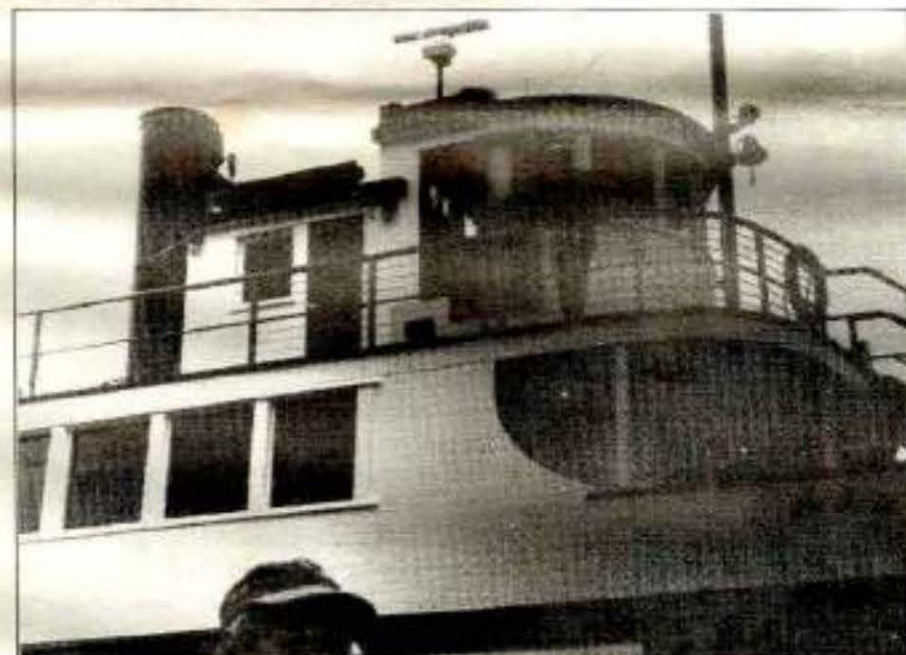


## Virginia V at Filucy Bay



The beautifully-restored "Virginia V", probably the last remaining member of the famous Puget Sound "Mosquito Fleet", visited at the Longbranch Marina in June. It had been planned that the Virginia V would bring a boatload of passengers down from Seattle to Gig Harbor, then transport another group on a breakfast cruise from Gig Harbor to Longbranch, and then offer other cruises out of Longbranch, including school children. Although the ship made all the visits to these harbors, no passengers were allowed to sail on her as the expected Coast Guard clearance did not come through in time.

The Virginia V did stay overnight at Filucy Bay and the crew and members of the Virginia V Restoration Committee were entertained at dinner in the Longbranch area.

Photos by Lee Stiles

### THEATER ANYONE ???

Recognizing the need for community theater on the Key Peninsula, the Boards of Two Waters Arts Alliance and the Key Peninsula Civic Center Association are embarking on a united effort to remodel the stage at the Civic Center.

We are seeking qualified individuals to redesign the stage and to assess the needs for new lighting and sound systems. Once the plans and designs are completed, we can initiate the process of applying for grants to complete this huge undertaking.

If you have had ANY experience in these areas and would like to be an integral part of this community project, please call Jena at the Civic Center, 884-3456, or Sylvia, 884-3603. We would love to hear from you!

## Longbranch Church Salmon Bake Saturday, July 27th

The Longbranch Community Church will hold their annual fund raising Salmon Bake at the Longbranch Improvement Club on Saturday, July 27th. The event will include a deluxe salmon dinner, a raffle, entertainment and both a live and silent auction.

The top raffle prize is a one night deluxe accomodation in the Jacuzzi Suite, along with dinner, at the Inn at Gig Harbor. Among the other prizes are a dinner for two aboard the Spirit of Washington Dinner Train.

A wide variety of items will be auctioned, including a guided kayak trip down the Tacoma Narrows. Other attractions include kid's games and a white elephant sale.

Chef Oliver Coldeen says dinner with all the trimmings will be served from 2:00 P.M. to 6:00 P.M. Special treats are fresh squeezed lemonade and, topping off the meal, strawberry shortcake.

Advance tickets are \$10 for adults, children up to age 12 — \$5.00, and those under 5 eat free. Tickets may be purchased from any member of the Longbranch Community Church, or at Sunnycrest Nursery, Charboneau Supply, the Longbranch Marina, the Home Country Store and Coast-to-Coast Hardware at Lake Kathryn. More information may be obtained by calling 884-9339.

Proceeds from the event will go towards community and church functions. Buy your tickets now and mark your calendar.

## Kidmobile Offers Free Fun At Evergreen & Discovery Elementaries

Pierce County Parks and Recreation will once again be making the rounds to visit area playgrounds to offer FREE fun and games for kids ages 5 to 12 on a weekly basis. From July 1 through August 8 the Kidmobile will make 2 1/2 hour stops offering the drop-in program for kids and parents. Three Recreation Department leaders will teach a variety of new games and cooperative play activities. These activities build self-esteem, develop mutual group support, encourage cooperation and communication and most of all are just plain fun.

The majority of the games will be non-traditional in nature and require no particular equipment or ability. For more information, call 798-4753.

Here on the Key Peninsula, the Kidmobile will be at Evergreen Elementary School, 1820 K P Hiway S, Lakebay, from 9:30 AM to noon on the following Mondays: July 1, 8, 15, 22, 29, and August 5. On the same Mondays the Kidmobile will be at Discovery Elementary, 4905 Rosedale Street NW in Gig Harbor, from 1:00 PM to 3:30 PM.

## Project Help Contributions Help Needy Neighbors

Each year, through a partnership with Key Peninsula Community Services, Peninsula Light Company sponsors *Project Help*, a program that helps pay winter heating bills of qualifying local families. Penlight members are encouraged to 'give the gift of warmth' through cash donations to the *Project Help* fund. This past winter, Penlight members' contributions totaled \$14,603. Penlight contributed an additional \$47,914 to the fund for a total of \$62,517. According to Karen Brandt, Penlight's Customer Services Manager, this helped 312 Peninsula families pay their winter heating bills.

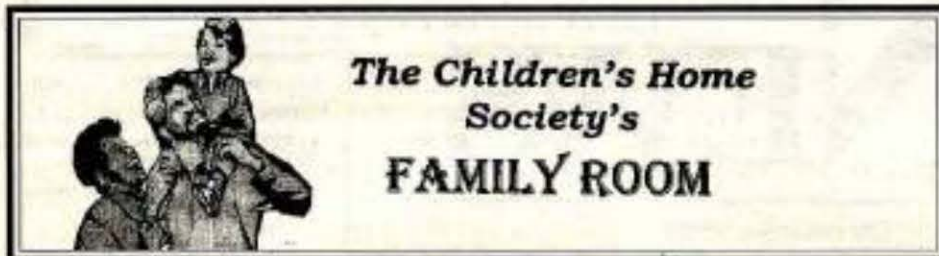
Contributions are tax deductible and go entirely to the fund — no administrative costs are taken. "Penlight matches every donation dollar for dollar," says Karen. "So a member's contribution goes even further." With the continuing economic downturn, continues Karen, "This year the need will be greater than ever. Contributions are accepted year-round."

To make a donation to *Project Help*, simply send your check to Project Help, Peninsula Light Company, P.O. Box 78, Gig Harbor, WA 98335. For more information, call the Penlight Customer Service Department at 857-1510.

## Quote of The Month

"I don't know the key to success, but the key to failure is trying to please everybody."

Bill Cosby



**The Children's Home  
Society's  
FAMILY ROOM**

Submitted by: Edie Morgan

This month we just want to let you know that we still have lots of room in our upcoming Summer Fun Youth Program, which begins July 8<sup>th</sup> and runs through August 2<sup>nd</sup>. We have programs at two separate sites for children entering 1<sup>st</sup> through 5<sup>th</sup> grade in the Fall. We also welcome Middle School Helpers (6<sup>th</sup> through 8<sup>th</sup> grade in the Fall) who are looking for a new experience this year. The program will be held Monday and Tuesday at the Civic Center in Vaughn from 8:30 AM to 12:30 PM. Our second site is Evergreen Elementary School, Wednesday and Friday mornings from 8:30 AM to 12:30 PM. Activities include cooperative play, literacy and language skills (German class this year!), crafts and cooking, and visits from community "neighbors." We are finalizing plans for a couple of field trips this year as well.

We always have a lot of fun, and we really hope you'll join us.

As of this writing, we also have a few openings left in our Kindercamp program on Wednesdays at Evergreen Elementary, 9 AM - noon. Kindercamp is a parent-child program, designed for children ages 2 through 5 years. Space is limited in this program, so registration is on a first-come, first-served basis.

Cost for the Summer Fun Youth Program is \$20 total per child per site for the full four weeks. Cost for Kindercamp is \$10 total per child for the full four weeks. Scholarships are available, so please don't let cost prevent your child from participating. Please call us at 884-5433 for more information, or to register.

For information on any of our programs or services, please call the Children's Home Society Key Peninsula Family Resource Center at 884-5433. Our office is in the lower level of the KP Civic Center and we're open 9AM-4PM Monday through Friday.

## K P Business Association Gets a Medical Check-Up

By Nancy Lind

Dr. William F. Roes of the Key Medical Center was the speaker at the noon luncheon meeting of the KPBA on Friday, June 21st, at the Horseshoe Lake Restaurant. He gave a brief history of medical practice on the Key Peninsula. There was a physician in Lakebay early on, then the K P Health Clinic opened at the Longbranch Church, supported by the Angel Guild. Dr. Roes remembers when a bath cost 50 cents at that clinic. Dean Shriner was the Nurse Practitioner, Jeannie Broadsack, Judy Wilson and Nat Knox were the staff, and a Health Board oversaw the operation.

Dr. Roes said he came out in 1977 as a medical student, then the clinic was moved to what was at that time a house just across K P Hwy N from where the library is now. The fireplace in Gaye Williams' Shear Magic is part of that house. In 1979 Dr. Roes came back and did his residency program, working half days. In '81 he went to full-time and made a 3-year commitment to pay back his Federal Medical Service responsibility.

