

## ATTENTION — IMPORTANT

The Key Peninsula News really needs your financial help !!!

Last month we published this notice, but we have not received an overwhelming response from the community. We appreciate the praise we receive for the paper, but, unfortunately, that doesn't pay our bills.

The Key Peninsula News needs your help.

Two and a half years ago, the staff of the *Key News* decided that we would distribute the paper to all the residents of the Key Peninsula, rather than only to subscribers and at pick-up locations, and that we would try to expand our advertising base to cover the costs. But the income has not been sufficient to do this. Our basic costs are about \$2,000 to \$2,100 per month. Printing and postage take the major portion of that and we operate with a part-time, minimal paid staff. The editors volunteer their work. The income has varied between \$1,500 and \$2,100 but it is never enough to catch up with the expenses. The Civic Center Association and the Animal Guild have been very supportive, but their funds are also limited.

We want to continue our policy of free distribution so that everyone in the Key Peninsula can be informed regarding activities and resources. We have received a lot of moral support from members of the community, and we believe that there are many in the community who would be willing to offer financial support as well.

So, we are asking you for donations and we thank you for your support.

Ann, Marty, Alice, Bob, Hugh and contributing columnists  
The Key Peninsula News, P.O. Box 3, Vaughn, WA 98394

P.S. Our sincere thanks to these supporters:

Melba Applegate  
Marjorie Hurley and Renee Vines  
Jackie Jupp  
Louise and Florence Oakline  
Esther Sablin  
Jane Williams

## 2002 Citizens of the Year at KP Civic Center Saturday, March 16th

More than 30 Citizens of the Year will be honored at the annual dinner on Saturday, March 16. These are all local people who have been nominated by their peers for recognition of volunteer services to the Key Peninsula community. Their contributions may have occurred over several years or in one special event.

Each Citizen of the Year will be the guest of the Honor Club at the banquet dinner at the Civic Center and will receive a framed certificate commemorating the community's respect and recognition. Pat Lantz, 26th District Representative, will be the keynote speaker.

This year the celebration will begin at 5:30 PM, with dinner at 6:30 PM. Tickets may be purchased in advance for \$15.00 per person or \$55.00 for a party of four before March 6th. Tickets will also be available at the door for \$20.00. They are available at Sunrise Nursery in Key Center, at Country Gardens near Lake Kathryn Village and at the Home Country Store across from the Home/Target Post Office.

## CISCOE RIDES AGAIN !!!

The Dr. Penrose Orthopedic Guild is sponsoring a return engagement of Master Gardener and Arboretist Ciscoe Morris at the Key Peninsula Civic Center on Sunday, April 28, at 2:00 PM. Those of you who heard his talk last year will surely welcome this opportunity to hear more. He is a very dynamic and entertaining speaker.

Ciscoe Morris is well-known for his gardening programs on KIRO on Saturday mornings and on KING TV. He has been the Seattle University grounds and landscape expert for many years and has taught a number of classes on gardening and landscaping in our area.

All proceeds from this event will go to the Mary Bridge Children's Hospital. Tickets are \$10.00 and may be purchased in advance from members of the Guild. Please contact Peg Rpbetson at 884-2226, Rose Grant at 851-4306, or Jean Kesterson at 884-5880 for tickets or more information.

## EASTER EGG HUNT MARCH 30th !!!

Believe It Or Not — The annual Easter Egg Hunt sponsored by the Key Peninsula Civic Center comes on SATURDAY, MARCH 30th. The action begins at 12 Noon at the Civic Center in Vaughn and is open to children of all ages from toddlers to young teens.

Scouts from Boy Scout Troop 220 are organizing the event and are asking for donations of baskets, plastic eggs and other Easter materials. Please call Bill Macaras at 884-3133 if you have donations, and bring your family to enjoy the fun !!



Dr Penrose Orthopedic Guild  
Presents

# Garden Talk With Ciscoe

at the  
Key Peninsula Civic Center  
Sunday, April 28th, 2002, 2pm

Admission \$10  
Proceeds to Mary Bridge  
Childrens Hospital  
For Tickets & Information  
please call  
884-5880 or 851-4306





## The Children's Home Society's FAMILY ROOM

by Kathy Harsch, RN, BSN, PhN

We, the staff at the Key Peninsula Family Resource Center, are committed to serving the children and families in our community through a variety of services and programs. These services and programs are provided at the Key Peninsula Civic Center or through home visitation services.

We have a free clothing bank that is available to everyone. Home visitation services are provided through trained staff to assist families to reach their goals. The wide variety of center programs serve all age groups and provide opportunities for families to meet other families and foster strong bonds in the community. Some of these are Relatives Raising Children which meets the second Monday of each month from 1-2:30PM; Parent Connections for mothers of children birth to five which meets the fourth Wednesday of the month from 10-11:30AM; Indoor Park takes place Tuesday and Thursdays from 9:30-11:30AM and is enjoyed by preschool children and their parents; and Little Buddies continues on Tuesday afternoons at the Civic Center from 3:30-5PM and Wednesday afternoons at Evergreen Elementary from 3:30-5PM for elementary children enjoying time with high school mentors. And, we provide printed resources for child growth and development, lice treatment, parenting and many other health and social issues. Our lending library consists of books and videos with parenting or pregnancy as the main theme. We assist families to locate resources in the community for a wide variety of needs.

The Children's Home Society Family Resource Center is located in the lower level of the KP Civic Center. Office hours are 9AM-4PM Monday through Friday. Please call us at 884-5433 if you have questions or need information.

In closing, here's a poem that I would like to share with you. Its author is unknown.

### Commitments for Parents

1. I will always love and respect my child for who he is and not who I want him to be.
2. I will give my child space to grow, to dream, to succeed, and even sometimes to fail.
3. I will create a loving home environment and show my child that she is loved, whenever and however I can.
4. I will, when discipline is necessary, let my child know that I disapprove of what he does, not who he is.
5. I will set limits for my child and help her find security in the knowledge of what is expected of her.
6. I will make time for my child and cherish our moments together, realizing how important and fleeting they are.
7. I will not burden my child with emotions and problems she is not equipped to deal with, remembering that I am the parent and she is the child.
8. I will encourage my child to experience the world and all its possibilities, guiding her in its ways and taking pains to leave her careful but not fearful.
9. I will take care of myself physically and emotionally, so that I can be there for my child when he needs me.
10. I will try to be the kind of person I want my child to grow up to be—loving, fair minded, moral, giving and hopeful.

## KEY PENINSULA BUSINESS ASSOCIATION

by Nancy Lind

The Key Peninsula Business Association met at the Homeport Restaurant on February 1st for the breakfast meeting and at the Horseshoe Lake Bar and Grill on February 15th for the lunch meeting. Among the many things being discussed are the plans for the Community Fair in August, the process for developing a Key Peninsula Community Plan, the push for prevention and removal of illegal dumping and the preparation for the annual awarding of a scholarship to a graduating senior.

Steve Warnback, Pierce County Solid Waste Administrator, was the speaker at the noon meeting. His department has put together a coordinated response to illegal dumping throughout the county. The framework for this direction is a management plan that will identify what is illegal dumping, recommendation of focused efforts, more effective communication to and between citizens, agencies and communities. The three-pronged approach will be new cleanup programs, more effective prevention, a consistent enforcement strategy, and the glue that will hold it all together is the coordination with a centralized reporting location and a clearinghouse for sharing information. The reporting line is 253-798-4636. Email is [pcresponds@co.pierce.wa.us](mailto:pcresponds@co.pierce.wa.us).

Everyone is welcome to attend these meetings and we encourage you to join us and/or become a member. Morning meeting is 7:30 AM first Friday of the month at Homeport and the lunch meeting is at 12 Noon at Horseshoe Lake on the third Friday.

## HEAR AND THEIR ON OUR KEY PENINSULA

by Keith Stiles

The first of March brings us hope, at least, that Winter may be on the way out soon and that we can get outside to begin picking up on whatever the wet season has done to us. March is also the beginning of a new yard and garden season for Dale and Claudia Loy, who will be celebrating their 20th Anniversary at Sunnycrest Nursery in Key Center. They both feel that the time has flown since they purchased the business from Sam Momii back then, and time has been good to them as they are now doing more than ten times the sales volume of that first year in 1982. When they first purchased the property it was called "The Sakura Nursery", and Claudia told us that "Sakura" is the Japanese name for "Cherry Tree". In that first year Dale would drive into the Tacoma area daily to pick out plants, trees and supplies. Now suppliers' trucks may arrive at Sunnycrest twice a day to make deliveries. Claudia says she and Dale are looking forward to a good year in 2002. She feels that people may be even more inclined to stay closer to home and their yards and gardens as we adjust to new world situations. There may be a 20th Anniversary Celebration in the offing, perhaps in June or so when the weather is somewhat more reliable.

You may have heard that the new Vaughn post office had its share of excitement back on February 11th with a bomb scare for its centerpiece. It seems that someone found what looked like a computer, possibly fallen off/out of a car or truck, and tried to be helpful by moving it to a spot near the building entrance at 7:30 AM or so. There it was duly discovered shortly afterward and eventually blown up twice by an outside agency bomb squad. No one hurt, someone may be out a computer, but these are times that the national news tends to make us all nervous.

The troubled pot of the Fire District 16 Commissioners has continued to boil and bubble, but at a slightly lower pressure level for a couple of weeks; that does not mean that all has settled down. An "Officer's Report" put together by the District's employee/leaders is due out about now, looking at the future of such issues as funding, organization and leadership. Watch for concern within this report about seeing to it that our District is known as a good place for firefighters to work together for the good of all. Do not be surprised if discussion should again arise about the possibility of improved organization and use of resources by combining Fire Districts 16 and 5 (Gig Harbor).

While mentioning Fire District business it appears that some passers-by were of considerable assistance to an injured woman on Sunday afternoon, February 10th, when she was entrapped in a one-car rollover accident down on Delano Road near the Bay Lake entrance. She was severely injured and airlifted to St. Joe's Hospital in Tacoma, where she was reportedly in improving condition when this was written. Chief Franz has indicated that there are suspicious circumstances surrounding a fire at the Feed Store on 134th near Highway 302 on Sunday evening, February 17th. The Chief also reported that plans for the long-awaited Station 1 may be presented to the Commissioners very soon and, if approved, the whole package may go out to bid.

