out and if it is accepted you may make your payments on a monthly basis. Do you have a tax bill that you feel you can't pay? Then try for an offer in compromise. This is an agreement between you and the IRS to pay off your tax bill for less than the face amount and then start over fresh from there on. Do you have a tax problem where the IRS is wrong and you are right, or do you just need help with the IRS because you haven't been able to resolve the problem. Contact your IRS Tax Resolution Officer; that person is supposed to help you settle with the IRS.

ASHES NOTES

by Sharon Cavanaugh

We at ASHES would still like to see more members. Our rummage sale is scheduled for August at the Key Center Fire Station. ASHES recently made a donation towards helmets for the upcoming Bicycle Safety Day.

TOPS NEWS
by Frankie Johnson

It seems like we have been in the doldrums the past month. Again the TOPS chapter from Home triumphed over the Vaughn group. So — we Vaughn members are putting on a special program at the Home chapter. Phylliss Tiernan and her pal Marily are co-authoring a skit. Home has been winning the weight loss contests this past month as they have been 1st and 2nd almost every week. They have been losing buddies and are walking a lot.

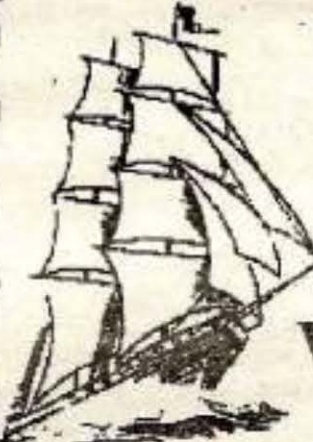
It is with heavy heart that we note the passing of Dee Paul. Dee was our assistant weight recorder for several years. Her daughter, Carol Bischoff, has been one of our strong members, holding offices and always helping with contests. Dee enjoyed all the TOPS activities and was ready to go have fun anytime. We will surely miss her.

A lot of special events are coming up. Installation of new officers was held on March 26th. All officers remained except for secretary. Pauline Longly served two terms and she stepped down to be replaced by Phylliss Tiernan. The new terms start April 2nd. Carlene Wellington, our area Captain, is coming to speak on April 16th. This is an open meeting and visitors are welcome.

Saturday, April 27th will be our annual rummage sale at the Key Peninsula Civic Center, 9 to 4. We hope to see you there.

QUOTE OF THE MONTH

"They that can give up essential liberty for a little temporary safety deserve neither liberty nor safety."
Benjamin Franklin, 1759



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IN THE LIBRARY

LYNN MARTIN WILL READ HER POETRY on Wednesday, April 10th at 7:00 P.M. The author's first book, *Where the Yellow Field Widened: Elegies for a Lost Child*, was published in 1994 by Brooding Heron Press. Therein are the poems which allowed her to pass from grieving into healing. The cause of her grieving was the multiple deaths of family and friends against a background of assassinations and war. In May of 2000, *Blue Bowl*, her second book of poems, was published by Blue Begonia Press. The poem titled "Blue Bowl" came from a diary she found by the Berlin Wall.

Born in Phoenix, Arizona, Lynn Martin earned her B. A. in English and M.A. in Humanities from Arizona State University, where she was awarded the Ernest L. Parker Medallion of Merit for outstanding graduate work. She later completed an M.A. in Advanced Writing from the University of Washington and won the Spence Poetry Prize. In 1988, she was awarded a National Endowment for the Humanities Fellowship for study in Italy. In addition to her two books, her poems have been published in numerous journals and periodicals across the United States. She now lives and teaches in Gig Harbor.

GLOBAL EXPLORER'S FORUM, the fourth in the series, will be held Saturday, April 27th at 7:00 P.M. Caril Ridley, cultural anthropologist and world traveler, will examine India, Pakistan, Bangladesh, Tibet and Sri Lanka, in the context of her series, *The origins of ethnicity*, asking the question: What influences our culture and our belief?

For more information, call the Key Center Library at 884-2242.

Peninsula Light Workshops - Gardening with Native Plants

April 3rd: Part 1: Identifying Native Plants by Dennis Bottemiller, Horticulturist, Rhododendron Species Society

April 10th: Part 2: Landscaping with Native and Adaptive Plants by Anna Thurston, Landscape Architect & Master Gardener

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Spring Fleas

by Robert McCrossin, Bayside Animal Lodge Ltd.

Fleas are those nasty little critters that come out and stay as soon as the weather begins to turn warm. Even indoor pets can be plagued by these ingenious insects who leap through open doors and screen meshwork to find their way into homes. They will even walk in with you on your shoe or the cuff of your pants.

There are 2,000 species of fleas. The *Ctenocephalides felis* clan, or the **cat flea**, is the most common flea that affects dogs and cats. It doesn't care who it bites, often nibbling on humans if pets are removed from the environment, or if you unfortunately have a flea infestation. Female fleas often lay as many as 25 small, white, oval eggs after EACH meal. During her lifetime, she lays up to 500 eggs. The eggs go through three larval stages, hatching within only 12 days, and then emerging as adults within 20 days.

There are a number of different ways to control fleas, ranging from topical solutions that kill adult fleas [such as a powder, spray or bath] or once a month pills that either kill or sterilize adult fleas.

Health & Safety Expo April 6th

Free health screenings, bike helmet fittings, car seat checks and the Bloodmobile are all part of the Health & Safety Expo on Saturday, April 6th, from 9:00 to 2:30 at Fire District #5 HQ on Bujacich Road NW (off of Schmel on Swede Hill).

KPCCA Executive Committee 2002

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Key Peninsula Parks & Recreation District

by Nancy Lind

The Park Board met Monday, March 11th, at 7:00 P.M. at the Volunteer Park Annex. The installation of the new field lights on field #1 have been delayed due to weather and other things. There is no date set but we hope it will be as soon as possible. Opening day of Little League is Saturday, April 6th at Volunteer Park. There will be an auction that day to raise funds. The annual breakfast to benefit Little League will be on Saturday, April 13th, at the KP Civic Center from 9 A.M. to 11:30 A.M.