In '82 the clinic/library building, financed by a block grant, was constructed on swampy land. The concrete pad under the library but concrete piers only under the clinic part of the building caused a number of problems. The need for a bigger building was apparent, so in '93 the building on the hill above the library/clinic was built. Getting water to that building was a problem, and Dr. Roes was the president of the new water system, which is now operated by Peninsula Light's water department.

Dr. Roes said they've been searching for another physician for 10 years, but the search has not been productive. New doctors are not inclined towards solo private practice. The insurance issue is a problem as it is in so many places with the high cost of insurance. Dr. Roes stopped obstetrics as a part of his practice in 1995, so the spectrum of age ranges among his patients is moving upward. The Key Medical Center now has about 3,000 active patient charts in its files, accounting for about 10,000 office visits a year, many of which are Medicaid and Medicare patients. And Medicine is more complicated these days and medical needs are more complicated.

We are fortunate to have someone like Dr. Roes in our community. Many communities are hurting for want of a local doctor in their midst. His clinic is a beautiful building and is a real tribute to a person who saw the needs of a community and has dedicated most of his career to being of great service to his community and his profession.

The KPBA meets at the Homeport Restaurant on the first Friday of each month at 7:30 AM for breakfast and at the Horseshoe Lake Restaurant on the third Friday of each month at 12 noon for lunch. Everyone is welcome to attend these business meetings and we encourage you to become a member.

### HOME TOWN MEETING — JULY 18th

The next Home Town Meeting will be on Thursday, July 18th at 7 P.M. at the Home Fire Station. Dennis Taylor, Facilitator for the Safe Streets program, will be the speaker. Topic: The Key Peninsula Livable Community Project. Everyone is welcome.

## Two Waters Arts Alliance Starts the Art for Summer

The Peninsula's new arts organization, Two Waters, has filled its first class and won praise from local artists and supporters. Founded by textile artist Margo Macdonald and arts enthusiast Kathy Bauer, the organization has grown quickly to include teachers, parents, supporters and participants. Based at the Key Peninsula Civic Center, Two Waters Arts Alliance offers classes, events, performances and support for professional and amateur artists who live and work on the Key Peninsula.



Artist Virginia Thompson sketching during a life drawing session

"We felt it was a good time to bring arts into the spotlight on the Peninsula. There is as much talent between Case and Carr Inlets as anywhere — those two waters both define and enhance our lives here on the peninsula," said co-founder Kathy Bauer. "Our community includes so many who appreciate art in its many forms and Two Waters will help focus and promote art and the enjoyment it brings."

Tuition scholarships from the Cultural Arts Commission and a generous startup grant from the Angel Guild allow a wide range of participants in the programs.

Melissa Weinman, well-known Tacoma artist and University of Puget Sound teacher, will lead a just-announced drawing class on August 17th at the KP Civic Center. Combining lecture and sketching, the fast-paced master class will cover artistic anatomy, center of gravity and proportion techniques. Class size is limited — call 884-2955 now.

Summer activities include Wednesday evening model drawing, beach art and pottery, open mike performances and outdoor movies. On July 27th and 28th you can build a scarecrow from recycled and found objects. Your "sculpture" will be displayed at Sunnycrest Nursery, with a poetry jam to celebrate the experience.

Family discounts are available for all events — For complete information call Margo at 884-2955.

## What's New At The Firehouse ?

By Ruth Bramhall

You know that Chief Franz has taken a job in Graham and that Administrative Manager Kathy Hale has taken a job in University Place. To fill these positions Assistant Chief Eric Nelsen has taken the job of Chief on an interim basis, until the Commissioners can receive suggestions and discuss what permanent move to make.

Christina Bosch, who was part-time, is now the full-time Administrative Assistant. After a testing process, Allison Royer was hired part-time to be the Commissioners' secretary and to do other jobs as assigned. DeeDee Kerkes is still the Administrative Secretary, with some rearranging of her duties.

Captain Tom Lique and Captain Tracy Lyon, who are medical and training officers, respectively, have been elevated to Division Chiefs and will be sharing the shift duties with Chief Nelsen.

After the Shift Lieutenants were promoted to Shift Captains there was one more change to be made — replace the Lieutenants. There was an established list that had been posted, after a testing process, and after interviews, Mike Riegle, Hal Wolverson and Dale Heidal were assigned those positions.

A budgeting process was established by the Commissioners about three years ago so the hard-worked ambulances can be replaced every two years. As this goes to press, two of our employees are in Florida picking up this year's new vehicle.

It has not been possible to establish a funding schedule to replace the other engines and equipment, so, if you have not already heard, a LEVY COMMITTEE has been formed and the first meeting will be on Saturday, June 29th, at Volunteer Park. We have to come to you, the taxpayer, for funds to do that. I'll write more about this next month, but in the meantime if you would like to help, become involved or better informed, call 857-5184 or 884-2222.

2002 is the 50th Anniversary of your Fire Department, and they will be issuing a special publication with lots of information and pictures. If you have any information you would like to add, if you hurry you might still be able to submit it by calling 884-5184. Otherwise, look for the special report — we hope you enjoy it.

[Ed. Note: If you didn't notice the message on the reader board at the HQ fire station in Key Center, the public is invited to attend the Commissioners' Meeting Wednesday, July 10th, at 7:00 PM to help celebrate 50 years of service by Fire District 16.]

## Pierce County Sportsman's Council Elections

On Monday, June 3rd, 2002, The Key Peninsula Sportsmen's Club hosted members of the Pierce County Sportsmen's Council. On the agenda of this annual event was the election of officers. 14 members of the Council from many areas of Pierce County were in attendance along with 7 local members. Pierce County Council President Jim McAfee was re-elected for a second term. Following the meeting, a buffet was served by local members.

Also on the local front, The Key Peninsula Sportsmen's Club recently made a substantial donation to support Little League on the Peninsula. One of the primary endeavors of the club is to support the needs of local kids.

## Key Peninsula Business Association's Recommendations for Fire Chief Selection Process

The Key Peninsula Business Association is submitting the following recommendations to the Fire District 16 Fire Commissioners. This information is the culmination of individual and group interviews, conducted by four committee members of the Fire District Advisory Committee. Conversations took place with community members, local fire district personnel, other regional fire fighters, chiefs and retired personnel.

Our recommendations are as follows:

1. There is no urgency in hiring a permanent replacement.
2. The position should be filled by a Fire Chief and not an Executive Director.
3. The testing process for the Fire Chief should be accomplished through an "assessment center" (performance of the job) type system.
4. The assessment center should utilize knowledgeable individuals from other fire districts.
5. The testing process would be open to current, qualifying Fire District 16 personnel and outside applicants.
6. The Fire Chief should live in the District, or plan to relocate within a reasonable time frame.
7. Education is important. Applicants should have a minimum of an Associates Degree in Fire Command and/or Administration or be willing to achieve this in a reasonable time frame. The applicants should also show a history of strong fire related continuing education.
8. The applicants should have "front line" experience and proficiencies along with administrative/management strengths. The Fire Chief must possess excellent writing and verbal skills and be responsible for accurate and timely communication.
9. The Fire Chief needs to demonstrate "delegation" skills and provide excellent guidance and direction to subordinates.
10. [The Fire Chief] should be community oriented.
11. The Commissioners should make their selection from the applicants who have tested in the top three.

In Summary: The committee recommends that the Fire Commissioners consider these recommendations carefully. The open testing process overwhelmingly levels the playing field to any qualified applicants and would be fair and cost effective. Since this is a public agency, controversy should be avoided at all reasonable costs.

## Letter To The Editor

Why do rich farmers get all the breaks and poor fishermen get the shaft? The recently signed Farm Security and Rural Investment Act of 2002 increases federal subsidies to farmers in the U.S. by at least \$83 billion dollars over the next ten years, two-thirds of it going to the 10% who own the largest farms.

Obviously, people need food, and agriculture is critical to the economy. But not a penny was set aside to subsidize the fishing industry in the Pacific Northwest, and fish are food, too. The reason this can happen is that the fisheries lobby is nowhere near as powerful as the agriculture lobby, in either Washington.

When the fisheries resource began to decline two decades ago, we cut back on our fishing efforts by 90%. That benefited the public because it protected resources everyone needs to survive. Today, our industry is struggling to survive, and that is not in the public's best interest. When we do harvest fish, we can't sell our fish for a decent price.

To be sure there are native salmon to enjoy forever, insist on three things: 1) That the salmon served at the restaurants and markets you patronize are native, from our own waters; 2) That environmental and water use regulations needed to protect and restore salmon habitat are fully enforced; and 3) That both tribal and non-tribal fishermen get the support and protection they need to get a fair price for their catch and to restore salmon runs to harvestable levels.

Billy Frank, Jr.  
Chairman, NW Indian Fisheries Commission

## Kittens At Play — A Time To Develop Their Potential

By Robert McCrossin

The fun begins when kittens are about three weeks of age and begin to play. Other than taking time out to eat, kittens spend most of their waking hours at play. Kitten-play is more than fun to watch. It is a learning time for kittens as they develop eye and paw coordination. It is also a time when a kitten learns and practices activities needed for survival fighting, hunting, and territorial defense. Although household cats no longer need to perfect these activities, the genetic programming remains.

A kitten's behavior patterns are formed at a very early age. The influence of its mother and littermates and its interaction with people help determine what these patterns will be. In establishing behavior patterns, avoid playing with hands when interacting with a kitten. A moving hand becomes a play object and the kitten can inadvertently inflict damage as it matures.

Encouraging kittens to play with toys stimulates their sense of play. This will help them to grow into happy, intelligent cats. By making playtime with your kitten part of your daily routine, you are also establishing a healthy bond between you and your new pet. Continuing playtime as your kitten matures strengthens this bond.

After about five months, a kitten's play generally declines. The reason can be as simple as the kitten coming to the end of a learning period. However, some cats can continue to be playful for many years. This playfulness can usually be encouraged by continuing regular playtime periods. Play periods aid in helping a cat maintain good body condition by promoting muscle tone and suppleness. Playtime for an older cat continues to enrich its environment and strengthen the bond between you.