The Key Peninsula Lutheran Church has named an interim minister. He is Allen Marshall, currently living in Port Angeles. Marshall, 62, has been a priest in the Puyallup-Tacoma region for over 30 years, and is reported to be a very mature gentleman, with "a multitude of friends".

Waving our last "good-byes" this month to members of our Passing Parade, we will sorely miss Milt Boyd of Wauna, Bill Evans of Home and Chuck Niemann of Vaughn, all major contributors to our Key Peninsula life, all veterans of World War II - truly a generation passing by.

On the horizon, the new community-funded statuary for the garden at the Key Center Library is tentatively scheduled for dedication and first public display on or about June 1. Let us hope for a warm and engaging Spring soon!

## KP SPORTSMEN'S CLUB BREAKFAST - SUNDAY, APRIL 28TH

It's getting to be that time of year to think of spring, gardening and fishing - opening day of fishing. Many years ago the Sportsmen's Club members thought it would be a nice thing to do, and also a fund raiser for the Club, to have a Breakfast on opening day for the fishermen. Over the years they added a garage sale and then a raffle. That event is planned for every year, on open day SUNDAY. (The State changed the opening day to Saturday, but our breakfast remains on Sunday.)

During the last year the club members have been doing some up-grading and fixing up. We hope you will be pleased with the new paint in the kitchen. Some new tables have been purchased so that during regular hours they all will match. Some of the furniture has been moved around. The work isn't finished yet, but we want you to come to **Breakfast on April 28, 2002** - between the hours of 7:30 AM and 12:30 PM. Tickets are \$5.00 for adults and children over 7. (All younger children are free.) The menu is still pancakes, scrambled eggs, ham, juice, fruit and coffee. (Hash browns may be added.) And it is always "come back for more" if you are still hungry.

There will be a raffle with tickets sold that day and drawn at the close of eating - be sure to ask about the items and buy tickets. The garage sale will be going on all the time and you surely can find something you just couldn't live without.

All members of the Sportsmen's Club will have tickets early in March, so be sure to get some for yourself, the family and friends to enjoy a great morning!

Key Peninsula Sportsmen's Club at 3503 Jackson Lake Road KPN.

For more information call 884-9948 or 857-5184





## Veterans' Voices

By Eileen Young

This month I will write what I hope is an informative article after receiving several calls asking for information. First on the list is Bill #2453, presently in the House at Olympia. This bill would keep private records private. This was of great concern to veterans who were wide open to having their military records displayed on the Internet making them, and others, prime targets for identity theft. Let us hope our lawmakers realize the need for this bill, but if you need any more information, here is a number to call: 1-800-562-6000, or call your representative.

Thanks go to members of Post 4990 for replacing the flag at Purdy. Those flags take a severe beating and must constantly be replaced. Speaking of that area at Purdy as a matter of information: **NO SIGNS ARE TO BE ERECTED ON THE PROPERTY FOR ANY REASON BY ANYONE. NO EXCEPTIONS.**

Welcome new Auxiliary member: Frances Meyers. Glad to have you join us.

Of information to our area veterans and their families, along with others: the Key Peninsula Food Bank/Senior Center is a source for lunches every Wednesday and Friday at 12 Noon. If you need transportation, please call Christi at 884-4440. Once a month food baskets are available to low income residents of the Peninsula from 10 AM to 3 PM. Bread is delivered every day and every Thursday night for seniors over 55. Bingo is there for entertainment. Such a worthwhile endeavor could use volunteers, so if you have spare time to donate to this cause, call 884-4440. The members of the Post and Auxiliary donated 445.2 hours for the month of January and continue to be of service to our community. Keep up the good work fellas and gals.

This month our prayers and good wishes go to folks who have everything from colds and flu to legs in casts or worse. Our CARE CIRCLE is never at a loss for folks needing a prayer or kind word. This month that includes Debbie Simon, the Sorsdahl family, Kathy Collier, Irene Wooldridge, Ralph Kingsbury and Marj Adams. Hang in there folks, we CARE.

**A MESSAGE FROM COMMANDER BUD:** The last time an American President asked, "What can you do for your country?" - it worked! Our President has again asked for volunteers to reach out to those who need help. He is correct in that it is less expensive to do it ourselves than to let the Federal Government do it. For those who have no avenue for their creative willingness to help others, here are some ideas: \* Veterans of Foreign Wars, Post 4990 - Commander, 884-4555; \* Service Officer - Cy Young, 884-4551; \* Angel Guild - President Frankie Johnson, 884-4102; \* VFW Boy Scout Chairman - Buzz Simon, 884-9156; \* Citizens' Patrol - Al Yanity, 884-0781; \* KP Civic

Center - President - Dave Stratford, 884-2234; \* Key Peninsula Health Center - Karen Barrow, 884-2234; \* VFW Ladies Auxiliary - President - Roxanne Wooldridge, 884-4407; \* Lions Club - President - Austin Miller - 884-6019; \* Family Resource Center, 884-5433; \* VFW Citizenship - Jerry Davis, 884-3386; \* Ashes Auxiliary to the Fire Department - President - Marguerite Bussard, 884-3771. These and many other local organizations are always ready to accept donations and or your time to give a hand to those who need yours.

See you next month and remember the tea kettle - it is always up to its neck in hot water, yet it still sings. Take care.



## LIVING AND LEARNING ON THE KEY PENINSULA

by Dale Skrivanich

The Annual Meeting of the Key Peninsula Historical Society is set for March 28th at the Longbranch Improvement Club. There will be a social and business meeting from 6:30 PM to 7:15 PM. The business meeting will include the election of officers and the proposal of the 2002 budget. The program, starting at 7:15, features Jim Olson and Naomi Daring of the architectural firm of Olson, Sundberg, Allen and Kundig. They will present the preliminary design for the addition to the museum building at KPCC. This meeting is open to the public and all interested community members are encouraged to attend.

Historical Society members should watch for the annual newsletter. If it has not been received by March 20th, please call 884-2712.

Anyone interested in becoming a member of the Historical Society or in volunteering at the Museum should call Barb at 884-4399 or Shirley at 884-2481. The public is invited to attend the monthly board meetings held on the first Thursday of each month at the Museum at the Key Peninsula Civic Center.

Remember, the Museum is open Thursday and Saturday from 1 PM to 4 PM or by appointment. Call Tim Kezele at 884-4538 for information.

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## A View From Home

by Marty Marcus

A lot of people seem to be getting upset at the announcement that the government is considering putting out false and misleading information. I see it as a big improvement. For years we've been lied to, but didn't find out about it sometimes until years later. Now they're at least telling us ahead of time that they're going to be doing it.

Recent history is rife with examples of mendacity on the part of government officials and industry leaders. For example, President Eisenhower told the world that we were not sending spy planes on flights over Russia, and then the Russians brought one down. President Kennedy told our ambassador to the U.N. to tell them that our government was not involved in the Bay of Pigs attempted invasion of Cuba. Eventually the truth came out that we were involved.

Bringing it closer to home, before the "advisory" vote on whether to build a second Narrows bridge, we were told that any tolls to be charged were to cover the bridge costs only, not highway modifications also. We're hearing a different song from the legislature now. We were told the bridge was going to cost \$350 million. It took awhile for the truth about financing costs to come out of hiding, bringing the total cost to some \$900 million.

But misinformation is not always deliberate. Key Peninsula residents voted for a bond issue to build four fire stations, but only three were built and the money ran out. Were we lied to in that case? No, I don't believe we were. What happened was that the fire commissioners naively believed the county planning department would issue the building permits in a timely manner. They didn't believe the county could stall so long on the permits that building costs could rise 20% or more in the interim.

It's not just government officials, however, who practice the art of misinforming the media and the public. Millions of autos and other manufactured products have been recalled because of defects that could have or already had cost the lives of consumers. "Miracle" drugs have been pulled off the market because inadequate testing before release failed to reveal possibly serious side effects from their use. And, sad to say, some advertisers have been less than truthful in their ads. A few years ago, a pet store in Tacoma advertised baby green iguanas for \$10 and stated they were easy to care for. But they are not easy to care for, as attested to by the fact that of the 750,000 the U.S. imports every year, 90% don't survive the first year. They have become a "disposable" pet.

To Subscribe, Please Write,

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### KEY PENINSULA NEWS

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#### MISSION STATEMENT OF OWNERSHIP, PURPOSE AND OPERATION OF THE KEY PENINSULA NEWS

1. THE KEY PENINSULA NEWS is a community newspaper, owned and published by the KEY PENINSULA CIVIC CENTER ASSOCIATION, a non-profit 501-C3, corporation with main offices in Vaughn, Washington. The name, goodwill and any copyright assets that may exist pertaining to the NEWS are among the financial assets of the KEY PENINSULA CIVIC CENTER ASSOCIATION.
2. The primary purpose of the NEWS is to serve as communication between the KPCCA Board (and its activities) and the residents of the Key Peninsula, generally corresponding with the defined geographical area of Pierce County Fire District 16.
3. The secondary purpose of the NEWS is to serve as a communication means between the KPCCA member organizations and the residents of the same area.
4. The NEWS shall be entirely free of political bias, and shall advocate no particular religious point of view. Further, its service will be open to all local organizations and residents, subject to the availability of space and generally accepted good taste and legal considerations.

#### OUR GRATEFUL THANKS TO ALL WHO CONTRIBUTE TO THE KEY PENINSULA NEWS!

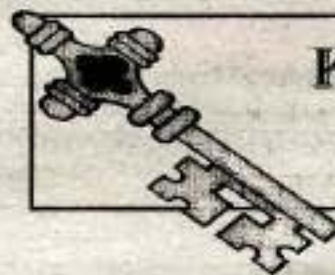
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The opinions expressed herein are the opinions of the writers and do not necessarily reflect the views of the publishers or staff. All Letters to the Editor must be signed and include a daytime phone number for verification. No anonymous letters will be published. Submissions are used on a space available basis and may be edited if used. THE KEY PENINSULA NEWS reserves the right to edit letters for length and content and no religious or political material will be printed. Mail letters to: P.O. Box 3, Vaughn, WA 98394.