Men's and Women's Softball planning is going on now. Teams will receive schedules on April 3rd at 6:30 P.M. at the Volunteer Park Annex. Sign up now for adult baseball. One team is signed up. For more softball and baseball information, call the park at 884-9240.

The tennis court and the horseshoe pits are available for players any time.

A new concessionaire has been hired for the park. Watch for her opening.

Swap meets will begin the third Saturday in April and will continue every third Saturday until fall. They will be from 8:30 A.M. to whenever. Call for an application and it will be available at the concession stand when the stand opens up. The cost is \$15 for a spot.

Here is a list of **VOLUNTEER PARK NEEDS** for anyone who would like to help: 1) Put the playground equipment together on March 31. 2) Put a door in a concrete block wall. 3) Survey the property. Call 884-9240, leave your name and number and someone will get back to you.

EARTH DAY at Rocky Creek Conservation Area will be recognized on Saturday, April 27th, at 10:00 A.M. to 2:00 P.M. We will be installing a cedar fence, moving wood chips, making trail, cleaning up garbage, planting trees, installing signs, having lunch and visiting. Everyone is welcome.

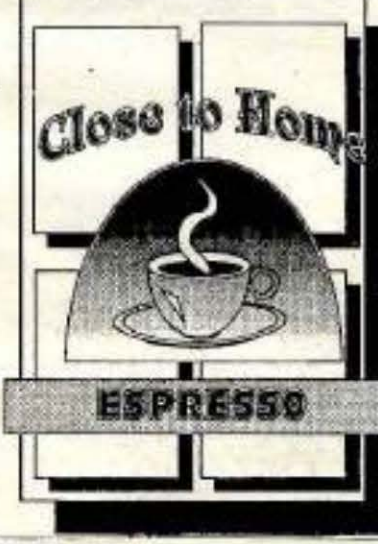
Come and walk the trails with us the last Sunday of each month at 2:00 P.M. We meet in the large open area (Trail Head Site) at the park.

The Friends of Rocky Creek (RCCA) meet on the 2nd Thursday of each month at 2:00 P.M. at the Key Center Fire Station. Call Nancy Lind at 884-3347 if you are interested in participating or just come to a meeting and hear what's going on.

Exposition Of Non-Profits Organizations Planned At Key Peninsula Civic Center

The Key Peninsula Civic Center Association is inviting all non-profit organizations on the Key Peninsula to participate in an exposition of local Non-Profits to be held on Saturday, May 11, 2002. Each group is encouraged to put together a staffed information booth for this one-day event. This will be an opportunity for each organization and staff to present an overview of its services to the public and to involve members of the community in its activities. Hours will be 10:00 A.M. to 2:00 P.M.

There will be no booth fees charged to the groups participating. Tables and chairs will be provided and power is available for those who request it. Call the Civic Center office at 884-3456 for more information and to reserve space.



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Obituary of "Dee" Paul



Dolores "Dee" Paul, 64, of Lakebay, died Feb. 24, 2002 at the University of Washington Medical Center.

She was born on Sept. 29, 1937, in Martinez, Calif. to William and Nesta (Cadwell) Clark.

She married James E. Paul Sr. on May 5, 1952. He died in 1986.

Mrs. Paul worked as a bus driver with the Peninsula school district for 23 years. She retired in 1992 for medical reasons.

She enjoyed traveling, cooking, quilting, card games with her family, crossword puzzles, and her cat, Jordy. She was a member of the Key Peninsula Lutheran Church and Take Off Pounds Sensibly (TOPS) in Vaughn.

Survivors include her stepmother, Flossie Clark of Holly; a son, James E. Paul Jr. of Lakebay; four daughters, Carol Bischoff and

her husband David of Lakebay; Debbie Holmes and her husband Ken of Bremerton; Lori McPhee and her husband Russ of Gig Harbor; and Terrie Paul of Pahrump, NV.; two brothers, Roland "Bob" Clark and his wife Nancy; William "Jerry" Clark and his wife Jaew, all of Tacoma, one sister, Sharlene "Charlie" Hooper and her husband Ed of Tacoma; a stepbrother, Leroy Bowman and his wife Dorothy; two stepsisters; Kathy Barrett of Phoenix, AZ., and Diana Tait of Holly; 10 grandchildren: Jennifer & Jeff Bischoff, Mariah Holmes, Martina Paul, William & Malysa Dumbaugh, Jason Summers, Elisabeth, Sierra, & Jacob Frye; numerous nephews and nieces and a large extended family. She was preceded in death by an infant daughter, Cheryl Paul.

A celebration of life service was held on Saturday, March 9 at the Key Peninsula Lutheran Church in Lakebay.

In lieu of flowers, memorial donations be made to the Key Peninsula Lutheran Church Building Fund, PO BOX 219 Lakebay, WA 98349; or to the University of Washington Lung Transplant Program, 1959 NE Pacific, Mailbox 356310 Seattle, WA 98195.

Hear & Their On The Key Peninsula

by Keith Stiles

Events within our local Fire District 16 are probably our most important public issue at this time so here is a brief roundup of the way things stand:

As of April 1st, Gary Franz is no longer Chief of District 16. He has described some of the various paths that were open and moved on to a much higher-paying job with District 21 in Graham. Administrative Manager Kathy Hale has also resigned to take a position in University Place. District 16 recently received a letter from District 5 praising her work in Gig Harbor on Mutual Aid in a case involving a teenage suicide. Her management was also described as "professional and competent" by Acting Fire Chief Eric Nelsen.

Apparently the *Key Peninsula News* is not the only newspaper interested in our Fire District 16. The *Peninsula Gateway*, upon hearing rumors that there might be exploratory talks involving the merger of Districts 5 and 16, ran an editorial that essentially said, "Not with MY daughter you don't," citing what they felt was a "tumultuous relationship" between District 16 and its Commissioners.