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## A View From Home

by Marty Marcus

I must admit that sometimes I just can't understand why certain things are as they are. Take agriculture, for example. Producing food ought to be considered an important industry, in terms of revenue produced and because it keeps us from going hungry. I grew up on a farm and I'm aware that there is a lot of hard work involved. One might therefore assume that because the work is both difficult and important, extra special care is taken to make sure the people doing the work have excellent working conditions.

Well, one might logically assume that, but one would be wrong. While agricultural labor in the U.S. is performed by just 1% of the total workforce, according to the Bureau of Labor Statistics, the occupational death rate is 6% of total workforce deaths.

I have the feeling that some of you are thinking that that's too bad, but we just can't solve all the problems of all the Third World countries. I agree, but it just so happens the place I'm writing about is a state north of Oregon, west of Idaho, and south of British Columbia, and whose capital is Olympia.

We're the #1 apple producing state in the U.S. Some 60,000 farm workers are employed in our apple industry. A typical worker picks from two to four tons of apples per day. **And the injury rate in our state among tree-fruit pickers is 54% higher than in the other states.** And state authorities admit that occupational injuries and disease among farm workers is actually under-reported.

The use (abuse?) of agricultural chemicals is another problem area. More than 8,000 different pesticides, herbicides and fertilizers are used in this state annually. Thousands of people work as pesticide applicators in our tree-fruit industry. Tens of thousands of workers pick crops after pesticides have been sprayed. The federal Environmental Protection Agency has delegated full responsibility for enforcing pesticide regulations in Washington to the Washington Department of Agriculture. How many inspectors are employed to make sure these poisons are properly used? Twelve. For the whole state of Washington.

To add insult to injury, the Department of Labor and Industries (L & I) has a record of discouraging worker's compensation claims, inadequate handling of retaliatory firings, and lack of medical care for job-related injuries. However, last February the Washington State Supreme Court ordered L & I to develop mandatory rules for medical monitoring of farm workers who handle neurotoxic pesticides. The Court found that the state's own team of technical experts determined that the monitoring program requested by the farm workers was "both necessary and doable." It therefore ruled that the state's refusal to adopt a monitoring program violated the Washington Industrial Safety and Health Act.

Just a few things to think about as we enjoy those \$3 a pound cherries.

## KEY PENINSULA NEWS

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2. The NEWS shall be entirely free of political bias, and shall advocate no particular religious point of view. Further, its service will be open to all local organizations and residents, subject to the availability of space and generally accepted good taste and legal considerations.

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## KEY DATES — 2002

Those marked with an \* are held at the K P Civic Center  
**BUSINESS & PROFESSIONAL GROUPS**

KP Business Assoc. 1st Friday @ 7:30 am Home Port Rest.  
3rd Friday @ noon Horseshoe Lk Rest.  
KP Firefighters Assoc. 4th Weds @ 7 pm Key Ctr Fire Sta.

### CIVIC ORGANIZATIONS

Ashes 1st Thurs @ 10:30am Key Ctr Fire Sta.  
Boy Scouts #220 Tues 6 to 8pm KPCC\*  
Brownies Mondays 3:30-4:30 KPCC\*  
Cootiettes 3rd Thurs @ 7pm KPCC\*  
KPCCA Exec Comm 1st Mon @ 7pm KPCC\*  
KPCCA Board 2nd Thurs @ 7pm KPCC\*  
KPCS Board 2nd Mon @ 10am Comm House-Home  
KPHC Board 4th Thurs @ 7:30pm Health Ctr  
KP Lions Club 1st&3rd Weds @6:30pm KPCC\*  
VFW & Auxiliary 2nd&4th Mon @ 7pm KPCC\*

### COMMUNITY SERVICES

Angel Guild 4th Mon @ 10am Key Ctr Library  
AWANA Weds-6:30-8:30 KPCC\*  
Children's Home Society  
Family Resource Ctr Mon thru Fri 9-4 KPCC\*  
Clothing Bank Mon thru Fri 9-3 KPCC\*  
Healthy Families/  
Parent Connection 2nd Thurs 10-11:30 KPCC\*  
Indoor Park Tues & Thurs 9:30-11:30 KPCC\*  
J.U.M.P. (Juveniles United through Music and Poetry) KPCC\*  
Lending Library Mon thru Fri 9-3 KPCC\*  
Little Buddies Tues 3:30-5 KPCC\*  
Weds 3-5:30 Evergreen Sch.  
Parent Support Group 3rd Fri 7-8pm KPCC\*  
Relatives Raising Children 2nd Mon 1-2:30 KPCC\*  
Tea Time Thurs 4-5 Evergreen Sch.  
Women's Support Group Mon 4-5 KPCC\*  
Citizens Against Crime/  
Citizens Patrol 3rd Thurs @ 7pm Key Ctr Fire Sta.  
Food Bank Tue-Wed-Thur-Fri 10-3 Community House, Home  
Hot Lunch for Seniors Weds & Fri @noon Comm. House, Home  
Food & Clothing Assistance Call 884-4440 for more info  
Immunizations (FREE) Thur 10-4 G H Urgent Care  
IMPact Key Peninsula 1st Tues @ 9am Lakebay Comm. Church  
Help for Victims of Domestic Violence - Call 884-5086  
Key Ctr Library 884-2242 Tues & Weds 11-8, Thurs & Fri 11-6,  
Saturday, 11-5 Key Ctr Lib.  
K P Baptist Bible Study Weds 7-8:30pm KPCC\*  
KP Baptist Church Sun 8:30-1:00 KPCC\*  
K P Well Child Clinic Tues @ 9am Key Medical Ctr.  
PEP-C GH/KP Emerg. Comm. 3rd Sat 10-2 Kimball Dr. Fire Sta., GH  
There Is Hope/  
12-Step Christian Support Group Thurs @ 7pm Lakebay Chris. Assembly  
WIC (Women, Infants & Children) Tues 8-4 VFW Rm, KPCC\*  
Call 884-3835 on Tuesdays for an appointment

### PUBLIC MEETINGS

KP Fire Commissioners 2nd Weds @ 7pm Key Ctr Fire Sta.  
Second Mon after the 2nd Weds @ 4pm Key Ctr Fire Sta.  
KP Parks & Recr Commission 2nd Mon @ 7pm Vol Park Annex

### SELF-HELP GROUPS

Alcoholics Anonymous Tues & Thurs 7pm to 8 pm @ Lakebay Comm.  
Church in Home  
Overeaters Anonymous Weds @ 7:30pm St. Nicholas Church, GH  
Peninsula ALANON Tues @ 1:30 Lutheran Church, Purdy

T.O.P.S. Tues weigh-in @6:15pm, Meeting @ 7pm KPCC\*  
T.O.P.S. Tues @ 9am Fire Station #3, Home

### SOCIAL & HOBBY GROUPS

Bayshore Garden Club 3rd Fri noon Longbranch Improv Club  
for more info call Sylvia Retherford @ 884-2487  
Karate Mon. & Thurs 7-9 PM KPCC\*  
Key Ctr Duplicate Bridge Club Tues eves(884-2663) Key Ctr Library  
Key Singers Tues 7-9pm (Jo Sturm @ 884-1350) Longbr. Comm. Church  
KP Historical Society 1st Thurs @7:30pm Museum @ KPCC\*  
Museum Open Thursday & Saturday 1-4 (and by appt - 884-4538)  
Lakebay Fuchsia Society 1st Thurs @7pm Key Ctr Library  
Longbranch Improv. Club 3rd Weds @ 7pm Longbranch Improv. Club  
Peninsula Neighbors 2nd Tues @ 10am Fire Sta. #4, Longbranch  
Ruth Circle Meeting 3rd Mon @10am Bible study, lunch & meeting  
at noon Longbranch Church  
Senior Society Luncheon Thursdays @ noon KPCC\*  
Skate Night Fridays 6:30-9pm KPCC\*  
Vaughn Bay Garden Club Call 884-5403 for more info  
NOTICE: We have revamped the Key Dates Listing. If you have additions or corrections to suggest, please mail them to Key Dates, P.O. Box 3, Vaughn WA 98394, or Fax to us at (253) 884-4053.

# To Your Health

by William F. Roes, M.D.

This month I'm going to start a series about medical misconceptions and misunderstandings. Over the next few issues I'll be addressing topics that tend to confuse patients, unless I can think of something more interesting to write about. If you have a medical question or area you'd like to see discussed, please let me or the editors know, as coming up with a topic is more difficult than writing an article about one.

Many patients come to me complaining about "hip" pain, when the actual problem is several inches and a couple of joints away. The misconception is that the hip is located somewhere underneath the buttocks, while the joint is actually on the outside of what most people would consider their thigh. If

you imagine the seam on a pair of jeans that runs down the outside of the leg, then pick out a spot about a handbreadth below the bone you can feel on your side at beltline. That spot is the actual hip joint. Problems in the hip (usually arthritis) can cause pain there or in toward the groin, especially with weight bearing activities, or lying with pressure on the hip.

People often confuse pain in the buttocks or pain that radiates down the thigh into the knee as a hip related pain, but these pains are more often related to low back problems. The low back consists of a series of three types of vertebrae (backbones) that form a column and ultimately fuse with the pelvic bones. The joints between the vertebrae and the pelvic bones give rise to numerous possibilities of problems that can cause pain. Back related pain is likely to be localized over the offending area but also can radiate into the thigh and leg. Pain from the back tends to be less affected by weight.

The initial treatment of hip related pain is similar to that for back related pain — rest, local heat (or cold, whichever feels best) and often an over-the-counter pain medication or anti-inflammatory medication. After this initial therapy, treatments can differ. Back pain often responds to physical measures, such as physical therapy or manipulation. But hip pain seldom does. X-rays or other tests can usually determine the origin of the pain. As is the case in most areas of medicine, an accurate diagnosis of the problem is the best way to select an accurate treatment for the problem.