As for Enron, if they didn't do anything wrong or illegal, they say, why did they shred so many documents? And why are they refusing to answer questions at Congressional hearings? By the way, if you're sweating getting ready for the income tax deadline of April 15th, it probably won't make you feel any better to know that for four out of the last five years, Enron paid no income taxes.

One more question. If 90% of the premiums paid to Medicare and non-profit HMOs are used for providing direct patient care while only 68% of the premiums paid to for-profit managed care companies are used for providing direct patient care, why are we still being told that there's no way we can afford to provide health insurance for everyone?

I guess we have come to accept being misinformed as a normal part of our life.



## KEY DATES 2002

#### BUSINESS / PROFESSIONAL GROUPS

**KP Business Assoc.** 1<sup>st</sup> Friday - 7:30 AM Home Port Rest  
3<sup>rd</sup> Friday - Noon Horseshoe Lake Rest.

**Fire Fighters Assoc.** 4<sup>th</sup> Wednesday - 7:00 PM Key Center Fire Sta.

#### CIVIC ORGANIZATIONS

**Ashes** 1<sup>st</sup> Thursday at 10:30 AM Key Center Fire Station

**Boy Scout Troop #220** Tuesday - 6:00 PM - 8:00 PM - KPCC Whitmore Rm.

**Cooliettes** 3<sup>rd</sup> Thursday at 7:00 PM KPCC/Whitmore Rm.

**KPCCA Exec. Comm.** 1<sup>st</sup> Monday - 7:00 PM Civic Center

**KPCCA Board** 2<sup>nd</sup> Thursday - 7:00 PM KPCC/Whitmore Rm.

**KPCS Board** 2<sup>nd</sup> Monday - 10:00 AM Comm. House - Home

**KPHC Board** 4<sup>th</sup> Thursday - 7:30 PM Health Center

**KP Lions Club** 1<sup>st</sup> & 3<sup>rd</sup> Wed. - 6:30 PM KPCC/Whitmore Rm.

**VFW & Auxiliary** 2<sup>nd</sup> & 4<sup>th</sup> Mon. - 7:00 PM CC/VFW Room/WM Rm.

#### COMMUNITY SERVICES

**Adult Literacy Classes** - Call for Appointment 851-6552 - Gig Harbor

**Angel Guild** 4<sup>th</sup> Monday - 10:00 AM Brones Rm./KC Library

**Children's Home Society Family Resource Center** - Monday through Friday,

9:00 AM to 4:00 PM, Key Peninsula Civic Center, Lower Level - Call 884-5433

**Citizens Against Crime and Citizens Patrol** 3<sup>rd</sup> Thursday each month, 7:00 PM Key Center

Fire Station

**Food Bank** - Tues. through Fri., 10:00 AM to 3:00 PM Comm. House - Home

**Hot Lunch for Seniors** on Wednesdays and Fridays at Noon

Community House - Home

Also food & clothing assistance. For More Information, call 884-4440.

**Immunizations (FREE)** Thursday, 10:00 AM to 4:00 PM at Urgent Care, Gig

Harbor.

**IMPact Key Peninsula** 1<sup>st</sup> Tuesday - 9:00 AM Lakebay Community Church

**Key Peninsula Wall Child Clinic** at the office of Dr. Roes every Tuesday at 9:00 AM

**Key Center Library** 884-2242 - Hours: Tuesday & Wednesday 11 AM - 8 PM,

Thursday & Friday, 11 AM - 6 PM, Saturday, 11 AM - 5 PM.

**KP Baptist Bible Study** Wednesday - 7:00 PM - 8:30 PM KP Civic Center

**Overeaters Anonymous** Wednesday - 7:30 PM SL Nicholas Church

**PEP-C GH/KP Emergency Preparedness Committee** 3<sup>rd</sup> Saturday of each month, 10:00

AM - 2:00 PM, sell supplies at Kimball Drive Fire Station, GH.

**There is Hope 12-Step Christian Support Group** Thursdays at 7:00 PM at Lakebay

Christian Assembly Church - 253-884-3659.

**WIC (Women, Infants & Children)** Every Tuesday 8:00 AM to 4:00 PM Civic Center, in the

VFW Room. Call: 884-3835 on Tuesdays for an appointment.

#### PUBLIC MEETINGS

**KP Fire Commissioners** 2<sup>nd</sup> Wednesday - 7:00 PM Key Center Fire Sta.

2<sup>nd</sup> Monday after 2<sup>nd</sup> Wednesday at 4:00 PM Key Center Fire Sta.

**KP Parks & Rec.** 2<sup>nd</sup> Monday - 7:00 PM Volunteer Park Annex

#### SELF-HELP GROUPS

**Alcoholics Anonymous** - Wed. at 7:00 PM and Fri. at 8:00 PM

At the Key Peninsula Community Services in Home.

**Alcoholics Anonymous** - Thursday at 8:00 PM at Longbranch Community Church

**IMPact Key Peninsula** - Help for victims of Domestic Violence Call 884-5086.

**Peninsula ALANON** - King of Grace Lutheran Church, Purdy - Tuesday 1:30 PM

Contact Norma at 884-2205 for more information.

**T.O.P.S.** Tuesday Evening Weigh-in 6:15 PM - Meeting at 7:00 PM - Civic Center

**T.O.P.S.** Tuesdays at 9:00 AM at Fire Station, Home, WA.

#### SOCIAL & HOBBY GROUPS

**Bayshore Garden Club** 3<sup>rd</sup> Friday of each month, for more information call

Sylvia Retherford at 884-2487. Longbranch Improvement

**Key Center Duplicate Bridge Club** meets on Tuesday Evenings. If you play Bridge and are

interested in playing Duplicate Bridge, please call 884-2663.

**KP Historical Society** 1<sup>st</sup> Thursday - 7:30 PM KP Historical Museum

**Museum Open Thursday and Saturday from 1:00 PM to 4:00 PM.**

**LB Improvement Club** 3<sup>rd</sup> Wednesday - 7:00 PM Longbranch Improvement

**Peninsula Neighbors** 2<sup>nd</sup> Tuesday - 10:00 AM Longbranch Fire Station #4

**Lakebay Fuchsia Society** 1<sup>st</sup> Thursday - 7:00 PM Brones Rm./KC Library

**Ruth Circle Meeting** 3<sup>rd</sup> Monday - 10:00 AM Bible Study, lunch and

Meeting at 12:00 Noon at the Longbranch Church.

**Senior Society Luncheon** Thursdays - Noon KPCC/Whitmore Room

**Vaughn Bay Garden Club** Call 884-5403 for more information.

**Key Singers** Tuesdays 7:00 - 9:00 PM Longbranch Comm. Church

Contact Jo Sturm - 884-1350

**Notice:** If your organization is listed in our Key Notes 2001, please check to be sure the time

and location are correct, so we can bring it up to date.

**NOTE: IF YOU WOULD LIKE YOUR ORGANIZATION LISTED HERE, PLEASE MAIL THE INFORMATION BY THE 20TH OF EACH MONTH TO: KEY DATES, KEY PENINSULA NEWS, P.O. BOX 3, VAUGHN, WA 98394, OR FAX IT TO US AT: 884-4053.**



**T.O.P.S. NEWS**  
by Frankie Johnson

Our special challenge from last month ended on February 12. Barbara Bellinger did the best as she has continued to have steady losses on her way to her goal. Altogether those who worked the challenge lost over 38 pounds in the 6 week period. For January, we honored Mary Nelson as the best TOPS member. She was very thrilled as it had been a long time for her. Good going, Mary.

Jessica, Sarah (our teens) and Del gave us a cute skit of "Stupid Cupid". It was fun for all to see. We have had a lot of absences with flu and other illnesses. We hope everyone returns with good weight losses.

Next month we will be having the election of new officers and their installation. Barbara Bellinger has been appointed as assistant weight recorder since Dee Paul has been very ill most of this year and has been staying at the UW hospital so she can be monitored. We thank Dee for her many years of service and hope for her recovery soon.

Also coming up will be a special speaking engagement by Gary Wellington, former Washington State King. Gary's wife, Carlene, is our area Captain. It is always a pleasure to have them visit our chapter. On April 27th we will hold our annual rummage sale, back in the Whitmore Room. We hope you will reserve that date and make a point to come to the sale. This is our one big fund-raiser to send delegates to the state recognition convention. This year the convention will be held in Bellevue on May 17th & 18th. It is always a great time for those who attend. Everyone in the chapter is invited.

Jena started a contest to help us with a chapter challenge from the daytime group down in Home. The losing chapter has to put on a program for the winners (those who lost the most during the period). The contest has a St. Patrick's theme.

Come on out and see what we are doing and join us in all the fun of Taking Off Pounds Sensibly. We meet on Tuesday evenings at 6:00 PM at the KP Civic Center.

**HOME TOWN MEETING**

The Home Town Meeting will be Thursday, March 21st, at 7:00 PM at the Home Fire Station. The speaker will be Steve Wambach, Pierce County Solid Waste Administrator. He will discuss illegal dumping, what it is and what to do about it. He will tell us the the new direction the county is taking and how it is planning to respond in a much more productive manner to the problem. The Arledge site will be addressed.

Everyone is welcome. Come, be informed and express your opinions.

**PENINSULA LIGHT WORKSHOPS**

The following Peninsula Light workshops will be held at PLC headquarters from 6:30 to 8:30 PM. All workshops are free and often fill up rapidly so registration is advised. Call 857-1530 or [www.penlight.org](http://www.penlight.org).