On a more positive note, students, teachers, administrators and parents have reason to be celebrating this Spring at Vaughn Elementary as the school works to absorb a most generous helping of new technology equipment. Computers in the "old" Computer Center will be replaced by 29 new IBM machines, courtesy of a local donor and 25:1 matching funds from IBM. And, to add to that, there will be 160 new computers provided by the Gates Foundation, to be distributed throughout the school where the ratio will be about one computer for every 4 pupils. (Principal Craig Shurick says that Vaughn will have more computers available for student use than our high schools have.) To top it all off, there is funding for a full-time Technology Integration Specialist who will oversee all of this technological area and will also be teaching teachers how to best bring the computer world to young students.

Up and down the Key Peninsula: About 50 students from Vaughn will be at Minter Creek next year in a move to relieve over-crowding at Vaughn.

Leroy Challenger of Vaughn is about to publish another new book, entitled *Logging the Great Forests of the Northwest*, and composed of about 85 pages including 42 pictures of the logging years along the Hood Canal and around Belfair and Mt. Rainier.

Christie Watson down at Community House at Home says that organization has been

See Hear & Their on Page 9

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To Your Health

by William F. Roes, M.D.

I recently had the opportunity to go to a conference on the quality improvement and future of medical care, and I sat in on a session presented by Oregon Governor John Kitzhaber, M.D. He spoke about the Oregon experiment in an attempt to provide universal health care access, and his talk was enlightening, but also a bit depressing.

Governor Kitzhaber is by training an emergency physician who, after practicing medicine for many years, became involved in politics, serving first in the Oregon legislature and for the last several years as governor. He has spent a lot of energy working on improving access to health care, especially for residents without any type of insurance coverage. He pointed out that there are currently over 40 million Americans in this situation and that the federally mandated programs (Medicare and Medicaid) do not provide a safety net for these people. Medicare entitlements are based solely on age, regardless of the recipient's need or ability to pay for private insurance. Medicaid is a state run program basically funded by the federal government set up to provide medical coverage for categories of the poor, but adults under 65 are excluded unless they are disabled or have dependent children.

Of course, some of these uncovered poor have the means to, and do, pay for their medical care, but they do not receive the deep discounts at the doctor's office mandated by Medicare and Medicaid or even the discounts negotiated by insurance companies. These uninsured poor pay top dollar for medical services, and are understandably less inclined to use those services unless it becomes absolutely necessary. The end result is that when they get sick enough to need care they go to the only place open to them, hospital emergency rooms, which are mandated by federal law to provide at least screening medical exams to everyone requesting care. This makes the emergency rooms the primary care providers for the poor in many communities. When they can't pay, the hospital shifts the cost to patients with insurance that do pay, pushing up the cost of insurance.

The Oregon experiment had found a way to cover its citizens who needed care by defining what would be covered and at what percent of the federal poverty standard the benefits would kick in. It was a system that was fair and accepted by the physicians, hospitals and public; but it required waivers from the federal government to continue the federal funds. The federal government has now withdrawn those waivers and the Oregon safety net has been shredded.

I stated parts of the conference were a bit depressing, but I don't think I mentioned that it was in Hawaii, so I tried to console myself by sitting by the beach. Come by and check out my tan before it fades and my vacation wears off.

Camp Seymour Invites Campers and Parents To Open House

YMCA Camp Seymour (located near Key Center) is sponsoring an Open House Sunday, April 7th from 1:30 PM to 4:00 PM, for alumni, friends, neighbors, and veteran and prospective campers. While at camp, visitors can take a tour, enjoy a snack, and meet the camp directors. No RSVP required. There will be two more Open Houses this spring: May 5th and June 2nd. For more information about YMCA Camp Seymour (including maps and directions to camp), visit www.campseymour.org, or contact YMCA Camp Seymour at (253) 884-3392.

Hear & Their From Page 8

celebrating the naming of Marge Adams as "Citizen of the Year" for her service there. Community House folks are looking forward to their participation at the Renaissance Faire on two weekends in August, and also to Old Timers' Day on August 17th.

"Lisa's Fresh Express Deli and Coffee House" seems to be doing quite well with a variety of deli foods and other good things not readily available elsewhere on the Key Peninsula. The business is run by Lynn and Lisa Marshall who were at one time associated with the Shell Oil gas and mini-market operation on KPHN.

Keep looking for a Great Spring!



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AngelNotes

by Frankie Johnson

I am waiting for the LAMB! March has come in like a lion and it stayed. Isn't this weird for spring? April should be wonderful. Although the weather was strange, it didn't seem to keep anyone from shopping at the Angel Guild Thrift Store. We did use the heater a lot more. Especially the ladies out in the sorting shed. That is one cold place! One angel was heard to make the comment that it was up to 40 degrees inside! However, that is part of the dedication your Angel Guild members give week in and week out. Soon we will have a new roof, so the rain won't be such a problem.

This is the time of year that we wind up

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Key Peninsula

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4213 Lackey Rd.

Adult Class (w/brunch)

9:00 AM

The Worship Service

10:30 AM

our fiscal spending. As we have in the past, we will be making a scholarship available to the Peninsula High school. We do need to get the word out to any organization which is asking for our help. If we have funds, we are happy to help out. However, there are some guidelines that we need to enforce. The request must be in writing, addressed to our finance committee. Letters can be dropped off at the store any time during business hours, which are Wednesday through Friday, 10:00 A.M. to 4:00 P.M. or Saturday, 10:00 A.M. to 3:00 P.M. Often you will find workers out in back every day of the week. Any angel will be glad to accept your letter and pass it on to the right person. The membership votes on every request so we need from 3 weeks to 2 months to get approval. Our finance committee meets before our board meetings which are held the 3rd Monday of the month. Then the membership meets on the 4th Monday. If we get your request the week after the general meeting it won't be processed for quite some time. If the request is time sensitive, it may not be allowed. We have had some recent problems with this and we don't intend to turn any reasonable request down. The Angel Guild is a vital force here in our community, and we will continue to help where and when we can.