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## Children & The Diabetes Epidemic

Submitted by Dick Dettrey & Pierce County Relatives Raising Children

Diabetes is a debilitating chronic disease afflicting more than 16 million Americans. Type 2 used to be known as 'adult onset' diabetes, but now the highest rates of increase are among young people. It used to be rare in children, but that group now contributes 16% of the new cases.

It is actually a disease of lifestyle, so it is mostly preventable. Sedentary living and a diet heavy in fat and sugar places a greater demand on the pancreas to produce more insulin. Type 2 diabetes results either when the body develops a resistance to insulin or the pancreas is unable to keep up with the demand for more insulin.


It's really a simple formula:  
more TV time+ more video game time  
>>>poor dietary habits>>>more body fat  
>>>a greater possibility of Type 2 diabetes

The leading cause of Type 2 diabetes is obesity. There is a direct connection between kids' screen time and risk of obesity!

### ASHES Announces August Rummage Sale

The Fire Department Ladies Auxiliary — ASHES — is planning their annual rummage sale for August 24th and 25th at the Key Center Fire Station. Donations are welcome. For information, call Marguerite at 884-3771 or Mary at 884-4834.

**TAX TIPS**  
By Mary & Myrtle Keizur, CTP



Do you own a business? Does your business require you to have continuing education courses to stay up to date in your business or employment? Try to plan to take such courses in a vacation-like setting. Then you can charge off tuition and registration, travel to and from the location away from home, lodging and 50% of meals while at that destination and local transportation while there. If your spouse is a member of the business, you can make those expenses deductible also.

Did you know that traveling for your charity can be a tax deduction? Also, travel for medical reasons can become a deduction. Check with your tax preparer.



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# Summer Subluxations

by Robert B. Campbell, D.C.

Oh, the stories chiropractors hear on the Mondays of summer, as the refugees of over ambition arrive for care, those who squeezed as much as possible into the all too brief summer weekends, often squeezing past the feedback of their bodies.

"I did this, we did that, I had to do this, we couldn't pass up doing that, do you think that's why I feel like this now?", etc.

As we are all aware, subluxations can occur when the body/mind has received a stress beyond its ability to recover, be it physical, mental/emotional or chemical stress. Subluxations are an expression, an internal feedback where interference develops as a response to an experience in our environment, in our life.

Summertime has its own unique pulse and pace, and our lives reflect that. So, as we head into summer, let's explore subluxations that can occur as a response to this season — Topics to include allergies, gardening, air conditioning, sports and travel.

Many have become conditioned to expect that they will have allergies during the summer, and that their current resource on how to respond effectively is limited to the inescapable drug commercials on TV and in magazines. They are, in fact, missing a big opportunity to improve their health by recognizing what their bodies are asking for by producing allergy symptoms: better care for the immune system.

The immune system is designed to respond to allergens by manufacturing the appropriate amounts of immunoglobulin E (IgE), and if there is interference and the body cannot properly respond, the result can be symptoms.

Suppression, depression, or alteration of the immune system through products designed for this purpose offer limited — and often negative — short and long term effects. In the "Chiropractic Textbook", Dr. Stephenson writes in Article 192, that periodical and recurrent disease, such as hay fever, "comes on at a certain season, because there is a chronic subluxation which does not offer an inconvenience and does not interfere with the transmission until the season comes when more adaptation is required".

Simply put, all those who express allergy symptoms can benefit from an introduction to chiropractic, a thorough chiropractic evaluation and care.

# Key Peninsula Park & Recreation District

by Nancy Lind

The KP Park and Recreation District (KPPRD) board meets the 2nd Monday of the month, 7 P.M., at the Volunteer Park Annex. Marilyn Tagert (Chairman), Nancy Lind (Secretary), Pat Medveckus (Treasurer), Fred Ramsdell and Dick Granquist make up the board.

**VOLUNTEER PARK** has been full of Little Leaguers and it's a wonderful sight. The main season is over now and the seniors are practicing for the All Star Tournament which will be held in Volunteer Park in July. We will be advertising for a church co-ed league team and an adult co-ed team.

The people doing the lights on Field 1 have encountered several glitches so the delays have been numerous. The lights will be up and ready when they're up and ready.

Kelly's Kafe serves good food. Several break-ins and thefts at the cafe are breaking our hearts. Whoever is doing this, please stop and consider that this is your park to serve your community and you are only hurting all of us.

For information / signing up to play ball / volunteering / voicing a concern, call the park at **884-9240**.

**Gosh Transportation Inc** from Longbranch has made a significant contribution to the park by replacing the old fencing around Field 1 with a brand new 10 foot fence. The users and staff of the park are very grateful. Thank you. Viking Fence of Port Orchard did the installation.

**Windermere Real Estate** of Key Center employees do a yearly community service project and on June 14th they assembled the new playground equipment. It was a big job and they worked hard. Thank you to all the workers who did this important work task.

**Key Peninsula Community Fair** — Mark your calendars for August 22nd through 25th when the Key Peninsula will celebrate the 2nd annual all community fair at Volunteer Park. A BIG EVENT !!!

**ROCKY CREEK CONSERVATION AREA** has a beautiful reader board. It was built by Lethaniel Ray's daughter and her college class. Lethaniel, his brother Steven, Bill Macaras and Mark Burns installed it. We thank them for a great job.

The Friends of Rocky Creek (FORC) meet the 2nd Thursday each month, 2 P.M., at the Key Center Fire Station.

**KEY PENINSULA TRAIL SYSTEM (KPTS)** meets 1st Thursdays, 7 P.M., at different locations to plan hiking, bike, horse and water trails for the Key Peninsula. All are welcome. Call **884-3347** for location. A trail walk is scheduled for Saturday, July 13th at 10 A.M. Meet at the Rocky Creek Conservation Area (SR 302 and 150th, Lake Holiday Entrance).

**THE KEY PENINSULA PARK PLAN COMMITTEE (KPPPC)** is meeting to start the process of identifying potential recreation sites on the KP and determining what people want for recreation. Nancy Lind will have a wine and cheese park plan meeting at her house on Friday, July 12 at 7 P.M. If you are interested in participating or have information about a site that you would like to have identified, call Nancy at **884-3347**.

## Grand Slam Baseball Camp

Grand Slam Baseball Camp for kids ages 7 to 12: Current college players and high school coaches teach fundamentals in a fun, upbeat environment.

Camps are July 29th through August 2nd in the Gig Harbor Area (South Kitsap Little League Complex). The fee is \$99.

For information, call (253) 735-6113 or visit [www.grandslamcamp.com](http://www.grandslamcamp.com)

**WANTED: Photos and items of local - Key Peninsula - news that you would like to see in the KP News. Deadline is the 20th of each month; earlier is better. Send to us at P.O. Box 3, Vaughn WA, 98394. Please include name and phone number for reference.**

## KEY PENINSULA HISTORICAL SOCIETY

### August 3rd Social

12:00 Noon to 4:00 PM

Andrew Olson

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Watch for summer events in the mail or call **884-6951**

### Museum Hours:

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## Windermere Community Service Day 2002 at Volunteer Park



Key Center Windermere agents creating the 'Dome' at Volunteer Park.

Every year Windermere real estate agents set aside one day to do community service-to give back to the community in which they live and work. Windermere/Key Realty's project this year was to assemble playground equipment, which had been donated several years ago to Volunteer Park but had never been assembled. We soon realized why it had never been put together-it was a very tough project! Several hundred pieces of small metal tubing each with it's own ID# and specific length needed to be bolted together according to a very small outline provided by the manufacturer to produce a dome shaped climbing toy.

But one group went to work on it while another group started digging holes, pouring concrete and erecting another climbing toy. Eight hours later with lots of intense labor, great team effort and superb blue print reading ability we had a finished product-two new toys for the playground at Volunteer Park. We also had eleven very satisfied Windermere/Key Realty Realtors who all agreed it had been one of the most rewarding days we'd ever had.



Assemble, dig holes, pour concrete - done!

Key Center Realtors include: Joyce Tovey, Phillip McColley, Laura Mosley, Richard Raschle, Lori Deacon, Dallas Amidon, AJ Million, Breezi Peterson, Bob Peterson, Sid Beech, Susan Petersen, Dave Malinowski, & Dottie Mazza



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From Jan 1 through June 15, 2002 - On the Key Peninsula from the Parly Bridge to Longbranch there were 115 Residential Properties sold.

Average List Price \$161,215  
Average Sale Price \$158,180

### Windermere Foundation Donations

Every Windermere agent donates a portion of each commission to the Windermere Foundation. This money is then given back to the community in which the office is located - mainly for projects for children and families. These are Windermere/Key Realty's donations during the last few months.

**\$200 to Evergreen School for their picnic/lunch table project**

**\$300 to Children's Home Society for scholarships for summer programs**

**\$200 Scholarship for Peninsula High graduating senior**

## The Garden In JULY 2002

by Sylvia Retherford  
(253) 884-2487



The June lilies are a little delayed this year and are still in full glory with the July lilies bursting forth. Late bearded iris still are a joy with lupine and columbine adding color as the irises fade. Dutch, English and French irises that bloom in that order are about gone.

The winter garden seedlings should be up soon and will need constant care during the summer weather and until the rains come. These include cauliflower, broccoli, Brussels sprouts, red, green and ornamental cabbage, kale and radicchio. There are always too many seedlings, so after the rains come thin the plants to a foot apart and give away the extras to your neighbors so they can have home grown veggies all winter long also. Ornamental and red cabbages are not only beautiful, but also more flavorful than the green ones. Winter root crops such as carrots, parsnips and beets can be planted now.

Wild tiger lilies of two species (*Lilium parviflorum* and *L. pardalium*) are in bloom along some roads in our area. If you pick them, do not pick the stems and leaves as that may kill the bulb or prevent it from restoring its strength for bloom for several years. My bulbs came from seeds collected several years ago. A bright colored yarn was tied around the 3 to 4 foot stalk to identify them so the seed pods could be collected in September when they had matured. The seeds germinated to become young plants the following season. It takes 2 or 3 years for them to mature and flower, but they have had more blooms each year. The largest specimen seen had 14 flowers.