Wednesday, March 6th: **Overhead to Underground Conversion Program**

The PLC Reliability Program & Keeping the Power On

by Shannon Rauch, PLC Project Engineer

Wednesday, March 20th: **Planning a Waterwise Garden & Lawn**

Have Good Gardens While Conserving Water

by Anna Thurston, Landscape Architect and Master Gardener

Wednesday, April 3rd: **Identifying Native Plants**

by Dennis Bottemiller, Horticulturist, Rhododendron Species Society



**TAX TIPS**  
By  
Marv & Myrtle  
Keizur, CTP

Have you been filing your Income Tax by Electronic Filing? We realize that there are those of you who do not trust E Filing, but do you realize that by filing by this method with Direct Deposit you can get your refund back within approximately 10 days? If you don't use Direct Deposit and would prefer a paper check, add a week to getting your refund. You do not have to sign the return to file it, but you are assigned a pin # rather than signing, and then we can use your prior years adjusted gross income from your tax return as proof that the return is from you. Also if you have recently been married, the woman must have gone to Social Security and had her name changed to her married name. Otherwise IRS will reject the return.



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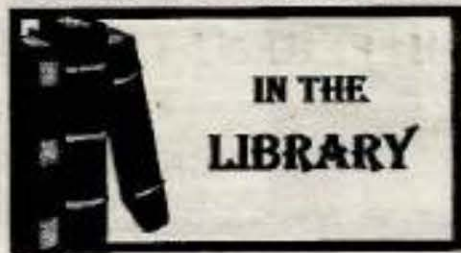
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**IN THE LIBRARY**

**WRITING THE INNER JOURNEY**, a presentation by Dave Fox on **Wednesday, March 13th at 7:00 PM** at the Key Center Library. Every journey has two parallel experiences: the external, in which we observe the world around us, and the internal, in which we visit new places within ourselves. "Writing the Inner Journey" is a presentation in self-discovery through travel journaling. With foreign surroundings as a backdrop, you'll learn to tap your deeper emotions and create vivid travelogues for yourself or others. Simple but powerful exercises will help you discover your unique voice as a travel writer. Whether you're writing for yourself or for publication, whether your explorations take you around the block or around the world, this presentation will help you tune in to your inner journey. You'll travel and write with exciting new insight.

Having lived in Norway, Turkey and England, Dave Fox is afflicted with what he calls "cultural schizophrenia", the sense of feeling partly at home and partly foreign, no matter where he is. His job as a website editor and Scandinavian tour guide of Rick Steves' Europe Through the Back Door allows him to toggle between his assorted cultural identities. Dave's freelance travel and humor writing has appeared in various travel magazines and on his own website ([www.davethefox.com](http://www.davethefox.com)). Dave's other passions include linguistics, Celtic music and beer tasting.

A business meeting of the Friends of the Key Center Library will begin at 5:45 PM.

**THE GLOBAL EXPLORER'S FORUM** will present a program by Norm Brones, **Saturday, March 23rd, 7:00 PM** at the Key Center Library. The subject will be **BACK IN THE USSR**: the road to Moscow, Kiev and Lvov, two years after the Prague Spring. This journey was car camping the Intourist way through western Russia by five American college students. Memorable highlights will be circus tents, babushkas, bread lines, the Carpathian Mountains and Czechoslovakia.

The Global Explorer's Forum is a gathering of local people who are interested in exchanging ideas and sharing experiences of worldwide adventure travels. This is the third presentation of the series.

**Vaughn Community Church**

The community is invited to celebrate Easter Sunday, March 31st, at Vaughn Community Church. There will be two services, one at 8:00 AM and one at 10:30 AM. Everyone is welcome to a free continental breakfast at 9:30 AM. The church is located across from Vaughn Elementary School. Please call 884-2269 for more information.

**OBITUARY - William D. Evans**

William David "Bill" Evans, 85, of Home, Washington, died on February 13, 2002.

Bill was born in Gatliff, Kentucky to Irene and Clarence Evans and raised in Kingsport, Tennessee. He served in the Army from 1941 to 1945 as a staff sergeant in the 959th field artillery battalion which swept across Europe from Omaha Beach to the Elbe River in Germany.

After his discharge from the Army he returned to Tennessee to be with his family and then came west to marry Evelyn Dadsman at her family home in Home on October 14, 1945. The couple then went back to Knoxville, Tennessee, where Bill graduated from the University of Tennessee. They returned west and settled with their three children in South Seattle where he worked as an industrial engineer for Boeing until retiring in 1978 after 28 1/2 years with the company.

Mr. and Mrs. Evans then moved to Home about 22 years ago and built their retirement home. Bill enjoyed gardening, building and was always challenged to improve things around the house and he was active in many community activities. He held offices in the Home Social Club, the Key Peninsula Historical Society, the Friends of the Key Center Library and the Lakebay Cemetery Association.

Survivors include his wife, Evelyn, his daughter, Betsy of Millilani, Hawaii, and sons, Bill Jr. of Edgewood and Robert of Home, four grandchildren, one brother and three sisters. A memorial gathering of the family will be held at a later date.

In lieu of flowers, donations may be made to the Parkinson's Foundation

**Hearings Planned For Aquatic Pest Control Permits**

Last year, the Ninth Circuit Court of Appeals ruled that those who apply pesticides to waterways are subject to the requirements of the federal Clean Water Act. As a result of this court order, the state Department of Ecology is changing the way it deals with requests to apply aquatic pesticides to waterways in Washington. Clean Water Act permits will now be required for those applying pesticides along irrigation canals, in oyster beds, and to control noxious weeds and mosquitoes. The permits will spell out the conditions under which pesticides may be safely applied so that water quality is protected.

People will have the opportunity to learn more about the permits and provide comments during a series of workshops and hearings scheduled around the state. The only one near here is on noxious weed control and will be held in Lacey on March 14th at 1:30 PM at Ecology Headquarters, 300 Desmond Drive. The noxious-weed-control permit is for managing emergent weeds in wetlands and shorelines.



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## DO SOMETHING DIFFERENT

by Mary Nelson

Someone very wise said, "If you always do what you did, you will always get what you got."

The best way to change that is to do something different. In his book, *Do One Thing Different*, Bob O'Hanlon suggests that you isolate a problem in your life and make a list of possible solutions. Don't worry about how practical or logical they are. Be creative.

My problem is excess weight, so my list might look like this:

1. Spend a few months at an expensive health spa.
2. Choose a healthy eating program.
3. Get my stomach stapled.
4. Surround myself with friends for help and support.
5. Have my jaws wired.
6. Give myself non-food rewards for continuing to work on my weight.

All the even numbered solutions on the above list can be supported by joining TOPS (Take Off Pounds Sensibly). Your cost is \$20 a year and \$5 a month dues. A morning group meets every Tuesday at 9:00 AM at the Fire Station on the Key Peninsula Highway in Home.

Members of this group have been losing weight regularly. The best loser for December was **Betty Mayer**. Our second best loser was **Anna Johnstone**. January's best loser was **Dotty Ohnstad**. These three ladies have many weeks in a row of steady losses. **Mary Nelson** came in second in January.

Please join us and help our members reach their goals as they help you to do the same. Men and women, 8 to 100, are welcome. We have plenty of chairs.

Is your excess weight affecting your life? Do one thing different right now! Call Ruth at 884-9606 or Dotty at 884-1721 today, for all the details.

### ATTENTION LADIES !!

**ASHES (LADIES AUXILIARY of FIRE DISTRICT 16)** is looking for new members. If you'd like to become a member and help our Fire Department and others in the community, it's easy. Just come to one of our meetings on the first Thursday of every month (except during the summer) to find out more. Our meetings are held at the Key Center Fire Station - Station 2 - and start at 10:30 AM. The meetings are followed by a potluck lunch.

One of our activities planned for this year will be the **ASHES rummage sale in August**.



### THE BIG TWO:

- 1) Back and Neck Pain -this month
- 2) Arm and Shoulder Pain -next month

by Dr. Robert B. Campbell, D.C.

Of all the physical problems we humans suffer, the big two surely qualify for first prize - at least in terms of lost work time, lost play time and plain old pain and anguish.

Many conditions are far more perilous, but none surpass the big two's ability to utterly incapacitate an other wise health man, woman, or child.

And therein lies the irony. When you're struck hard by back, neck, arm, or shoulder pain, your life many not be in immediate danger, but living a normal life becomes suddenly impossible.

#### Pinched nerves

The chiropractic principle that pinched or impinged spinal nerves cause pain and disease is demonstrated thousands of times every day as chiropractors treat back, neck, arm and shoulder pain trouble.

#### Wide variety of problems treated

The chiropractor's enviable record in the treatment of a variety of other health problems in large measure stems from the chiropractor's unique ability to treat big problems caused by pinched or impinged nerves.

#### BACK AND NECK FACTS

- **Back and/or neck pain** is associated with one or more of the following:  
Pinched spinal nerves  
Back/neck muscle problems  
Disease in the spine or elsewhere in the body
- **An adult spine** is composed of twenty-four bones (vertebrae), each with a hole in the center. Like a column of doughnuts, they form a tunnel for the spinal cord.
- **Spinal nerves** from the spinal cord pass through openings formed by notches between each two adjacent vertebrae.
- **Spinal nerves** lead to the body's various organs and control their functions.
- **When the vertebral notches** are in proper alignment, the nerves channeled between them can function properly.
- **If the notches** become even slightly misaligned (subluxation), the channel becomes distorted and the nerves passing through the channel can become stretched, impinged, entrapped, compressed, pinched or otherwise irritated.
- **That situation** can lead to pain and trouble in the back, neck, arm, shoulder, or other areas of the body and its organs.
- **Watch for these symptoms**  
Pain between the shoulders  
Lower back stiffness or pain  
Stiff neck or neck pain  
Arm, shoulder, hand, hip, leg, foot numbness or pain  
Joint pain  
Headache  
Tingling, tightness, stinging, or other weird sensations in the extremities or other parts of the body.



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## Citizen Of The Year Nominees



Heather Rogers



Patrick Thompson



Mike Salatino



John Jewell



Bud Ulsh



Fred Ramsdell



Dianna Home



Cheryl Force



James Blundell



Peg Wylie



Ellen Parker



Nancy Lind



Don Blischke



Marilyn Tagert



Dr. William Roes



Sandy Majors

**Leslie "Bud" Ulsh**, retired fireman and emergency medical technician, is now Board President of the K P Community Services/Food Bank where he spends countless hours in volunteer service & fundraising.