Have a fun shopping trip and come to our store !!



Lessening the Pressure - With Free Checks and T.O.P.S.

by Mary Nelson

Crocuses peeking through the snow show us that spring is just around the corner, but there is no way to tell if your blood pressure is inching up without getting it checked.

1. Our local Key Center Fire District offers free blood pressure checks from Monday through Friday, 8:30 A.M. to 4:00 P.M., so there is no excuse for not getting yours checked regularly.

2. **Stay active!** Researchers suggest that exercising at a moderate level of activity is most effective in lowering blood pressure. Check out your exercise program with your doctor.

3. Walking, cycling, swimming and similar low-impact aerobic activities are best. Start slowly and set realistic goals.

4. Whatever exercise method you choose, remember to **Breathe**.

5. If weight is a contributing factor, consider joining a support group like T.O.P.S. Learn healthy eating habits and be a help to others in the group.

TOPS (Take Off Pounds Sensibly) advocated slow weight loss and slow life changes. By taking off one pound at a time and learning how to eat so as to keep it off, you see your weight go down, along with your blood pressure level, until you reach your desired goal and stay there!

Our Tuesday morning TOPS group meets from 9:00 A.M. to 10:30 A.M. at the Home Fire Station. You are welcome to stop by for a visit and meet people in all stages of weight loss. Men, women, boys and girls are welcome, ages 9 to 100. For more information call Ruth at 884-9606 or Dotty at 884-1721.

Also you will meet our best losers for the month. First place was **Anna Johnstone**. Despite illness and physical problems, Anna has been a fine example with her steady weight loss. **Jamie Bohn** was our second best loser. Her smiling face is an encouragement to us all. Keep up the good work, you two. We are proud that you are proving that TOPS works.

Join us and let TOPS work for you, too.

Unemployment Picture Improving In Washington (Maybe)

While the seasonally adjusted unemployment rate in our state fell 0.6% to 7.0% in February, we're still in worse shape than the national average which fell 0.1% to 5.5%. And the announcement of more layoffs by Boeing doesn't make the picture any rosier. While these layoffs don't hit all at once, and don't all affect employees in the Puget Sound area, the total is going to be 25,000 to 30,000 over the next few months.



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Strong Market on the Key Peninsula

We've had a lot of inquiries recently about the strength of our market here on the Key Peninsula. There seems to be a misconception that our Key Peninsula market is slow. Actually just the opposite is true-Key Peninsula real estate has had an excellent year - 324 properties sold on this peninsula last year compared to 289 in the year 2000. That's an 11% increase in number of properties sold.

The Key Peninsula's strong market has followed the nation in this respect probably fueled by low interest rates, which remain at or below 7%. Also real estate as an investment has been helped by the new tax law change in 1997 which allows home sellers to avoid paying capital gains tax on up to \$500,000 in profits on the sale of one's primary residence.

The only thing that seems to be holding back our market now is lack of listings. This year there are about 1/2 as many listings that have come on the market on the Key Peninsula as there were last year.



STYLISH BEACH COTTAGE

Very private waterfront cottage on 90' of low bank western exposure. Perfect vacation get-away but roomy enough for full time living. Located in remote setting and has an excellent sandy beach. Great views of Olympic Mts. and blazing sunsets. Don't let this 2 BR, 1 BA pass you by! Price \$269,000 MLS#22025331



ARTIST RETREAT

33+ acres of fenced pasture, 2600 sq. ft. home 3300 sq. ft. shop includes an art studio downstairs and a studio apartment above. There is room for everyone and lots of "stuff" on this property - plus an old barn for all of your animals! A perfect place for your home business or extended family fun. See this today! Price \$465,000 MLS#22021085



AWESOME VIEW

Unique private property with breathtaking 180 degree Olympic Mts. view. Plus there is 100 ft. +/- of low bank waterfront to sandy beach. Small '30s cabin (used only for storage) and '79 mfg. home-3 BR, 2 BA- sit side by side. Mature fruit trees & landscaping- this is a beautiful property! Price \$249,000 MLS#22022459



LAKEBAY WATERFRONT

Spectacular views from every room provide a constant live video of wildlife and waterfront living. Generous size rooms in this very large home (4585 sq. ft.) make for easy living, and the 3 acres of woods provide privacy. You must see this home to appreciate all it has to offer. Price \$475,000 MLS#22014808



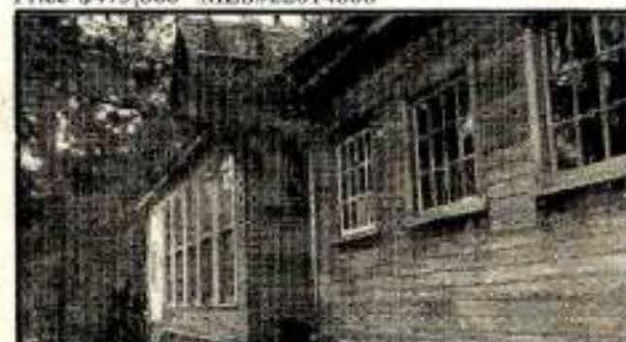
EQUESTRIAN FARM

Immaculate home w/privacy & personality on 12.98 acres. Completely fenced & cross fenced; has 2 seasonal ponds. Home is adjacent to several hundred acres for riding. 60 ft round pen, plus 22x40 barn with tack room, storage area for hay & two stalls! Price \$249,500 MLS#22012010



LOG HOME CHARMER

Situated on a quiet oversized lot-1.07 acres. Expansive master suite, plus 2 bedrooms and a den. 1.75 baths, 2-car garage, partially fenced yard and shed. Nice territorial view and beach rights to private lake. Price \$189,900 MLS#21145536



HOME WITH A HISTORY

Building used to be the Glen Cove Old School House. 2 BR, 2 BA- Remodeling started but never finished. Has great potential, great project house, on 1.15 acres. Don't miss this wonderful piece of history! Price \$99,000 MLS#22013219



ONE OF A KIND HOME WITH COMMUNITY LAKE
Very unique home w/huge acre lot and private pond in gated lake community. Country kitchen FP/insert, & family room. Master has bath, blt in shelves and opens to a private office; another huge room has high tech wiring used as in-home office. Lots of space in and out for everyone! Price \$119,950 - MLS#22020178

• Congratulations to our two multimillion dollar award producers AJ Million and Dallas Amidon. Each of them sold over 2 million dollars in Key Peninsula real estate this year!