Tomatoes set during their greenhouse days are ripening and the corn that was greenhouse started is developing silks. This headstart is not required but is a joy. The flowers kept in the winter greenhouse have long since been placed outside. Some tropicals remain in their pots, but the geraniums and many others go into flower garden space and cuttings are started for next winter's display.

### Bayshore Garden Club

Members of the Bayshore Garden Club will meet at the Longbranch Improvement Club at 10:45 A.M. on Friday, July 19th, to carpool for a tour of Kathy DuPriest's garden. (13312 Wright-Bliss Road, near Carney Lake, 884-9472) A no-host lunch at a local restaurant and a brief business meeting will follow.



## LIVING AND LEARNING ON THE KEY PENINSULA

by Dale Skrivanich

The start of summer was celebrated at the quarterly membership meeting of the Key Peninsula Historical Society and Museum. The potluck was followed by a short business meeting at which the board introduced a motion to raise the annual dues to \$10.00 for 2003, to be voted on later. The members were also reminded that Joyce Olson/Neiman and family have invited the Historical Society to join them at the original Andrew Olson homestead on August 3rd. This will be a fun day with lots of good food and a chance to learn about one of the old and prominent families on the Peninsula. Watch the mail for an update on all the activities for the summer and fall.

The Historical Society, along with several other local museums, has been invited to participate in an exhibit featuring our museum and the history of the Key Peninsula. This exhibit will take place in the fall at the Washington State Historical Museum in Tacoma. If you are interested in helping put our part of the exhibit together please call Dale Skrivanich at 884-2712.

Keep an eye out for new signs on the Peninsula. The Gig Harbor/Key Peninsula Chamber of Commerce has asked the Historical Society to be a partner in a new signage campaign. There will be six to eight points of historical interest chosen on the Peninsula with a brochure written for a self guided tour.

Help — if you have any information about the WPA and the projects that this group did on the Key Peninsula, please contact Dale Skrivanich at 884-2712. We would like to include information on this subject for our upcoming exhibits.

If you would like to become a member of the Historical Society or volunteer at the Museum, please call Barb Hanna at 884-4399 or Shirley Olson at 884-2481. The public is also invited to attend the monthly board meetings, held on the first Thursday of the month at the Museum.

Remember the Museum is open Thursdays and Saturdays from 1 to 4 P.M. or by appointment. Call Tim Kezele at 884-6951.

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# T.O.P.S. Summer News

by Jessica Schwabe

As the summer is fast approaching, we must remember some basic rules during the hot weather. Protect yourself when you're out in the sun with sunscreen and drink plenty of water.

Are you wondering if you are drinking enough water? Take this simple test and see how you are doing. Take your weight and divide it in half and that is how many ounces of water you should be drinking daily to replenish your body fluids. Example: A person weighs 200 pounds, divided in half - 100, that is 100 ounces of water a day. This is more than the usual advice of 8 glasses a day, but when you carry around extra pounds, you need more water. The beauty of drinking water is not just water. Try something new like a lemon slice with your water, or a glass of Crystal Light. Anything that is non-carbonated or does not have caffeine is considered water.

Last month our TOPS chapter went on two different walks as a group. We had 8 members (2 first timers) do our annual TOPS walk in Home that is a 3.5 miles roundtrip. We even had two ladies join the Lakebay chapter after they did the early walk with our group. We have two different times to walk, so these two decided to go for another walk later with another member of our group and walked a total of 8.5 miles that day. Way To Go! Then our fearless leader Jena Henak decided to have us go walking the following week to do the "Sound to Narrows" 12 k walk. We had 5 people going the whole way - 7.5 miles. Just to let you know, Jena was right there with the rest of us, walking through the sunshine and the rain.

Our hats go off to Marilyn Lyden for being our best loser of the month with a 6.25 pound loss. She has had a black weigh-in (no gain) for 13 weeks in a row. Our second place loser is Fayette Anderson for dropping 5.75 pounds.

A couple of our upcoming events include a Graduation Night, a BBQ Picnic in July and celebrating July 4th by wearing as many flag items as possible.

Check us out on Tuesday evenings at 7:00 P.M. in the VFW room at the Key Peninsula Civic Center.

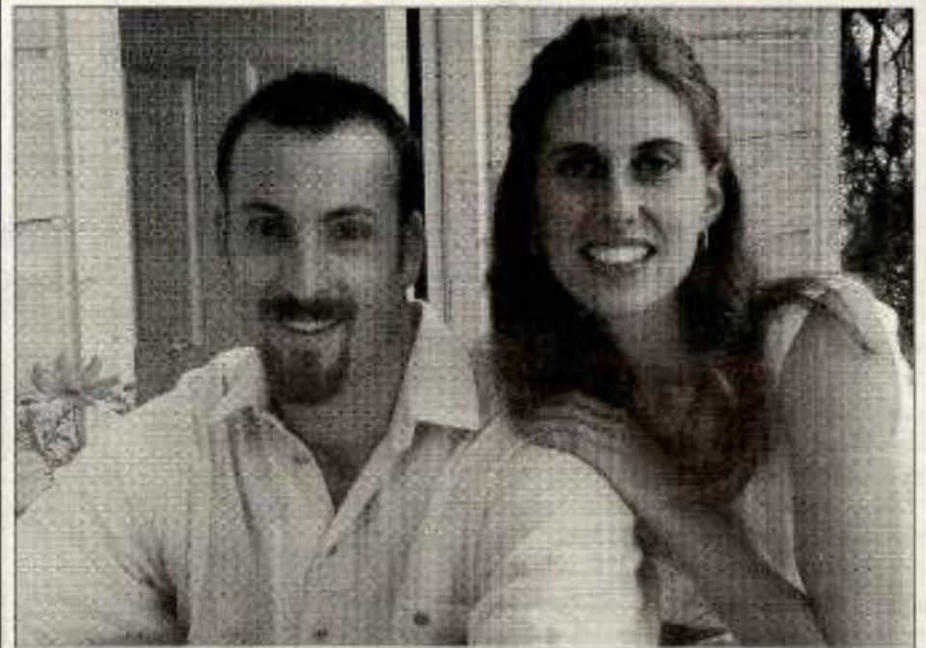


photo by Paul Marcus

Hearken, Hearken,  
To Matthew and Larkin  
As they promise to love  
And not push or shove  
One another around  
{While to Earth they're still bound.}

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## News From Vaughn School

Mrs. Wood's first graders invited parents and guests to attend the Author Tea. The students put on a puppet show and read stories they had written and illustrated.

Mrs. Moore's, Mrs. Selfors' and Ms. Harrison's classes finished their wetland reports. The reports included illustrations. Each student produced a Power Point presentation during the year. Some chose the title "All About Me" or they could use the Power Point to present their wetland report.

Insects and the rainforest were under close scrutiny in Mrs. Hildahl's first grade class.

"Here Come the Bears" was put on by Mrs. Williamson's second graders. The play celebrated the end of their bear research. These sharp students are working hard to master regrouping with subtraction problems.

The third graders finished their animal reports which included a written report, a project completed at home and an oral presentation. Ms. Kimizuka's and Mrs. Mariette's classes chose marine animals found in Puget Sound. Mrs. Harrison-Hagen's and Mr. Hagen's classes studied animals from around the world.

The fifth grade classes visited the Key Peninsula Middle School. They were given a tour of the school and met many teachers. They traveled to Penrose State Park and spent the day investigating the beach.

The fourth grade classes spent much of May studying rockets and their research culminated in testing the flight ability of their own rockets.

The entire school participated in the President's Council for Physical Fitness test.

Led by Mr. Ross, our PE teacher, the students took the flexibility test, did push-ups and sit-ups, ran a mile and raced in the shuttle run.

*From East to West  
And Back to the East,  
For one so young,  
'Twas a lot of travel,  
To say the least.*

*From the Army  
To a nursing career,  
Thru night school  
To jurisprudence,  
You've cried many a tear.*

*Tho' the State still wants you  
To do what they assign,  
The time's long past  
To put your foot down  
And draw the line.*

*We know this is late,  
Well past June twenty & nine,  
But we want you to know  
Our good wishes are timeless  
For you, Vicki Cline.*

### Historic Vaughn Bay Church

A Community Gathering  
Worship Service  
10:30 a.m.

VFW Room  
Key Peninsula  
Civic Center  
884-5403

### KPCCA Executive Committee 2002

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Dale Loy, 884-4169/884-3937

## Key Singers Performances



Longbranch Community Church Salmon Bake - July 27th  
Old Timer's Day - August 17th  
Key Peninsula Fair - August 25th

For information call Barbara Bence at 884-2268.

## News Your Teenagers Don't Want You To Hear

Submitted by Don Brunell

Riding the big yellow school bus is the safest and least expensive way to get to school. The University of North Carolina did a study on the deaths of students killed on the way to and from school. 2% of the deaths involved buses, 6% involved bicycles, walking was involved in 16%, and riding in a car driven by an adult accounted for 20% of the fatalities. That adds up to only 44%. **55% involved teenage drivers, most driving their own car.**

Student parking lots in our state are usually jammed. Millions of tax dollars are used to build and maintain student parking lots. We are subsidizing the most dangerous, expensive and polluting form of transportation for our teenage students.

Sure, it's convenient having teens drive themselves to school, sporting events and after-school jobs. And car insurance for teenage drivers is expensive, but that's only money. It adds to traffic congestion only on school days. As long as we can still see The Mountain, the extra air pollution can't be that bad.

Do we want memorial services for classmates killed behind the wheel of a car to be a regular part of the school curriculum? Shouldn't keeping our children safe be our highest priority?

Don Brunell is the President of the Association of Washington Business.

## Now Easier to Have Water Tested

Twiss Analytical Labs of Poulsbo can now pick up your water samples for testing if you leave the samples at Peninsula Light's office on Goodnough Drive in Purdy. There is a small refrigerator set up by the security station in the lobby and the receptionist has a supply of sample bottles. Water samples may be left Monday through Thursday from 8 AM to 4 PM and they will be picked up by Twiss Labs Tuesday through Friday mornings at 8 AM.