**Mike Salatino** was instrumental in creating the K P Community Fair. He and his wife hold an annual Christmas dinner at the K P Civic Center for people who might otherwise be alone on that day.

**Barbara Heard** has served as president and vice-president of the K P Business Association. For the past 6 years she has been manager of Sound Credit Union in Key Center and is always helpful.

**Paula Warren**, president of the PTA at Vaughn School, helper in classrooms with everything from display boards to small group reading instruction and field trips, as well as fund-raising.

**Don Blischke** is a career firefighter who volunteers countless hours to the annual Christmas fund drive for those in need, as well as assisting other organizations by donating living topiary he creates.

**Glen Ehrhardt** represented the Longbranch Improvement Club in the planning of and daily operation of the K P Community Fair, spending 12-15 hours a day to keep things running smoothly.

**Dr. William Roes** has been a volunteer medical advisor to the K P Fire Department, organized and directs the Home Town Band, and this is the 20th year of his medical column in the *K P News*.

**Keegan Burmark** is not only a straight A student at PHS and an avid snow-boarder, but volunteers at the K P Community Services/Food Bank doing cleaning, recycling or whatever needs to be done.

**Marge Adams** retired after serving 20 years as the director of the K P Community Services/Food Bank Community House, but as a member of their Board of Directors is still very active on their behalf.

**Ellen Parker** gives 110% of her energy to the people coming through the doors of the K P Community Services/Food Bank Community House, many of whom would find it an awkward experience otherwise.

**Peg Wylie** joined the Palmer Lake Good Neighbor Committee to help raise funds for children in the area as well as getting the community together for activities of benefit to all and getting to know one another.

**John Glennon**, also known as Santa Claus, besides collecting toys and distributing them to little tots here on the Peninsula also visits Mary Bridge Children's Hospital with gifts for seriously ill children.

**Dave Stratford** is now in his third term as President of the Board at the K P Civic Center, where he also helps paint, repairs leaks, coordinates fireworks sales and destroys weeds.

**Ruth Bramhall** has served as a Fire Commissioner, is active in the K P Firefighters Association, the K P Sportsmen's Club, participates in roadside cleanups, and writes a column for the *K P News*.

### Auto Thefts Continue To Escalate

Recent statistics from the National Insurance Crime Bureau and the Washington State Patrol show auto thefts in Washington have gone up 35% over the past six years. We aren't at the top of the list, but we're one of the nation's highest risk states for auto theft. Just in the year 2001, 37,476 vehicles were stolen in our state, resulting in more than \$250 million in insured losses. In December alone, 3,813 vehicles were stolen, nearly **125 per day**. Auto theft is the nation's #1 property crime, costing an estimated **\$7.5 billion each year!** And it's consumers who pay for this in the form of increased rates for their comprehensive insurance coverage.

To reduce the chances of your vehicle becoming part of these statistics, here are some suggestions from the Washington Insurance Council and Puget Sound Special Investigators:

Keep your doors locked and windows completely rolled up.

Remove your keys from the ignition, even when only briefly stepping away from your car.

Keep valuable items such as bags, purses, cell phones and briefcases out of sight.

Always park your vehicle in well-lit areas.

If your vehicle has a security or alarm system, always activate it when parked.

Before buying a new vehicle, check with your insurance company to find out which ones have the highest risk of being stolen.

If you witness or have knowledge of an auto theft, contact your local law enforcement agency.

### Do Auto Repair & Service Bills Drive Your Bank Account Into The Danger Zone?

Typical car owners may not know much about the operating mechanisms of their vehicle, but when it is time for service or repairs, they should know how to locate a reliable shop and a qualified mechanic. The Better Business Bureau [BBB] serving Oregon and Washington has identified 101 auto repair/mechanic businesses with **unsatisfactory ratings**. In addition, the BBB has received 8,895 inquiries and processed 394 complaints originating from this category in the auto repair industry.

If there's a problem and the car is still under warranty, first contact the dealer's service manager. If that doesn't solve the problem, use the toll-free number in the owner's manual and call the manufacturer's customer assistance representative who can work with the dealer to get the problem resolved. Remember that if the manufacturer's requirements are not followed, the warranty may no longer be in effect.

If the car is out of warranty, friends and family can often recommend a good repair shop, and the shop's reliability can be checked with the BBB. Look for shops that display certification such as the Automotive Service Excellence Seal. ASE certification indicates that some or all of the technicians have met basic standards of knowledge and competence in specific technical areas, but is **not** an absolute guarantee of good or honest work.

Here are some other helpful tips from the BBB: always get an estimate for parts and labor; if you get a guarantee, get it in writing; and be sure the bill itemizes the repairs.



## Citizen Of The Year Nominees



Tyler Commons



Claudia Jones



Paula Warren



Barbara Heard



Keegan Burmark



Margaret Adams



Marguerite Bussard



Ruth Bramhall



Elaine Saunders



Tim Kezele



Dick Granquist



John Glennon



Janice McMillan



Glen Ehrhardt



David Stratford



Donna Bowen

**Sandy Majors** is a dedicated teacher who goes way beyond her job for students at KPMS. She mentors students before and after classes, and is often doing things at school on holidays and in the summer.

**Tyler Commons**, a sixth-grader at KPMS, has not only donated his savings, but is continuing to raise funds for firefighters in New York, some of whom had no protection for their hands as they worked.

**Marguerite Bussard** serves at the K P Community Services/Food Bank Community House two days each week, is an active member of the VFW Ladies' Auxiliary and helps with other charitable projects.

**Pat Thompson** serves KPMS as custodian, a positive role model for students, mentor, wrestling coach, and last year helped devise and build an emergency shelter to house the entire school.

**Claudia Jones** helps arrange events for the Herron Island community, has trained for substitute ferry crew, has earned First Responder Status with the fire department, and volunteers at KPMS and PHS.

**Dianna Home** helps keep KPMS spinning on an even keel, is a participant on the Site Council, supports both academic and athletic programs, and volunteers at the Angel Guild store in Key Center.

**John Jewell** is a retired teacher and school administrator, a regular volunteer in Vaughn School's Kindergarten classes, and the artist who is producing the new statuary for the Key Center Library.

**Elaine Saunders** is a longtime member of Pierce County Mounted Search and Rescue, certified to go to other counties in the state and has done so, and has an amateur radio license.

**Donna Bowen** and her husband have been involved in helping as many disabled people in the area as they can, and their home is currently a lovely and productive group home for three disabled adults.

**Cheryl Force** has been a volunteer at KPMS for years, has run their Student of the Month program, is active in the PTA, the Site Council, the District Parent Council, and was nominated by the staff at KPMS.

**Heather Rogers** is a neighbor of the Rocky Creek Conservation Area, helps the Friends of RCCA by monitoring trail conditions, helps with garbage cleanup, and anything else that needs doing.

**Dick Granquist, Nancy Lind, Fred Ramsdell and Marilyn Tagert** are board members of the K P Parks & Recreation District. They take no pay for all they do to maintain and improve Volunteer Park, a great resource for everyone here on the Key Peninsula whether you are involved in sports, hike or attend events such as Fire Musters or the K P Community Fair.

**Janice McMillan** has been active in the Dr. Penrose Orthopedic Guild, reads and evaluates scholarship applications at PHS, and is part of a team that determines which students merit special attention.

**Tim Kezele** has been president of the K P Civic Center and is now a vice-president of the KPCCA, has been president of the K P Historical Society and active in the museum development for a number of years.

**James "Jim" Blundell** is Vice-President of the K P Senior Society, a retired teacher who volunteers regularly at Vaughn School, and is a telephone volunteer at the Fire Department.

## State Department of Ecology Is Busy on Many Fronts

Businesses in Washington will be able to get their air quality permits faster, under a new agreement between the federal and state environmental-protection agencies. The agreement authorizes Ecology to issue all types of air quality permits for industrial facilities that emit more than 40 tons per year of conventional air pollutants. For years, permits for nitrogen oxides could be issued only by the federal EPA. This meant that there was more work for the state staff to coordinate with the federal EPA, and a longer wait for businesses to get their permits. Under the new process, the permits will be issued up to two months faster, without reducing environmental protection.

In a similar problem-solving approach, Ecology is working together with Agriculture, Health and the Office of Community Development to respond to concerns about soil contamination by arsenic and lead in large areas of Washington state, particularly Central Washington and the Puget Sound region. The focus will be on areas that have low to moderate levels of lead and arsenic, and which have been developed into residential neighborhoods, schools, day care centers and parks. A task force has been formed to provide advice and recommendations that are due in June, 2003.

Stream flow is another area of concern being worked on by the Department of Ecology. The 2001 session of the Legislature adopted a new law that encourages local watershed planning groups to recommend stream flows for state creeks and rivers. The goal is to ensure that withdrawals for residential, industrial and farming purposes do not leave the

waterways too shallow to support fish. Ecology is seeking public comments on a new guidance document designed to help local watershed-planning units set stream flows for the creeks and rivers in their area. Interested parties have until March 29th to submit their comments to Ecology. The contact person at Ecology on stream flows is **Curt Hart**, Public Information Manager, at 1-360-407-7139.

The loss of wetlands is also a major concern of the Department of Ecology. According to a new report they have issued, it is possible to successfully recreate or replace wetlands that are lost due to development. But more often than not, man-made wetlands fail due to a lack of inspection, long-term monitoring and maintenance. In this two-phase study, they examined how well man-made ("mitigated") wetlands are working in Washington. The first phase evaluated whether 45 randomly selected projects followed their mitigation plans and met permit requirements. The second phase evaluated 24 projects to determine how ecologically successful they were and to what extent they replaced the functions of the wetlands that were lost. The study found that projects to enhance existing wetlands are doing a poor job of compensating for wetland losses, but creating wetlands from scratch is doing better than expected. The Department will invite developers, local governments and others to help develop new guidance for designing, constructing, monitoring and maintaining mitigation sites.