• We welcome two new agents to our office: Dave Malinowski - an experienced Remax agent who most recently worked at Roland & Roland; and Dottie Mazza, a Rocky Bay resident who is returning to real estate after a 20 year hiatus.

• As you know, out of every transaction closed by Windermere real estate agents, a contribution is made to the Windermere Foundation. This year contributions to the Foundation totaled \$980,000. All of this money is then given back to our communities, mostly to help children and families.

YESTERDAY'S TEENAGERS!
Key Peninsula Senior Society
 by Jim Nolan @ 851-4847




Hey, be sure to read this and use your imagination. We did our monthly Senior Survey amongst our membership and we think the results are almost as good as reading a novel or exciting story. See if you agree. The SURVEY question was, "What was the most memorable experience of your life, this far?" Have a look at these answers — Birth of my first grandchild. A hot-air balloon ride. Going to California from Nebraska. My trip to Europe. When I first became a believer in God. My first new car. Delivering a calf. Seeing London and England. When the bridge collapsed under me. Troopship ride to Vietnam. Washed overboard and almost drowned in Lake Pend Oreille during a storm. Trip to Paris. Moved to Washington State - I love it! Standing knee-deep in a stream with a wild cow-moose 5 feet away. My High School teacher recognized me 30 years later and my kindergarten boy-friend recognized me after 20 years. A 1997 trip to Hawaii. A jet-boat trip in New Zealand. The day I married my wonderful husband and the beautiful wedding my parents gave me. A good dinner with friends. Motor-home tour around the U.S. My trip to Australia and New Zealand. Meeting my mom-in-law the first time, wearing hat, gloves and heels. My first child. Flushing my new diamond ring down the toilet. Being in the hospital with polio and my wife also suffering with polio — WOW, all these things happened to our KPSS members, and these are only the MOST memorable. What stories they could tell !!

MEMO to Walt's Lake Kathryn Store: Hey, when ya gonna [sic] get your south entrance fixed - we're getting tired of walking around to the north door !

The members of the Senior Society are aware of the critical situation the *KEY PENINSULA NEWS* finds itself in. And we noticed a very small list of donors in the March issue. We all learn from and enjoy this monthly paper and we need to support it — for to lose *KP NEWS* would be a serious blow to the Peninsula. The KP SENIOR GROUP has voted a substantial contribution so that the earnest and hard working staff can continue to publish each month and continue with its (up to now) FREE delivery ... to each home. We urge all organizations and individuals to contribute, if possible, and businesses to ADVERTISE in this paper you are now perusing. PLEASE !!!

We of KPSS salute the Lions Club and Marge Adams as Citizen of the Year, but even more SALUTE the large number of volunteers who've been giving of themselves over the years to make this community better. And we're proud of our member, [Ed.: Jim Biundell], who was a nominee.

We Seniors will be having two "parties" in April — #1 on April 4th, our "Post Easter" and #2 on April 25th, for Birthdays. There'll be a special menu both days. Come join us at Noon on Thursdays at the Community Center in Vaughn. More information call 851-4847. Its POTLUCK.

Speaking of parties: our St. Patrick's day was a great one, featuring Chuck Williamson's great Irish Cuisine, with Corned Beef and Cabbage, that he cooked for us all morning. He also had the tops in Irish costume, though there was lots of "wearin' of the green" by others.

A husband, proving to his wife that women talk more than men, showed her a study which indicated that men, on the average, use some 15,000 words a day. Whereas, the study showed, women use 30,000 words a day. She thought about this for a while and then told her husband that women use twice as many words because they have to repeat everything they say to men. Looking stunned, he said, "What?"

Tacoma Little Theater Events

April 5 - 27, Neil Simon's *Brighton Beach Memoirs*

June 7 - 29 (season finale) *South Pacific*

May 18th, Auditions for Summer Theater Institute for kids. Call 253-272-2281 for details.

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To our Salon

KPCC ASSOCIATION 2002 CALENDAR OF EVENTS

| | |
|----------------------------------|----------------------|
| LITTLE LEAGUE BREAKFAST | April 13th |
| TOPS RUMMAGE SALE | April 27th |
| ORTHOPEDIC GUILD - Ciscoe Morris | April 28th |
| HARBOR HEIGHTS SCHOOL AUCTION | May 4th |
| JAZZ IN JUNE | June 1st |
| KPCCA FIREWORKS DEMO | June |
| FIREWORKS BOOTH SALES | June 29th - July 4th |
| KEY PENINSULA COMMUNITY FAIR | August 23rd - 25th |
| FIREFIGHTERS BALL | September 28th |
| HALLOWEEN HARVEST CARNIVAL | October 31st |
| HOLIDAY ARTS & CRAFT FAIR | November 16th |
| SALATINO'S CHRISTMAS DINNER | December 25th |
| NEW YEAR'S EVE DANCE | December 31st |

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TAKING CARE OF YOURSELF — Gardening and Your Joints

by Marie Bokor, MPT

With the "almost" passing of snow in March, many of you will be avidly tilling your garden and planting the vegetables and flowers that will make summer a glorious canopy of rainbow colors and fresh produce. Along with this labor, many of you will also come back into your house with an aching neck or low back, sore knees, or stiff hands and wrists. While there is no magic "cure"

for these aches and pains, particularly for any of you past the half-century mark, there are some common sense ways to keep the aches to a minimum, and continue to enjoy your time with Mother Nature.