Twiss Analytical is the only private lab on the Kitsap/Olympic Peninsulas certified by the State for drinking water analysis, and this arrangement should make it easier for homeowners with wells as well as small water companies to have their drinking water supply tested.

*Over 10,000 Roses & 700 Rose Trees*

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**Over 1000 Hanging Baskets**

**Longbranch Community Church  
SALMON BAKE**

FUND RAISER  
Oliver Coldean  
Chef

**at the  
Longbranch Improvement  
Club Hall**

Saturday, July 27, 2002  
2:00 PM to 6:00 PM

Donations:

Adults - \$10, advance purchase  
\$12 at the door  
Children 6 yrs - 12 yrs ... \$5.00  
5 yrs and under ... free

*Advance tickets available at:*  
**Sunnycrest Nursery  
Charboneau Supply  
Longbranch Marina  
Home Store  
Coast to Coast - Lake Kathryn**  
or call 884-9339  
for more information

## IN THE LIBRARY

Summer Reading 2002 at the Key Center Library will include many activities and programs for children. The theme this year is *Paws, Claws & Tails*. Beginning June 22nd, stickers of some of your favorite pets — cats, dogs, horses, fish, birds, guinea pigs and snakes — will be available to place in an attractive activity booklet for each book read. There will also be t-shirt prizes, and free trips for skating at the Sprinker Recreation Center and for food at Subway Sandwiches and Salads.

Special programs are scheduled for:

**Wednesday, July 10th at 11:00 A.M.**

— *Pet Tales, or The Long and Short of It*: laugh-aloud stories of critters with tales and without, told by master storyteller, Elizabeth Lord. For ages six and up.

**Thursday, July 18th at 11:00 A.M.**

— Cartoonist Frank Frazee will show how to draw your very own pencil pets. For ages six and up.

**Thursday, July 25th at 11:00 A.M.**

— The Puppet Theater presents *Henny Penny and The Town Mouse and the Country Mouse*. A forty minute presentation.

Calling all children to join us at the library for a summer of good reading and fun!

Thanks to all the folks who joined the celebration and dedication of John Jewell's bronze sculpture "Balancing the Books", and thanks to all those who made it possible. You know who you are.

The Key Center Library and all of the branches of the Pierce County Library will be closed on Thursday, July 4th.

## New Sculpture - "Balancing the Books" Installed at Key Center Library



John Jewell introduced the children who were models for his sculpture "Balancing the Books" at the dedication on June 1st.



Key Center Librarian Dory Meyers tearfully thanked all those who made the sculpture possible.

## CLASSIFIED ADS

**Room or sublet needed,**  
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MVP Therapy, 884-0841

WALKINS PRODUCTS are available,  
call Marvin and Myrtle Keizur at 884-  
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Corner 4th & KPN, Lakebay  
884-2321

**Classified Ad Rates:**  
\$5.50 for 10 words  
\$.30 for each additional word

**KEY PENINSULA BAPTIST  
CHURCH.** Meeting Sunday mornings  
at Key Peninsula Civic Center in  
Vaughn. Bible Study 9:30 AM, Worship  
Service 11:00 AM, Wednesday  
AWANAS 6:45 PM. Pastor James  
Rouse - Phone 884-9994.

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## Key Peninsula Community Fair August 22 - 25

[www.keyfair.com](http://www.keyfair.com)





## Questions & Answers Financial Focus

Submitted by Connie R. Rose

### Take Steps to Move Up Your "Tax Freedom Day"

You won't find it printed on your calendar. You won't find it in the greeting cards aisle of the drug store. And you won't find it celebrated with a television special. Nonetheless, Tax Freedom Day may have a bigger impact on your life than many of the biggest holidays.

Tax Freedom Day isn't an official holiday. It's just the date on which average Americans can expect to start earning their first tax-free dollars of the year, after paying federal and state taxes. Tax Freedom Day generally occurs on a different date each year, depending on changes in tax laws and the health of the economy. In 2001, Tax Freedom Day fell on April 29, but in 2002, it happened two days earlier, on April 27.

Of course, Tax Freedom Day is really something of a fiction, because we all pay taxes throughout the year. If you're an employee, you'll have taxes taken out of all your paychecks. If you're self-employed or a business owner, you probably pay quarterly taxes. Then, on April 15 of each year, you may pay still more taxes. Nonetheless, the idea of a Tax Freedom Day is useful in understanding the relative size of your tax burden. And the good news is that you can help control when your personal Tax Freedom Day comes around. How? By becoming a tax-smart investor. Specifically, look for tax-free and tax-deferred investment opportunities.

Which investments are tax-free? Start by considering municipal bonds. The interest on these bonds is free from federal taxes;

interest payments may also be free from state and local taxes, depending on the bond and on where you live. Consequently, municipal bonds offer a high "taxable equivalent yield."

In other words, You'd have to find a taxable bond — such as a corporate bond — that pays a much higher yield than your municipal bond to overcome the tax benefits offered by the "muni." And in a low interest rate environment, such as we've been in for quite some time, you may have trouble finding high-quality corporate bonds that pay these high yields.

You'll get the most benefit from municipal bonds if you're in one of the higher tax brackets. But no matter what bracket you're in, you may be able to benefit from another tax-free investment — the Roth IRA. Now, thanks to recent tax law changes, you can put up to \$3,000 a year in your Roth IRA. And your earnings will grow totally tax-free, provided you're at least 59 1/2 when you begin making withdrawals and you've had your account at least five years.

You may also want to look at tax-deferred investments, such as a Traditional IRA or annuities. You can invest up to \$3,000 a year in a Traditional IRA. Your contributions may be tax-deductible, but even if they aren't, your earnings will grow on a tax-deferred basis. If you've already "maxed out" on your Traditional or Roth IRA, and you still want to save for retirement, you may want to invest in a fixed or variable annuity. In addition to tax deferral, annuities offer you high contribution limits and a variety of payout options.

Before making any moves affecting your taxes, consult with your tax advisor. But don't wait too long. The quicker you take action, the better chance you'll have of bumping up your own Tax Freedom Day next year.

## Free Portfolio Reviews from Edward Jones

Now more than ever, it's important to take a close look at your investments. At Edward Jones, we're happy to provide free, no-obligation portfolio reviews, even if you're not a current customer.

**Call or stop by today to arrange an appointment.**

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\$35 for four classes; \$10 drop in  
370-3290



## YESTERDAY'S TEENAGERS!

Key Peninsula Senior Society  
by Jim Nolan @ 851-4847

JULY is the month of vacations — and of Picnics, right? More on picnics later, but now the subject is vacations. And the Senior Survey. The question last month: "If you could have a two week vacation, all expenses paid, anywhere in the world, where would you go?" Our answers, in secret ballot — Hawaii, 6 votes, including 1 for Maui; Australia, 2 votes. All others, at 1 vote each: Victoria, London, Alaska cruise, Greece, Egypt & Pyramids, Idaho's new Theme Park, Leavenworth, WA, Bahamas, Bora Bora, Finland, Train across Canada in the fall, South Sea Islands, Marianas Islands & Saipan, AND finally — HOME IS BEST.

June was a time of travel for Rose Malmgren and Virginia Adkisson, a week on the cruise ship "Radiance of the Sea", which took them to Victoria and through the Inside Passage north to the Campbell River. "In luxury all the way," they said, but agreed they weren't partial to the caviar. Tough!!

Dick Dettrey, our handsome bridge specialist and natural health devotee, leaves us the 14th of July to return to the East Coast. We'll miss him and hope he'll return some day.

Our June 20th luncheon meeting was a "Party Day" saluting the Fathers in our midst. A great menu featuring Swiss Steak and Mashed Potatoes. The decorations were festive and we all especially appreciated the two vases full of HUGE PINK ROSES from the garden of Nossie Derion in Bremerton. Thanks, Nossie. Former members Lucky & Teresa Pomerleau of Lake Minterwood joined us for lunch and cards. Teresa, back from a visit to Germany. Hope they'll come again.

PICNICS — Upcoming for our Seniors: An In-house picnic on July 11th at the KP Civic Center, with "picnic" food, but inside. And the OUTDOOR picnic at Jo-Emma State Park on August 12th, a potluck to which all seniors are invited, so plan to join us.

Martha Applegate is at home after a bad fall in Key Center which necessitated a visit to Allynmore Hospital in June. However, she's back home, as cheerful and smiling as usual. She's one of our longest-term members and cherished by all. Stay well, Martha.

Marie Schwenka had a double treat on her birthday in June when she hit the Four-Score mark. A big birthday celebration with friends and family, including a surprise visit by her son from California, and then, a luxurious hotel room on Tacoma's waterfront with great views of the Sound, Commencement Bay, the Gig Harbor Peninsula and Vashon. Wow! No, Marie, you can't have another 80th birthday in July!!

BUMPER STICKERS for YOUR CAR:

WORK IS FOR PEOPLE WHO DON'T KNOW HOW TO FISH  
I'M NOT AS THICK AS YOU DRUNK I AM  
FEW WOMEN ADMIT THEIR AGE — FEW MEN ACT IT

## Another View

by Liz Kassler

CONGRATULATIONS  
CLASS OF 2002



"Don't look directly into the sun! He's too bright!"

<http://lzkassler.com>

# In Step with Doug Henry — Dance Instructor Extraordinaire

by Vicky McClung and Lori Warkocki

For Key Peninsula resident, Doug Henry, dance is a wonderful form of expression, as well as a lot of fun and good exercise. Doug is a second-generation dance instructor. His father taught ballroom dancing in the 1920's. He taught Waltz, Jitterbug, Foxtrot and all the modern dance of the 50's to all the neighborhood kids while Doug was growing up — except Doug. "I was a musician," he says. "I played trumpet in a band — everything from classical and jazz to rock and roll." In Kentucky, music and dancing were a way of life for Doug and his family.