## Peninsula Light Is Going Green

No, it's not because they're replacing the old poles with greenish ones, or because they're redecorating for St. Patrick's Day. What they're doing is offering "Green Power" to their customers. Green Power is electrical energy generated from wind, solar and other renewable resources that have little or no adverse impact on the environment.

According to Jonathan White, Marketing Coordinator, there are many reasons committing to use Green Power makes sense.

- Green Power is clean — solar, wind and geothermal resources don't harm fish and wildlife, and don't create air, water and soil pollution associated with fossil fuels.
- Green Power isn't affected by wild fluctuations in supply and price of fossil fuels, since wind and sunlight are free.
- Green Power is healthier for humans and the environment. Air pollution from electricity production costs Americans \$20 billion per year in health problems.
- Green Power is a "natural" for the Northwest, with our varied geology and climate zones, we have enough solar, wind and geothermal potential to meet at least 40% of our electricity needs.
- Green Power investments will have a positive effect on the economy of the Northwest. Some of the world's largest producers of products such as photovoltaic panels, fuel cells and wind machines are based in Washington and Oregon. Green Power is currently contributing \$1.4 billion per year to our region's economy, is expected to grow at a rate of \$4 billion a year for the next 20 years and add 12,000 new jobs to the region's workforce.

Green Power can be purchased from PLC in blocks of 100 kWh [kilowatt-hours] for \$2.80 per month, added to your regular monthly bill. For more information on Penlight's Green Power program, contact Jonathan White at 857-1514 or visit the company's website at [www.penlight.org](http://www.penlight.org).

## Cigarette Samples, A Deadly Trap For Teens

By Senator Bob Oke

On February 16th the state Senate voted 43 to 5 to approve SB 6337, a bill that will outlaw the giving away of cigarette samples — a practice that has increased by 130% since the national tobacco settlement of 1998. That settlement cost the tobacco companies millions of dollars in Washington state alone. Since then, tobacco companies have become desperate in their attempt to get more customers. Giving away cigarettes to young people is their latest ploy. They are playing a deadly game.

82% of today's adult smokers started before age 18. 3,000 kids start smoking everyday and 1,000 of those kids will die from the hazards of smoking. Outlawing cigarette samples will help parents and health care providers win the war against tobacco companies which work overtime to make teens believe smoking is cool.

Between July 1, 2001, and December 31, 2001, more than 560,000 free cigarettes were handed out in our state by seven tobacco companies. Among the places these giveaways took place are The Gorge Amphitheater, fairs and festivals, raceways and rodeos. A few months ago, at The Gorge, over 15,000 packs of cigarettes were given away in 15 days. The agreement with the tobacco companies not to give tobacco products to minors is impossible for the state Liquor Control Board to enforce because of a lack of funding and personnel. The only way to keep free cigarettes out of the hands of young people is a total ban on tobacco giveaways.

I sponsored this measure, and I believe it is the best piece of legislation I have sponsored in the 12 years I've served in the Legislature. SB 6377 is now in the House, and I would appreciate the help of parents and health-care professionals in getting the House to move it to Governor Locke's desk. The toll-free Legislative Hotline number to voice your support is 1-800-562-6000.

# Easter Sunday Is March 31, Have A Happy Easter.

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**TAKING CARE OF YOURSELF**

**Joint Pain Relief**

by Maria Bokor, Physical Therapist, Key Center MVP Therapy Clinic

While it would be great to coast through life pain free, most of us are not so lucky. Joint pain can be a mild, nagging problem that pops up occasionally, such as the low back strain experienced by "weekend warriors" who try to catch up on yardwork after a week of sedentary office life and commuting. Joint pain can also become extremely debilitating, with such severe limitations that people end up having total knee or total hip replacements.

Many people fall somewhere between these poles, and this is why physical therapists have the opportunity to work with a number of folks with joint problems. We also work with people after surgeries to ensure that their joints regain full range of motion and their muscles regain optimal strength.

Believe it or not, your back is full of joints, although we usually think more of the shoulder, elbow, wrist, knee or ankle as joints, rather than the back or neck. The primary culprits in many episodes of back pain, from a physical therapy perspective, are the abdominals. The beer belly or pot-belly that many people develop as the years grow upon them has, unfortunately, more consequences than a Santa Claus look-alike appearance. Without a reasonable amount of abdominal muscle "tone" providing postural support throughout the day, our relatively small lumbar paraspinals become overwhelmed. When muscles that are ideally providing our bodies with postural support begin to slack off, our spinal joints end up enduring phenomenal pressure. Sitting in a car, for instance, places more stress on our lumbar spine than walking.

Fortunately, there are some simple prevention strategies that can alleviate joint pain. If the pain is arthritic in nature, good old-fashioned heat can provide a great deal of relief. Moist heat tends to feel more comforting than dry heat — most stores now sell "moist" electric heating pads with a built-in sponge. Epsom Salt, easily available and fairly inexpensive, can provide a great "mineral bath" soak to sooth aches and pains. If the pain is associated with inflammation or swelling, ice is recommended instead of heat. A bag of frozen peas usually does the trick.

After some TLC to take off the edge, it's time to get a fitness routine started. Muscle strengthening and stretching are almost always helpful, although with severe arthritis, it is best to avoid undue stress on joints. Any exercise routine needs to be chosen carefully if there is pain present — pain is your body's way of letting you know there is a problem demanding attention. Joints thrive on motion — this is what provides their lubrication and keeps the "ball bearing" of the body running smoothly. Without enough daily motion, joints dry out and get rusty, just like old iron screws left outside.

Just as you take your car to the mechanic for a "tune up" when it's not running smoothly, you may want to consider a few physical therapy sessions when your joints are not working smoothly for you. If your doctor agrees, you may find that you can learn some easy exercises that help your personal "car" last a few more years — keep those ball-bearings well-lubricated and they'll hopefully last a lifetime.



**To Your Health**

by William F. Roes, M.D.

"Doc, what are these things growing on my neck?" is a common question that I hear. This is usually followed up by, "And how do I get rid of them?" The most common offending growths are the lowly skin tag (known as acrochordon in the medical literature). This is typically a small lesion that grows with time from a tiny lump to a piece of skin on a stalk up to 1/4 inch long. They usually show up in middle age, and have a tendency to grow over time. Skin tags are most common around the neck, under the armpits (axilla) and on the trunk, and are seldom singular, usually developing in groups of up to twenty. They are rarely associated with moles and rarely get infected, but are a general nuisance, catching on clothes and jewelry, and are unsightly. In olden times the treatment was to tie a hair around them, which works, but is painful and causes them to swell with trapped blood before they wither and fall off. Your physician can freeze small ones with liquid nitrogen, but larger ones generally need to be removed by a minor surgical procedure. I generally tell people to have them removed when they bother them, as they rarely if ever cause medical problems or turn into something more ominous.

Skin tags are the same color as skin, which distinguishes them from other lesions on the neck that are discolored and more likely to be a problem. Ranking number two in frequency are seborrheic keratoses, which can also be raised above the skin, but less likely to be on a stalk like acrochordons. Seborrheic keratoses are typically very dark and almost appear to be stuck on the skin, with a rough, warty, and almost greasy texture. They also tend to grow with age, and can also be removed with freezing or surgically if they cause a problem. There are times when seborrheic keratoses can be confused with moles, but moles tend to be present from childhood, whereas the keratoses form spontaneously during adulthood. The other black lesion that develops and is more worrisome is a melanoma, which is the most serious type of skin cancer. Melanomas are typically black, develop as new lesions, and require a surgical excision that includes normal skin around and below the lesion. They can sometimes be difficult to distinguish from seborrheic keratoses or moles, and if there is a questionable lesion it's best to have a physician look at it.

There are certainly other skin lesions that appear on the neck, but few that show up as growths on the skin. Neck lumps that are growing under the skin are a different topic and merit further investigation.

In summary, skin tags are a sign of maturity. Think of them as an outward sign of your accumulated wisdom that comes with age. On the other hand, if they become a nuisance, they can easily be removed by your physician.

**State Senate Bill Aims At Removal Of Abandoned Fishing Gear**

In mid-February the State Senate unanimously approved SB 6313 to set in motion a much-needed program to rid state waters of lost nets and other derelict fishing gear that plague marine life. Currently, programs to remove abandoned gear are hampered by a lack of guidance on safe gear removal, and the time-consuming permit process required for all work in state waters.

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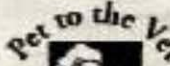
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**YESTERDAY'S TEENAGERS!**  
Key Peninsula Senior Society  
by Jim Nolan @ 851-4847



Greetings. Spring is upon us for sure, and even us old fogies are feeling the urge to get out into the yard or garden and check on those swelling buds and those welcome primroses and crocuses.

First, let's return to our off-and-on feature, SENIOR SURVEY, just to keep you up to date on the way this group of seniors is thinking. Subject: The recently completed OLYMPIC GAMES this winter in Salt Lake City. Question: How much coverage of the Winter Olympics did you watch in February? Some 32 Seniors responded: Watched a lot - 17; watched some or a little - 9; not interested, watched none - 6. So, how does this result fit with your attention to TV Olympic coverage?

The WINTER VISUALS art event at the KP Civic Center on February 2 was apparently a BIG success. Some 2000 attended during the Saturday afternoon show. Our Senior group provided the volunteers who handled the fast-food concession, and those hard-working kitchen helpers deserve to be recognized for their long hours and good food. They were: Chuck Williamson - Chief Chef & Boss, ably assisted by Arminda & Vic Doggett, Evie Stinson, Helen Wolniewicz, Rose Malmgren, Virginia Adkisson and Jim Blundell. They handled the food service from 9 AM to 5 PM - all to benefit the CIVIC CENTER and the palates of Winter Visual attendees. THANKS FOLKS.

Speaking of Chuck Williamson, he reports the recent completion of a BRAND NEW roof over his patio overlooking Henderson Bay. He's rightly proud of this new addition, and should be. Now he can enjoy his 180-plus degree view now, even when it rains or shines too brightly.