1. No muscle or joint likes to be held in the same position for a long period of time. If you are kneeling and bent over, then you need to counteract this position every 5 minutes (or whenever your aching back

gives you a pain cue) by standing up and stretching backwards. When doing this, put your hands on your hips or even on your lower back to provide some support. Stretch for at least 60 seconds, maybe even walk around or change tasks to something that will put you in another position.

2. Knees are delicate. If you know you have a tendency to develop knee pain, then limit your kneeling time. There are many ways to reduce the amount of pressure on your poor patella (kneecap). The one that many people use is the simple old kneepad — any piece of dense foam will probably do the trick. Another trick that many gardeners are fond of is the use of the 8" step-stool. By sitting on this, you are close to the ground, but your knees are not bearing your body weight.

3. Hands and wrists can be easily aggravated as well. Simply wearing warm gloves can help, as a cold joint has less flexibility and is more easily injured. Try to think about the task you are doing and what position you are putting your wrist into. Are you gripping a hoe and tugging? Holding a shovel or trowel? Something as simple as taking 30 seconds to do a few wrist circles and put your wrists into the opposite position that you've been holding them in can do wonders for your circulation and muscle oxygenation. Well-oxygenated muscles

don't cramp up as much as ones that have gotten saturated with lactic acid build-up from sustained contraction.

4. Breathe deeply. I know this sounds silly, but as a therapist for many years, I notice that less than 20% of my patients consciously use their diaphragm muscle for breathing. Most people use their upper chest muscles and restrict the lungs from fully expanding. Deep breathing into the belly (which should "poof" out when you breathe in) is a potent way to increase the oxygen in your system. Your muscles need extra oxygen when they are working hard; otherwise, you are likely to develop a whopper of a cramp or a few days of "dull ache".

5. After gardening, take a short walk, even just 5 minutes, before collapsing into your favorite recliner. Walking stretches your lower back, and if you are swinging your arms that helps to stretch the upper back, shoulders, elbows and wrists. If you are still sore, try an old-fashioned Epsom-salts warm bath for 20 minutes.

With these simple tips in mind, you should sail right through your spring gardening with no problem. If you have any joint pain that persists more than a week, see your doctor. The earlier a joint problem is detected, the less time it usually takes to reverse the process that led to the pain, and you can get back to your activities and enjoy life!

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|--|--|--|
|  APRIL 2002 | 1 Yoga 9:30-11:00am CHS 1:00-2:30PM Brownies 3:30-4:30pm Karate 7:00-9:00pm Yoga 4:00-5:30pm EXECUTIVE BOARD MEETING 7PM | 2 Indoor Park 9:00am-Noon WIC 8:00-4:00pm Little Buddies 3:30-5:00pm TOPS 6:00-8:00pm Scouts 6:30-8:30pm | 3 Yoga 9:30-11:00am Bible 6:30-8:30pm AWANA 6:30-8:30pm LIONS 6:30-9:00pm | 4 Seniors 10:00-4:00pm Museum 1:00-4:00pm Karate 7:00-9:00pm Yoga 7:30-9:00pm Indoor Park 9:00am-Noon | 5 Skate night 6:30-9:00pm | 6 Museum 1:00-4:00pm Dog Obedience 10:00-11:30am |
| 7 Key Peninsula Baptist Church 8:30am-1:00pm | 8 Yoga 9:30-11:00am CHS 1:00-2:30PM Brownies 3:30-4:30pm Karate 7:00-9:00pm Yoga 4:00-5:30pm VFW 7:00-9:00pm VFW Aux. 7:00-9:00pm | 9 Indoor Park 9:00am-Noon WIC 8:00-4:00pm Little Buddies 3:30-5:00pm TOPS 6:00-8:00pm Scouts 6:30-8:30pm | 10 Yoga 9:30-11:00am Bible 6:30-8:30pm AWANA 6:30-8:30pm | 11 Seniors 10:00-4:00pm Healthy Families 10:00 - Noon CHS 9:00am-Noon Museum 1:00-4:00pm Karate 7:00-9:00pm Yoga 7:30-9:00pm KPCCA Bd. Mtg. 7pm | 12 Skate night 6:30-9:00pm | 13 Little League Fund Raiser Breakfast 9:00am - Noon Museum 1:00-4:00pm Teen Coffee House 6pm |
| 14 Key Peninsula Baptist Church 8:30am-1:00pm | 15 Yoga 9:30-11:00am CHS 1:00-2:30PM Brownies 3:30-4:30pm Karate 7:00-9:00pm Yoga 4:00-5:30pm | 16 Indoor Park 9:00am-Noon WIC 8:00-4:00pm Little Buddies 3:30-5:00pm TOPS 6:00-8:00pm Scouts 6:30-8:30pm | 17 Yoga 9:30-11:00am LIONS 6:30-9:00pm No AWANA SPRING BREAK | 18 Seniors 10:00-4:00pm Museum 1:00-4:00pm Karate 7:00-9:00pm Indoor Park 9:00am-Noon | 19 Skate night 6:30-9:00pm Parenting Class 6:30-9:00pm | 20 Museum 1:00-4:00pm Jump Program 3:00 - 10:00pm |
| 21 Key Peninsula Baptist Church 8:30am-1:00pm | 22 Brownies 3:30-4:30pm Karate 7:00-9:00pm VFW 7:00-9:00pm VFW Aux 7:00-9:00pm | 23 Indoor Park 9:00am-Noon CHS Ad. Mtg. 1:00-3:00pm WIC 8:00-4:00pm TOPS 6:00-8:00pm Scouts 6:30-8:30pm | 24 Yoga 9:30-11:00am Bible 6:30-8:30pm AWANA 6:30-8:30pm | 25 Seniors 10:00-4:00pm Museum 1:00-4:00pm Karate 7:00-9:00pm Yoga 7:30-9:00pm Indoor Park 9:00am-Noon | 26 Skate night 6:30-9:00pm | 27 Museum 1:00-4:00pm TOPS ANNUAL RUMMAGE SALE 9:00AM - 3:00PM |
| 28 Key Peninsula Baptist Church 8:30am to 1:00pm Orthopedic Guild Ciscoe Morris 2:00-4:00pm | 29 Yoga 9:30-11:00am Brownies 3:30-4:30pm Karate 7:00-9:00pm Yoga 4:00-5:30pm | 30 Indoor Park 9:00am-Noon WIC 8:00-4:00pm Little Buddies 3:30-5:00pm TOPS 6:00-8:00pm Scouts 6:30-8:30pm |  | | CHILDREN'S HOME SOCIETY 253-884-5433 | KPCCA 253-884-3456 |