In 1962, Doug left Louisville and joined the Army. After being stationed in Puerto Rico, he was transferred to Fort Lewis and has remained in Washington State ever since. For 25 years Doug made a living in marine construction. But his passion for music and dance never left him. After having several knee surgeries, he decided to take lessons knowing it would be great exercise, but that wasn't his only reason. Doug explains, "Everywhere I went to dance they always had these very small, postage stamp dance floors, and they would have thirty people trying to dance. I wanted to travel while I danced."

Doug took ballroom dance lessons from Matt Jensen of Soundview Ballroom in Port Orchard. Now he excels in many different kinds of dance. In 1995 he began instructing at Applegate Studio in Tacoma. He now owns his own business — InStep Dance — in which he has modified the way he teaches. He gives classes in various com-



Jena Henak enjoys some InStep dance ideas from Doug Henry.

munity centers and clubs, and he also gives private lessons. He is also available to do weddings, anniversaries and choreography. He often takes his classes to dance spots where his students can experience and practice their dance steps in a regular dance environment rather than just in the classroom.

The really great news for Key Peninsulans is that Doug will be conducting dance classes here at the Key Peninsula Civic Center on Thursdays, beginning June 27th and lasting through August 3rd. He will teach the Waltz and the East Coast Swing. Recently Doug and his wife, Susie, along with his former instructor, other students and Dan Davis, President of the Kitsap County chapter of US Amateur Ballroom Dance Association, attended the "Jazz in June" dance at the Civic Center. They offered "wannabe" dancers a chance to learn the Night Club Two-step, the Foxtrot and the Little Swing.

Lori reports: "I had a chance to try a few moves with Doug recently and found out why I have always had so much trouble following men when I danced. He showed me some of the common mistakes that men make while leading. Not that it's all the men's fault. I am very stiff, wooden and self-conscious when I dance. Doug also showed me how dance should be heavy-footed (as opposed to light-footed) and that the upper body position and movement have a lot more to do with good dancing than most people would expect."

Doug's oldest student is a 92-year-old woman who dances in shows. He explains

why dancing is so beneficial to older people. "Older people have a tendency to lose side movement, sometimes causing them to move funny while walking. When dancing, which requires side movement, older people usually retain, or regain, better balance." He works on this better balance and free movement when teaching.

Learning to dance, or improving your dance, is a wonderful, fun way to spend an evening, and you don't have to be a Fred Astaire or Ginger Rogers. For more information or to register for these Thursday evening classes, from 6:30 to 8:30 P.M., call the KP Civic Center at 884-3456 or Doug Henry at 884-9236. Put on those dancing shoes and whirl away your summer!

## Dance Trivia

Doug Henry provided the following dance descriptions:

**The Tango** — Called the dance of lust. It shows the struggle for power between a man and a woman. Emotional, with lots of attitude. You can make it very dramatic, sensual or humorous.

**The Rumba** — Called the dance of romance. Soft, fluid movements — a spot dance, done in one place. **The Samba** is a slower, more sensual Rumba.

**The Bolero** — Called the dance of love. Very fluid movements, danced to slower music than the Rumba with more arm and body movements.

**The Waltz** — A traveling dance, like a bird in flight.

**East Coast Swing** — The basic Swing dance. The single time Swing is the same as the old Jitterbug. The triple time Swing is done to slower music.

**West Coast Swing** — Done to bluesy type music and more intrinsic and flirtatious than the East Coast Swing.

## Have a Favorite Business?

To honor outstanding businesses located in Western Washington, the Better Business Bureau and U.S. Bank launched the *Business of the Year Awards* program. The BBB invites the public to nominate businesses that demonstrate innovative business practices, excellence in customer service and extraordinary involvement in the community. Businesses will be judged in two separate categories, those with one to fifty employees and those with more than fifty employees.

The BBB will be accepting nominations until September 13, 2002. To nominate a business, call the BBB at 206-431-2222 for a nomination form.

## Important to Report Power Outages

Even though Peninsula Light has installed some new equipment to remotely operate their system and to give them status reports, there are some types of problems it doesn't report automatically. So it's really important to report a power outage immediately, even if you believe they may already know about it. If you want more information about SCADA, their automatic reporting system, call the Engineering Department at 857-1487.

## Dramatic Revision to State Energy Code

Submitted by Jonathan White  
July 1, 2002, marked the effective date of the latest revision to the Washington State Energy Code. The major change is that in the past, electrically heated homes had to be built to more stringent standards than those heated by oil, propane, natural gas or heat pumps. Now, all homes must be built to the same standards. Another change in the Code, however, allows a higher percentage of window area if wall insulation is increased. Questions? Call Jonathan at 857-1514.

## Where To Pick Up A Copy Of The Key Peninsula News

- Bridgeway Market, Purdy
- Walt's-Lake Kathryn
- Genex
- Burley Store
- Home Feed & Grocery
- SAVE Thrift Shop (nr PHS)
- Peninsula Light Company
- Wright-Bliss Texaco
- KPCC Office Lobby
- K P Historical Society Museum
- Key Center Library
- Albertson's - Borgen Blvd
- Home Country Store
- Walt's - Key Center
- Sound C U - Key Center
- Albertson's - Sidney & Sedgwick
- Windermere Realty @ Key Center
- Key Bank in Purdy

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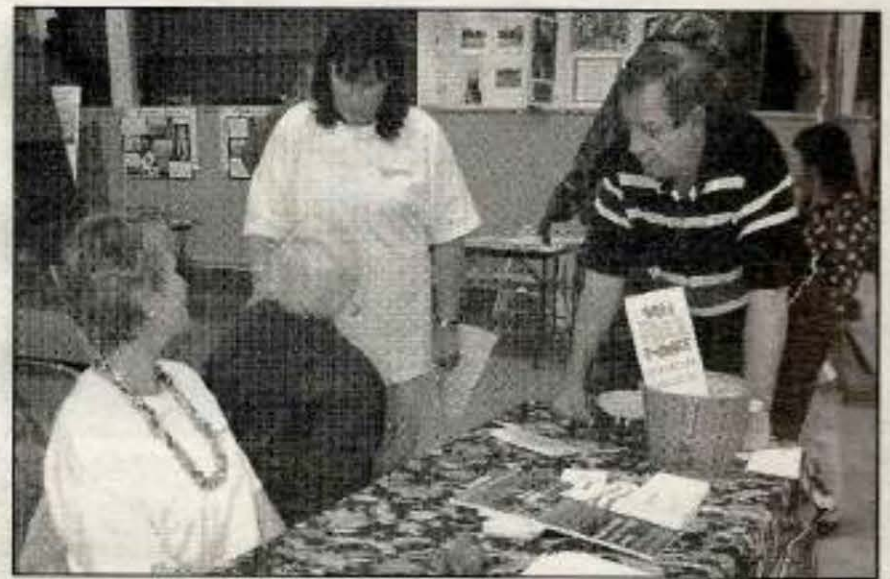
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Phone 884-3899

## 'Apologies For A Printing Error In The June Issue'

The photos and captions for the KPCC Open House should have been:



*Al Yanity describes Citizen Against Crime (CAC) projects with local homeowners*



*Kathy Bauer, Marie Magnuson and Britta Brones of Two Waters Alliance discuss plans with Jeff Harris.*

## Summer Fun at Children's Museum of Tacoma!

### Free Market Play Days

In partnership with Columbia Bank the Children's Museum is presenting Free Market Days on Thursdays, June 27th through September 5th. All visitors will be admitted into the museum free of charge between 10 A.M. and 2 P.M. The Farmers' Market is located right outside the museum on Broadway and contributes to the excitement of the CMT experience.

Families can enjoy the fresh produce from the Farmers' Market and then venture into CMT to spend some time in their very own kid-sized farmers' market. "Grubby Gardeners" provides opportunities for children to have their own Market Day. Complete with gardening plots, a scale, cash register and gardening shed, the experience is ripe with opportunities for harvesting crops, sorting produce by weight and bartering with merchants. The CMT gardening fun enhances not only an awareness of the importance of fruits and vegetables, but also problem solving skills, creativity, self-expression and cooperation. The Free Market Play Days offers families an affordable day to celebrate "the power of play."

### Summer Camps at CMT

A variety of activities offered at week long summer camps at the Children's Museum will give children opportunities to explore areas of music, literature, art, science and more. Young Explorers Camps for ages 3 to 5 are July 8th to 12th, July 22nd to 26th, August 5th to 9th and August 19th to 23rd from 9 A.M. to noon. Cost is \$90 for non-members and \$85 for members. Active Adventurers Camps for children ages 5 to 8 are July 15th to 19th, July 29th to August 2nd and August 12th to 16th from 9 A.M. to 2 P.M. Cost is \$130 for non-members and \$125 for members.

Brand X Theater will lead the Young Explorer Camp, "Oh the Place You'll Go" on July 8th to 12th and again on August 5th to 9th and the Active Adventure Camp, "Imagine It" on July 15th to 19th and again on August 12th to 16th. Campers will engage in the discovery of performing arts through creative movement, improvisational acting, storytelling, puppetry and music.

The Young Explorer Camp, "CMT Explorations" on July 22nd to 26th and again on August 19th to 23rd, is created for campers to use creativity and energy through a diverse assortment of activities. Campers will explore our great exhibits including "Grubby Gardeners", Becka's Studio", "Gears and Gadgets", "One, Two, Three, By the Sea" and "On Broadway". Each day will feature creative arts and crafts, imaginative activities and boisterous music.

The Active Adventure Camp, "Glop, Glue & Gadgets" on July 29th to August 2nd, will bring science to life. Young scientists will conduct experiments and learn about gases, solids and liquids, centrifugal force and other science basics in this messy, hands-on camp. Activities will include making edible play dough, sucking an egg into a small-necked bottle, making balloon creatures filled with flour, creating prisms and other fun projects that teach the exciting elements of science.

The Children's Museum of Tacoma is located at 936 Broadway in the heart of downtown Tacoma. For more information call (253) 627-6031 or visit their website: <http://www.ChildrensMuseumofTacoma.org>.

## Coalition Urges Feds To Slow Down With Power Restructuring

Northwest Power Works, a growing coalition that represents more than 1.3 million homes and businesses in Oregon and Washington, has reinforced a new report released by the General Accounting Office (GAO) that says the Federal Energy Regulatory Commission (FERC) failed to prevent price-gouging in the newly deregulated U.S. wholesale electricity market. Penlight joined the Coalition at the beginning of June.