February was a good month for our Senior Thursday noon meetings, especially our VALENTINE'S DAY pot-luck on the 14th. It was a special party in honor of MARTHA APPLIGATE — long-time member of KP Seniors — and one who has contributed greatly over the past years. Martha is known for her doll-houses which she designs and constructs herself, from floor to shingles and all in between. Martha writes, reads, cooks and sews beautifully — all of which she has done for the benefit of KP Seniors. And we are particularly grateful to this valued member, who continues to meet with us every Thursday despite the fact that she was NINETY (90) years old on her birthday last month. MARTHA — We all love you!!!!

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Also with a February birthday was Helen Wolniewicz and celebrating birthdays this month are Ruth Chambers, Arminda Doggett, Bea Emil, Larry Hagan and Rose Malmgren...Cheers!

**WEARIN' OF THE GREEN:** This is IRISH month, and the SENIOR PARTY will be on the 14th, a wee bit before St. Patrick's Day, but we'll be talkin' in Irish brogues, eatin' Irish food and welcomin' all Seniors to join us at noon in the Civic Center as usual. Potluck, no charge, come BE IRISH, bejabbers!!

"Wouldn't be March without an IRISH story, so here 'tis, and may all your laughs be little chuckles —"

Pat and Mike were brothers and for years and years attended the county fair together, spending their small amount of money carefully. But Pat saw the barnstorming airplane on the fairgrounds, and said to Mike, "I'm 80 years old and have always wanted to fly in a plane." But Mike replied, "Ah yes Pat, but the fare is 50 dollars and 50 dollars is 50 dollars." "So it is," sighed Pat. The pilot, overhearing, said, "Boys, here's what I'll do — You can both have a plane ride together, and if neither of you makes a sound, there'll be no charge. But if I hear a peep-out of either, the charge is 50 dollars." The boys accepted, the plane took off, the pilot did barrel-rolls, loop-the-loops, and every kind of scary maneuver he knew, but there was no sound at all. After the landing, he called out, "I have to hand it to you two. I never heard a single word from the rear cockpit." "Well," said Pat, "I almost said something when Mike fell out — but 50 dollars is 50 dollars."

More — next month ....bye, bye.

### ANGEL NOTES

by Frankie Johnson

For those of us who do the clerking in the Angel Guild Thrift Shop there has been a very exciting development. We bought a second hand display case! Dick Johnson was kind enough to do all the work of transporting and installing the unit. He manipulated our old counter to sit in front of the window at a right angle, giving us double the space for all our supplies. It really turned out nice! At nagging from his wife (me) he also installed a new fan and light in the bathroom and did some other small projects to make the shop better for all of us. Jarvis Krumbain (another Angel husband) put up an electronic surveillance camera to monitor the activity on our donation porch at night. The ladies of the Angel Guild would be lost without the generous help of our husbands and friends who do these constant repair and update projects. Thank you! Thank you!

With the new counter and old one in place, our Jewelry Department head, Georgia Steele, made a beautiful display. It has three shelves instead of only one in the old one. Georgia is very creative with monthly themes for her gems.

We would appreciate that all donations be taken to the back shed and placed on the covered porch. anytime you would like a receipt for your tax records, just stop by when we are working in the shed or the shop and we will provide one for you.

The Angels recently helped the choral group at KPMS with funds for their outfits. They will be on PBS on March 14th. We hope to have them sing for us at a meeting soon. Our annual luncheon will be here soon in April, when we have a potluck and invite past members to join us for the fun.

Come on in to the shop soon and see the new counter. We do enjoy all visitors and shoppers.

### KPCCA ASSOCIATION 2002 CALENDAR OF EVENTS

CITIZEN OF THE YEAR BANQUET	March 16th
ANNUAL EASTER EGG HUNT	March 30th
LITTLE LEAGUE BREAKFAST	April 13th
TOPS RUMMAGE SALE	April 27th
ORTHOPEDIC GUILD - Ciscoe Morris	April 28th
HARBOR HEIGHTS SCHOOL AUCTION	May 4th
JAZZ IN JUNE	June 1st
KPCCA FIREWORKS DEMO	June
FIREWORKS BOOTH SALES	June 29th - July 4th
KEY PENINSULA COMMUNITY FAIR	August 23rd - 25th
FIREFIGHTERS BALL	September 28th
HALLOWEEN HARVEST CARNIVAL	October 31st
HOLIDAY ARTS & CRAFT FAIR	November 16th
SALATINO'S CHRISTMAS DINNER	December 25th
NEW YEAR'S EVE DANCE	December 31st



**Heroes of the Key Peninsula - Fire at Bayside Animal Lodge**

By Robert McCrossin, Bayside Animal Lodge, Ltd.

What a great community we live in. It is unique to the Northwest and from what I have found recently, a place where we take care of each other. It starts with anonymous neighbors who step up and lend a hand and ends with our area's finest saving the day.

We recently had a small fire which could have been much more serious had it not been for the kindness of neighbors and the speedy response from our fire department and emergency medical service. Thanks to our favorite family for thinking fast — you know who you are — and thanks to the folks at KP Video for their unselfishness. Special thanks to Fire Chief Gary Franz, Lieutenant Dale Heidal, Captain Chuck West, Firefighters Heidi Whittmore, Tracy Barbee, Thomas D'Angelo, Tony Carr and Wes Van Slyke for making sure the animals in our care were never in danger. To a lot of families in our area, you are the true Heroes of Key Peninsula.

**New Field Lights At Volunteer Park To Be Dedicated April 6th**

By Nancy Lind

The new field lights at Volunteer Park are scheduled to be dedicated on the opening day of Little League, April 6th. KP residents are encouraged to come to the park to watch the field light installation and to attend the dedication on April 6th. The annual breakfast to benefit Little League will be on Saturday, April 13th, at the KP Civic Center, from 9:00 to 11:30 AM.

Men's & Women's Softball signups are ongoing now, with the first meeting set for March 23 at 6:30 PM at Volunteer Park Annex. On April 3rd at 6:30 teams will receive game schedules. To sign up, call the Park at 884-9240.

To sign up for Men's Adult Baseball, call the Park at 884-9240.

The tennis court is available for any who want to come to play tennis.

Any interest in starting a Horseshoe League? Call the Park.

Volunteers are needed to help assemble the playground equipment as soon as possible. Call the Park if you can help out.

The Park Board is still accepting applications for a concessionaire to run the concession stand. Call the Park at 884-9240 if you're interested.

And we extend a hearty welcome to Matt Medveckus as the new groundskeeper at Volunteer Park.

The Friends of Rocky Creek meet at 2:00 pm on the second Thursday of the month at the Key Center Fire Station to work on resolving issues still facing the Rocky Creek Conservation Area. "NO SHOOTING" signs are needed along the Cushman Power Line corridor; 4x4 vehicles have to be kept from squirreling about in the park; and garbage always needs to be picked up. Planning for Earth Day in April and getting the Newsletter out are other tasks that need to be worked on.

People who like to walk the trails on the last Sunday of each month meet at 2:00 pm in the large open area (the Dedication Site) at the park.

If you are interested in participating in activities at the Rocky Creek Conservation Area and/or want more information, please call Nancy Lind at 884-3347.

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3 Key Peninsula Baptist Church 8:30am-1:00pm	4 Yoga 9:30-11:00am CHS 1:00-2:30PM Brownies 3:30-4:30pm Karate 7:00-9:00pm Yoga 4:30-6:00pm EXECUTIVE BOARD MEETING 7PM	5 CHS 9:00am-Noon WIC 8:00-4:00pm Little Buddies 3:30-5pm TOPS 6:00-8:00pm Scouts 6:30-8:30pm	6 Yoga 9:30-11:00am Bible 6:30-8:30pm AWANA 6:30-8:30pm LIONS 6:30-9:00pm	7 Seniors 10:00-4:00pm Museum 1:00-4:00pm Karate 7:00-9:00pm Yoga 7:30-9:00pm	8 Skate night 6:30-9:00pm	9 Museum 1:00-4:00pm Dog Obedience 10:00-11:30am Teen Coffee House 6pm
10 Key Peninsula Baptist Church 8:30am-1:00pm	11 Yoga 9:30-11:00am CHS 1:00-2:30PM Brownies 3:30-4:30pm Yoga 4:30-6:00pm Karate 7:00-9:00pm VFW 7:00-9:00pm VFW Aux. 7:00-9:00pm	12 CHS 9:00am-Noon CHS 3:00-5:30pm WIC 8:00-4:00pm Little Buddies 3:30-5:00pm TOPS 6:00-8:00pm Scouts 6:30-8:30pm	13 Yoga 9:30-11:00am Bible 6:30-8:30pm AWANA 6:30-8:30pm	14 Seniors 10:00-4:00pm Museum 1:00-4:00pm Karate 7:00-9:00pm KPCCA BOARD MEETING 7PM	15 Skate night 6:30-9:00pm	16 Museum 1:00-4:00pm  <b>CITIZEN OF THE YEAR AWARD DINNER 6:00PM</b>
17 Key Peninsula Baptist Church 8:30am-1:00pm   ST. PATRICK'S DAY	18 Yoga 9:30-11:00am CHS 1:00-2:30PM Brownies 3:30-4:30pm Yoga 4:30-6:00pm Karate 7:00-9:00pm	19 CHS 9:00am-Noon CHS 1:00-5:30pm WIC 8:00-4:00pm TOPS 6:00-8:00pm Scouts 6:30-8:30pm	20 Yoga 9:30-11:00am LIONS 6:30-9:00pm Bible 6:30-8:30pm AWANA 6:30-8:30pm	21 Seniors 10:00-4:00pm Museum 1:00-4:00pm Karate 7:00-9:00pm Yoga 7:30-9:00pm	22 Skate night 6:30-9:00pm	23 Museum 1:00-4:00pm Dog Obedience 10:00-11:30am
24 Key Peninsula Baptist Church 8:30am to 1:00pm  Key Peninsula Baptist Church 8:30am-1:00pm EASTER 31	25 Yoga 9:30-11:00am CHS 1:00-2:30 PM Brownies 3:30-4:30pm Yoga 4:30-6:00pm Karate 7:00-9:00pm VFW 7:00-9:00pm VFW Aux 7:00-9:00pm	26 CHS 9:00am-Noon CHS 1:00-5:30pm WIC 8:00-4:00pm Little Buddies 3:30-5:00pm TOPS 6:00-8:00pm Scouts 6:30-8:30pm	27 Yoga 9:30-11:00am Healthy Families 10:00am - Noon Bible 6:30-8:30pm AWANA 6:30-8:30pm	28 Seniors 10:00-4:00pm Museum 1:00-4:00pm Karate 7:00-9:00pm	29 Skate night 6:30-9:00pm	30 Museum 1:00-4:00pm Dog Obedience 10:00-11:30am EASTER EGG HUNT 12:00 NOON 



## The Garden In March 2002

by Sylvia Retherford  
(253) 884-2487



The Spring, or Vernal, Equinox arrives on March 20th and we shall have 12 hours between sunrise and sunset. Spring is well advanced for us, with crocus, daffodils, narcissus, snow drops and primroses coloring our garden for several weeks.