The Garden In April 2002

by Sylvia Retherford
(253) 884-2487



Spring blooming bulbs such as daffodils, narcissus, jonquills and tulips are at their best. The wild garden is showing four species of wake robin or *Trillium*: *T. ovatum*, native here, *T. chloropetalum*, native near the Oregon border, *T. grandiflorum* and *T. erectum*, a purple species native in eastern U. S. forests. Wild red current, *Ribes sanguineum*, and white flowered plum, *Osmaronia cerasiformis*, are in full bloom in spite of our cool, late spring.

Yellow avalanche lilies (*Erythronium parviflorum*), dog tooth violet, *E. giganteum*, with brown mottled leaves and *E. montanum*, with unmarked leaves, are about to bloom. Checkered or chocolate lily (*Fritillaria camtschaticensis*) is native to the San Juan Islands but does well here. Both evergreen black huckleberry (*Vaccinium ovatum*) and red huckleberry (*V. parviflorum*) are blooming and shedding pollen to assure a good crop of berries to follow. The Woodbrook Nursery in Gig Harbor is a source of native plants.

Wild and domestic rhododendrons are in full bloom as well as the Lily of the Valley shrub (*Pieris japonica*) and a similar shrub, *Skimmia japonica*. White star magnolia (*M. stellata*) and deep pink *M. soulangiana* are small trees that also bloom early.

Buds of Washington's only wild apple (*Pyrus rivularis*) are unfolding. This charming little tree is rare, but if you find one, cuttings and seeds may help you have one of your own. The flower clusters are white, followed by marble sized fruit favored by birds.

Tomato and sweet pepper plants decorate the window sill and soon they can go outside. Lettuce and spinach are nearly ready to eat. Peas will not be ready for a month or so.

Gardeners might be interested in hearing guest speaker, Ciscoe Morris, on April 28th at 2 P.M. at the Civic Center in Vaughn. Call Peggy Robertson at (253) 884-2228 for more information.

Bayshore Garden Club

The next meeting of the Bayshore Garden Club is scheduled for Friday, April 19th at the Longbranch Improvement Club. Lunch will be at 12 noon. Hostesses are Doris Hoover and Jean Humphreys. Erma Dunn is the Theme Speaker and Rose Malmgren will present a Design. The club's semi-annual plant sale will be on Saturday, May 4th, at the Charboneau construction yard.

Lakebay Fuchsia Society

Last November the Lakebay Fuchsia Society hosted the Northwest Fuchsia Society's Annual Meeting at KPCC and the following is an excerpt from the Eastside newsletter:

"Lakebay's Annual Meeting held in an old fashioned auditorium with a stage a good 4 feet above the main oak floor and two observation balconies was just the neatest location. This was Lakebay's first-ever time hosting the Annual Meeting and they did themselves proud! Their obviously hard working society had the tables, the place settings and the whole hall beautifully decorated and their display garden in top shape. About 130 people were in attendance indicating a lot of people think this is a fun event to end the fuchsia season." [Ed.: Interesting description of KPCC, no?] Good Show, Ladies !!

The April meeting of the Lakebay Fuchsia Society will be held at the Key Center Library at 7:00 P.M. on Thursday, April 4th. The guest speaker for the evening will be Julie Galloway from Tom's Greenhouse. She will be telling us about care for our miniature geraniums. Guests are welcome.

Our annual plant sale will be May 11th at the KP Civic Center.

Vaughn Bay Garden Club

The March 20th meeting of the Vaughn Bay Garden Club was held at the home of Shirley Barbee with Sandra Drummond as co-hostess.

Jan Bahr of Roadside Nursery near Silverdale presented a slide show on plants for water gardens. She and her husband operated the "Mom & Pop's" Nursery which specializes in water garden plants and materials.

A plaque has been made and will be installed in the Garden Club's Memorial Garden at the Civic Center next month.

The April 17 meeting will be at the home of Mary Krumbein, with Margaret Whittlesey as co-hostess. The program will be on growing herbs. The club will hold their annual plant sale at that time.

For information about the club, call 884-1527.



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Questions & Answers
Financial Focus

Submitted by Connie R. Rose

The "Eggs-traordinary" Benefits of Diversification

Remember the old saying, "Don't put all your eggs in one basket?" Today, "gathering eggs" typically consists of stopping by the store to pick up a dozen Grade A's. However, the wisdom of the sentiment still applies, especially when it comes to investing.

In yesteryear, this sage advice was meant to protect you (and your eggs) should some unfortunate mishap befall you between the house and the chicken coop. Today, when applied to investing, these words of wisdom are intended to help protect you and your investments against mishaps. Here's how.

Unlike eggs, which all basically look and taste alike, each investment is truly unique, and each is designed to fill a certain need. Income objective investments — such as certificates of deposit, bonds, income mutual funds and fixed annuities — are designed to provide a regular stream of income to help meet monthly expenses. Growth objective investments — such as individual stocks, equity mutual funds and variable annuities — are designed to let your investment grow in value and, thus, stay ahead of inflation's erosive powers. Growth-and-income objective investments offer both income and growth. All three types of investments are included in a well-balanced portfolio.