*Daphne odora* and *Sarcococca* (varilla bush) have been perfuming the air for some time. Flowering almond (*Prunus triloba*), a shrub, is showing a brilliant pink display after looking dead all winter. Some of the stems did die and those should be removed. *Bergenia crassifolia* with its large glossy leaves and clusters of pink flowers is still a joy.

Lily bulbs are beginning to poke their noses above soil level. Slugs are a real threat at this stage. Baiting them helps. The poison is metaldehyde which breaks down in a few days. We sincerely hope that our precious snakes and birds do not eat a poisoned slug before we bury it. There are other methods of control that have not been successful for us. [Ed. Hand-picking is good, but you have to persist, and beer is a bust.]

March is a good time to plant ornamental or fruit-bearing shrubs, such as raspberries, blackberries and blueberries. If you have not already done so, it is time to plant spinach, lettuce and other salad greens. It is a little late for planting peas, but if it remains cool, they may do well.

The public is invited to welcome Ciscoe Morris, well-known TV personality, who will speak at the Key Peninsula Civic Center in Vaughn on Sunday, April 28 at 2 PM. The Dr. Penrose Orthopedic Guild is sponsoring his visit. All the proceeds from the \$10 admission charge will go to the Mary Bridge Children's Hospital. For more information, call Peggy Robertson at 884-2228.

### Vaughn Bay Garden Club

The March 20th meeting will be at the home of Shirley Barbee with Sandra Drummond as co-hostess. Rod Barbee will present Nature slides for the program.

For information, please call 884-1527.

### BAYSHORE GARDEN CLUB

The Bayshore Garden Club will meet at the Longbranch Improvement Club on Friday, March 15th, at 12 Noon, beginning with lunch by hostesses Dorothy Rome and Doris Boudreau, followed by the business meeting. The theme speaker on perennials is Dorothy Rome and Ann Waldo will present a design for critique.

## Pretty Gardens Close At Hand

- PART I by Colleen Slater

Many volunteers contribute to keeping the KP Civic Center maintained and operating, including dedicated gardeners. In addition to foundation plantings around the buildings, three different groups have planted and maintain special gardens there, designed for public view and appreciation.

The first group is the Vaughn Bay Garden Club Memorial Garden.

The Civic Center, originally Vaughn Union High School and later Vaughn Elementary School, was gifted with plants for the foundation gardens from the Garden Club and other organizations and individuals.

The Vaughn Bay Garden Club, founded in 1928, also provided and maintained flower boxes at the Civic Center for many years. In more recent years, the Garden Club planted the garden by the reader board. Designed by Dale Loy and Tim Kezcle, it consisted mainly of evergreen azaleas, heather, daffodils and tulips. That area has been part of the parking lot and was mostly clay. Joyce Niemann, who with Peggy Dervaes did most of the initial preparation and planting, said they had to use a pick axe at the beginning. They used cleanings from the Niemann barn to improve the soil for planting. The garden was planned as a memorial for past Garden Club members,

but the KP Seniors paid for the heather plants and other individuals have also donated plants. Kathy DuPriest provided day lilies a few years ago and pink columbines sprouted from the hay used to mulch one year. Some new daffodil and tulip bulbs are planted annually. The Garden Club plans to have a Memorial Garden plaque in place this spring.

Take time to admire the KPCC garden spots as you drive or walk by. And thank you to all the volunteers who have and who continue to put in time, effort and resources for these beauty spots in our Civic Center landscape.

### Lakebay Fuchsia Society

The monthly meeting of the Lakebay Fuchsia Society will be held at the Key Center Library on March 7th at 7:00 PM. Claudia Loy from Sunnycrest Nursery will talk about Organic Gardening "The Green and Things Way". Visitors are welcome. Contact person: Ginnie Aardal, 884-9744.



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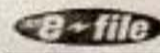
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**Questions & Answers**  
**Financial Focus**

Submitted by Connie R. Rose

**Lower Your Tax Bill**

Were you one of the millions of Americans who received tax rebate checks last year? If so, how would you like to experience that kind of savings every year? You can by investing in tax-free investments, such as municipal bonds, tax-free unit investment trusts and tax-free mutual funds.

Tax-free investments pay interest that is free from federal taxes, so you keep more of the income you earn. That means more money for you to spend as you wish rather than sending it to the IRS.

How do you determine if you can benefit from tax-free investments? It's actually a very simple, two-step process. All you need is a copy of your most recent 1040 tax form.

Step 1 - Read Line 8a on the form. This is how much taxable interest income you earned and paid taxes on. For instance, if you earned \$1,000 and were in the 27 percent tax bracket, after paying taxes, you had \$730. ( $\$1,000 \times 0.27 = \$270$  in taxes;  $\$1,000 - \$270 = \$730$ )

Step 2 - Now, look at Line 8b. This is how much tax-exempt interest income you earned. Although you report this income, you don't pay taxes on it. In other words, if you earned \$1,000 in tax-exempt interest income, you kept \$1,000.

To put it simply, the more income you can move from Line 8a to Line 8b, the more money you get to keep.

If you've never considered tax-free investments before, you may be discouraged by the seemingly lower rates of returns tax-free investments offer when compared to taxable investments. Don't fall into this trap. Remember, you don't pay taxes on the income from tax-free investments; to get a true comparison of returns, you must examine after-tax returns.

Sound complicated? It's not. All you need is the rates offered by both investments and your current tax bracket. The following chart does all the hard work for you.

For example, if you're in the 27 percent tax bracket, you would need to earn 6.85 percent on a taxable investment to match the tax-free return of a municipal bond paying just 5 percent. (The numbers in this chart do not represent currently available rates. They are for illustrative purposes.)

Tax-free Yield	Marginal Tax Rate				
	15%	27%	30%	35%	38.6%
	Taxable Equivalent Yield				
4.0%	4.71%	5.48%	5.57%	6.15%	6.51%
4.5%	5.29%	6.16%	6.43%	6.92%	7.33%
5.0%	5.88%	6.85%	7.14%	7.69%	8.14%
5.5%	6.47%	7.53%	7.86%	8.46%	8.96%
6.0%	7.06%	8.22%	8.57%	9.23%	9.77%

It's important to note that tax-free mutual funds and unit trusts may be subject to alternative minimum tax as well as state and local taxes. Both will affect your after-tax return, so be sure to ask about this when considering any tax-free investment.

Can you benefit from tax-free investments? If you received a tax rebate check last year, chances are that you can. To confirm this, check your most recent 1040 form and compare Lines 8a and 8b. If you can benefit from moving more income from Line 8a to Line 8b, consult an investment professional to see which tax-free recommendations are best-suited to your individual investment needs and goals. With a little homework today, you can position yourself to reap the benefits of tax savings for years to come.



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## FIRE DISTRICT 16 NEWS

by Ruth Bramhall

**Thermal Imaging Camera**

What is it? How is it used? Who would be using it? Why do we need one? Why hasn't the District already purchased one? When should we consider getting one? These are many of the questions being asked of the Key Peninsula Fire District right now, and so I thought I would bring this subject to you and try to provide the answers for you.

The thermal imaging camera is a new device that is designed to read the variances in heat, which is contained in every animate object under the sun. Even in very cold temperatures or very hot temperatures, the heat contained in objects will vary and can therefore be seen with this camera in the form of images. As an example, if the camera were pointed at the floor where someone has just walked, this camera would actually show the images of the warmer footprints in contrast to the colder floor surface where the person had just walked.

In the fire service, this camera technology is used to help firefighters perform many of the most dangerous parts of their job more safely. If you have ever seen a house burning you know that very black, dense smoke is produced. Firefighters must enter into these black smoke situations to conduct rescue searches and to find the location of the fire for extinguishment. Without the aid of this camera technology, this searching process takes a very long time because the firefighters must follow the walls in a building to know where they are, as they literally cannot see their own hand in front of their face.

The thermal imaging camera "sees" right through smoke or darkness by reading the heat signatures from the objects it is pointed at and this allows firefighters to know exactly where they are and to see objects such as doors, hallways and most importantly any victims so they can remove them immediately. The KP Fire Department actually had a person collapse outside in the brush after breathing smoke from a fire in the house. The victim was found some time later during a physical search process but could have been located much faster with a simple camera scan of the area. In short, a thermal imaging camera will help to save lives, for both firefighters and citizens.

This new technology, of course, does not come cheap. Such cameras are running between \$12,000 and \$16,000 each. The District can see the value in purchasing such a device, but there are many other equipment needs that the District is working to address first. The Firefighters' Association is considering earmarking a portion of the funds raised from projects over the year to help buy this camera for the District. The camera would likely be carried on the command vehicle, which responds to all major incidents every day of the year.

I thought you should know about this new technology so that if you are driving around and see the Firefighters' Association car wash this summer, or hear of other fundraising functions, you might consider stopping and helping us get this camera purchased sooner rather than later. And if you would like to make a donation for the camera, you may do so directly to the Association by calling 884-2222.

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