When you choose a variety of investments, it's called diversification. One of the greatest benefits of diversification is the protection it helps to provide. No investment performs well under all conditions. In fact, certain investments practically "counterbalance" one another. For example, bonds typically perform well when the stock market declines, while stocks typically perform well when the bond market declines. Owning both helps cushion you against the market's ups and downs.

Of course, knowing you should diversify your investments and actually diversifying them are two different things. Often, investors fall into the habit of relying on such "old faithfuls" as CDs and bonds. Unfortunately, limiting yourself to income investments can undermine your money's long-term purchasing power. Just look at how inflation has affected the price of a stamp.

In 1950, a stamp cost 3 cents. By 1970, the cost of a stamp had doubled to 6 cents. By 1990, the cost of a stamp rose to 24 cents. Today, a stamp costs 34 cents. That's what's meant by the loss of purchasing power.

Although there is comfort in knowing how much your investment will earn each year and return in principal at maturity, what you don't know is how much purchasing power that money will retain. That's why it's important to place a portion of your investment dollars in growth objective investments, which typically outpace inflation, so you can not only keep up with the cost of living, you have the potential to keep ahead of it.

When diversifying, it's important to remember that not only should you diversify in different types of investments, you should diversify within each type of investment.

For example, when choosing stocks for growth potential, don't limit yourself to one stock or even one type of stock, such as consumer goods or utility stock. Instead, spread your dollars among a number of stocks.

The same holds true for income objective investments. Choose bonds with short-, intermediate- and long-term maturities. This practice, called laddering maturities, helps position you to take advantage of changing interest rates. When interest rates fall, you

KEY PENINSULA FAMILY

- Do We want more input into the Pierce County Council?
- Do we want more output from the Pierce County Council?
- Do we want more Sheriff Deputies allocated & assigned to the Key?
- Do we want our fair share of the Parks Dollars allocated to the Key and Gig Harbor areas?

• Do we want our fair share of the Road Maintenance and Construction Dollars?
 • The Key has been all but totally ignored ever since the new Charter was enacted in 1981. We have never had one of our own elected to the Pierce County Council
 • Our District 7 now includes the cities of Fircrest & University Place. Some very well known people have declared their candidacy for the Council Seat being vacated by Karen Biskey, 9 so far and counting. Three from the East Side of the bridge, 5 from Gig Harbor area and the 9th? You guessed it, the Key Peninsula, specifically Lakebay.

• So, if the Key wants more than lip service from the Council, the Sheriff, the Executive, the Park Board, ect., guess what the family has to do? All 15,000 (2000 census) of us.

• **THE PRIMARY ELECTION IS LESS THAN 6 MONTHS AWAY, SEPTEMBER 17, 2002.**

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 Sincerely, Larry Wingard, REP.

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have money locked in at higher rates. When interest rates rise, you'll soon have money available to invest at those higher rates.

Which mix of investments is right for you? Which investments should you choose? That depends on your needs and goals. Unfortunately, there is no "one size fits all" investment plan.

Proper diversification requires serious thought and takes time to implement. If you need help determining which investments are best suited to your needs, seek the help of an investment professional. He or she can explain what types of investments are available and how they would fit with your portfolio.

We may no longer gather eggs in baskets, but there's still a wealth of wisdom in that simple statement: "Don't put all your eggs in one basket."

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Pretty Gardens

Part II

by Colleen Slater

The Fuchsia Society Garden

The Lakebay Fuchsia Society Garden was started at the Civic Center in 1997, when the group was two years old.

The members discovered that their annual plant sale brought in more money than expected. Sharon Miller suggested a display garden and others agreed.

Several possible sites were explored, and the Civic Center was selected on the basis that the sun and light aspects were perfect, many members live nearby, and "the site was hideously ugly and needed us desperately," said Rose Grant. Morning sun and afternoon shade are ideal for hardy fuchsias.

Grant did the research and designed the basic plan. Members donated plants, and others were purchased to fill in. New fuchsia cultivars are added each year to test hardiness, record failures and successes.

Besides the many hardy fuchsias of varying color, height and shape, the garden includes trees, shrubs, bulbs and perennials. Cistus, ceanothus, pieris, leucothoe, shrubby honeysuckle (*Lonicera nitida* 'Baggesen's Gold'), a magnolia and a maple (*Acer patro purpurea*) are all included in this garden. A pair of boxwood will be trained into an entrance arch and a *Viburnum maresii* will eventually spread to block the view from the blue bench to the road. Two Hinoki cypress will hide the shed and create a changing pattern against the brick wall of the building.

A dry stone riverbed aids in drainage and provides a foil for daylily, *Acanthus mollis* and ornamental grasses. Spring bulbs and primroses open the season, and leftover plant sale annuals are added each year.

Nearly all of the Society members help maintain the garden, with regular work parties, and watering is tended by members who live nearby.

This is a lovely garden to walk through in bloom, especially in company with a knowledgeable member of the Fuchsia Society, to see the amazing variety of fuchsias hardy enough to grow outside in our climate. Small starts of some of them will be available at the plant sale on May 11, with members available to answer questions about these plants and this special garden.

KP Sportsmen's Club Breakfast - Sunday, April 28th

Breakfast between the hours of 7:30 AM and 12:30 PM. Tickets are \$5.00 for adults and children over 7. (All younger children are FREE.) The menu is still pancakes, scrambled eggs, ham, juice, fruit and coffee. (Hash browns may be added.) It's always "come back for more" if you are still hungry.

There will be a raffle with tickets sold that day and drawn at the close of eating. Be sure to ask about the items and buy tickets. The garage sale will be going on all the time and you surely can find something you just couldn't live without.

Members of the Sportsmen's Club have tickets.

KP Sportsmen's Club is at 3503 Jackson Lake Road KPN. For more information call 884-9948 or 857-5184.

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