Despite the GAO's study, the FERC is still moving ahead with dramatic plans to restructure the current electrical power and transmission system. The Coalition, including Penlight, urges the FERC to hold off on their plans to deregulate electricity markets across the country at least until they understand what caused the problem in the first place.

"FERC needs to slow down, take a breath and figure out what went wrong before making sweeping changes to how regions of the country regulate electricity," said Rob Orton, Penlight's CEO. "It's unbelievable to me that at the same time Congress is investigating FERC and what Enron and other companies did, FERC is working to implement restructuring of the Northwest's energy transmission system and energy market — a change that would institute many of the same systems, structures and trading rules that lead to California's abuses and problems in the first place," he said.

Most Northwest ratepayers have already experienced rate increases of 40% and more, much of it due to California's failed restructuring experiment and power marketers' manipulation of the West Coast energy markets. "It is critical for FERC to build an in-depth understanding of the systemic flaws that led to market exploitation, astronomical rate increases and economic hardships for Northwest ratepayers before deciding to move ahead with deregulation," said Orton.

FERC is currently considering two dramatic changes. One would create a new regional transmission organization known as RTO West, which would take control of the region's existing federal and private power grid. The other would change how power prices are regulated and induce utilities to purchase electricity transmission rights on the open market.

Practically speaking, it would push trading into the short-term, price-volatile market and away from the predictable and low-cost long-term transmission contracts that have been the norm for the region. The changes would also open the Northwest power system to the same type of market abuses that increased power costs astronomically and led to the California failed deregulation experiment in 2000 and 2001.

RTO West, a new bureaucracy, would assume control over existing federal and private power transmission grids throughout seven western states. 80% of the Northwest and half of the proposed RTO West area are already served by the Bonneville Power Administration and operated on an open-access basis. The Coalition believes that RTO West is unnecessary and would be an expensive and needless layer of bureaucracy.

"We need to look out for the interests of our ratepayers," said Orton. "And that's just what we plan to do."



**An Editorial**

**Is It Time To Fix Senior Citizen Tax Relief?**

For those of you not aware of this particular property tax program, seniors and disabled retirees with total family annual incomes of less than \$30,000 are entitled under state law to a discount on the living quarters part of their property tax. Each year they have to report their income to the Assessor's office, and if their income gets above the \$30,000 ceiling, they lose the discount.

That nearly everyone considers property taxes too high is not arguable, it's a fact of life. But for many retirees on relatively fixed incomes, it can be a major problem. In some cases this comes about because Social Security, for example, gives a small cost-of-living increase each year, but the ceiling on allowed income for property tax relief has not been adjusted since 1998. In the 36-year history of this program, this is the longest period without an adjustment for inflation.

So we now find people in their seventies whose income, because of inflation adjustments, has now crept just barely above the \$30,000 ceiling, are finding that the amount of increase they are getting from Social Security or disability pension is less than the property tax increase they will be facing. They will actually have less money for living expenses.

While this problem affects people on the Key Peninsula, it also affects all of Pierce County and the rest of the state. The property-tax-relief program for seniors and disabled retirees is now helping about 3,000 fewer people in Pierce County than it did in 1997. Statewide, the tax-relief program has shrunk by about 13,000 people during the same period.

So, now that we're aware of the problem, are there any solutions? Well, for starters, raising the family income ceiling from \$30,000 to \$33,000 would make the tax relief program available to an estimated 14,000 more people. Since the federal government allows a deduction for health insurance and for veterans' disability, it wouldn't be precedent-setting for Washington to allow these to be deducted in figuring annual income. As a matter of fact, our State House of Representatives voted 93 - 2 a few years ago to do just that, but the bill never got out of the State Senate. Maybe it's time to reconsider this idea.

But we can hear the screams now about the fiscal crisis we're in. Wouldn't it make our budget crisis even worse? Not really. In fact, this exemption could be picked up by a minimal cost to others. Let's say the goal is to get 14,000 people back into the tax-relief program. To do that would add about \$4 a year to the tax bill on a home assessed at \$200,000. That's an increase of a little bit more than a penny a day!

It was 36 years ago that the people of Washington showed their compassion by voting to create a special property-tax-relief program to help senior citizens and disabled retirees on limited incomes. Are we no longer compassionate?

*Marty Marcus and Ann Waldo*

*(Material for this editorial was provided by our 26th District Representatives, Pat Lantz & Brock Jackley)*

**Saved Any Lives Recently?**

If you haven't, here's your chance to save maybe as many as three. Donate blood at the blood drive at the Peninsula Light Company Office, 13315 Goodnough Drive NW in Purdy, from 12:30 - 4:30 PM on Friday, July 12th.

*[Ed. note: Take it from a member of the 7-gallon Club, it really makes you feel good.]*

**KP NEWS STILL NEEDS**

**Photos and items of local news**

**(Key Peninsula items)**

**that you would like to see in our paper**

**Deadline is the 20th of each month**

**(earlier is better)**

**Send to KP News, P.O. Box 3, Vaughn WA, 98394**

**(or put it in our box at the lower level of the annex at the Key Peninsula Civic Center)**

**Please include your name and phone number for verification.**

**More Than \$57 Million for Washington In Senate Committee Spending Bill**

*Funds for land acquisition, restoration and conservation will protect national treasures, help preserve the quality of life.*

Just a few days before going to press we received a fax detailing the \$57.3 million for projects in our state included in the Senate Interior Committee's spending bill which the Committee approved June 27th. Projects range from the Columbia Gorge to the Central Cascades to the Willapa National Wildlife Refuge.

Land acquisition projects include:

- \* Lands in the Columbia Gorge.
  - \* Lands left out of the original I-90/Plum Creek land exchange. This will help address the checkerboard pattern of ownership that creates ecological holes and management problems.
  - \* Streamside lands important to salmon habitat and recovery efforts.
  - \* Lands along wild and scenic rivers including the Skagit River.
  - \* Lands in the Moses Coulee area.
  - \* Lands for the National Park Service at Ebey's Landing.
  - \* Yakima River Forest Legacy Lands.
  - \* Lands for the Fish & Wildlife Service near the Willapa National Wildlife Refuge.
- Other Washington State projects included in this spending bill:
- \* Construction and restoration at Mt. Rainier National Park.
  - \* Regional Fisheries Enhancement Groups for volunteer salmon enhancement programs.
  - \* Willapa Bay National Wildlife Refuge to help fight *Spartina* infestations in Willapa Bay.
  - \* The Rural Technology Transfer Initiative to continue to help small landowners use up-to-date technology to maximize timber harvest while protecting important habitat.

"I am particularly proud of the continued funding that this bill provides for Ebey's Landing. Protection of this historic reserve is crucial to the well-being of the surrounding community. I'm pleased that more of this area will now be preserved to help teach our children about the area's history and to protect our wildlife," Senator Patty Murray said.

**Cut Out And Mail or FAX**

**KEY PENINSULA NEWS WANTS YOUR OPINIONS**

**Do you read your Key Peninsula News ?**

**What do you like about it ?**

**What do you dislike ?**

**What would you like added ?**

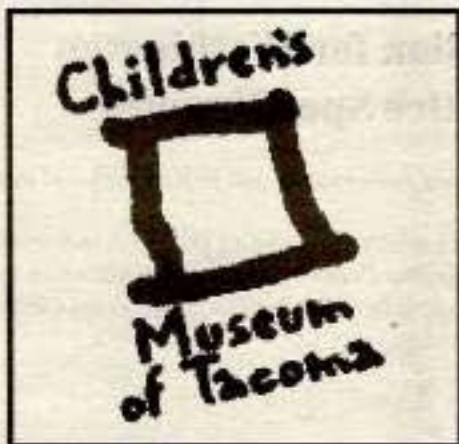
**What would you like eliminated ?**

**What is your zip code ? (Circle one, please)**

98329 98349 98351 98394 98395 Other \_\_\_\_\_

**Other comments ?**

Fill and Cut out Questionnaire and mail to the *Key Peninsula News* at P.O. Box 3 Vaughn, WA 98394. You can FAX your opinion at 253-884-4053 or you can stop by the Key Peninsula Civic Center and drop your opinion in the mail box on door.



**Museum Hours:** Tuesday - Saturday  
10:00 AM to 5:00 PM.

**Summer Nights:** July 11, 18, 25, & August 1, 8, 15, open until 9:00 PM.

**Admission:** \$3 Adults / \$4 Children. Members and Children under 2 are always FREE.

**First Friday Free:** Admission is Free July 5, 10:00 AM to 9:00 PM.

**Theatre Workshops**

Share in the excitement of the performing arts by attending any or all of the theater workshops offered this summer at CMT. "Brand X Theatre" will lead theater workshops for children ages 5+ and their adults. Participants will engage in an interactive experience focused on a variety of different aspects of theater.

**When?** Adult/Child workshops - July 13, 10:00 - 11:30 AM, Aug. 10, 9:30 - 11:00 AM.

Children's workshops - July 27 and Aug. 24, 9:30 - 11:00 AM.

**Cost?** Adult/Child workshops - \$15 Members/\$17 Non-Members.

Children's workshops - \$10 Members/\$12 Non-Members.

**Summer Camps**

Each week will offer different activities packed with excitement to make summer vacation memorable! Camps explore areas of music, science, literature and theater. Children will be able to learn and grow through focused hands-on activities. For questions about camp themes and other details call (253) 627-0631.

**Young Explorers Camps** for children ages 3-5 are July 8-12, July 22-26, Aug. 5-9 and Aug. 12-16 and from 9:00 AM to 2:00 PM. Cost is \$130 for Non-Members and \$125 for Members.

**Active Adventures Camps** for children ages 5 1/2 - 8 are July 15-19, July 29-Aug. 2 and Aug. 12-16 and from 9:00 AM to 2:00 PM. Cost is \$130 for Non-Members and \$125 for Members.

**Super Saturday Surprise**

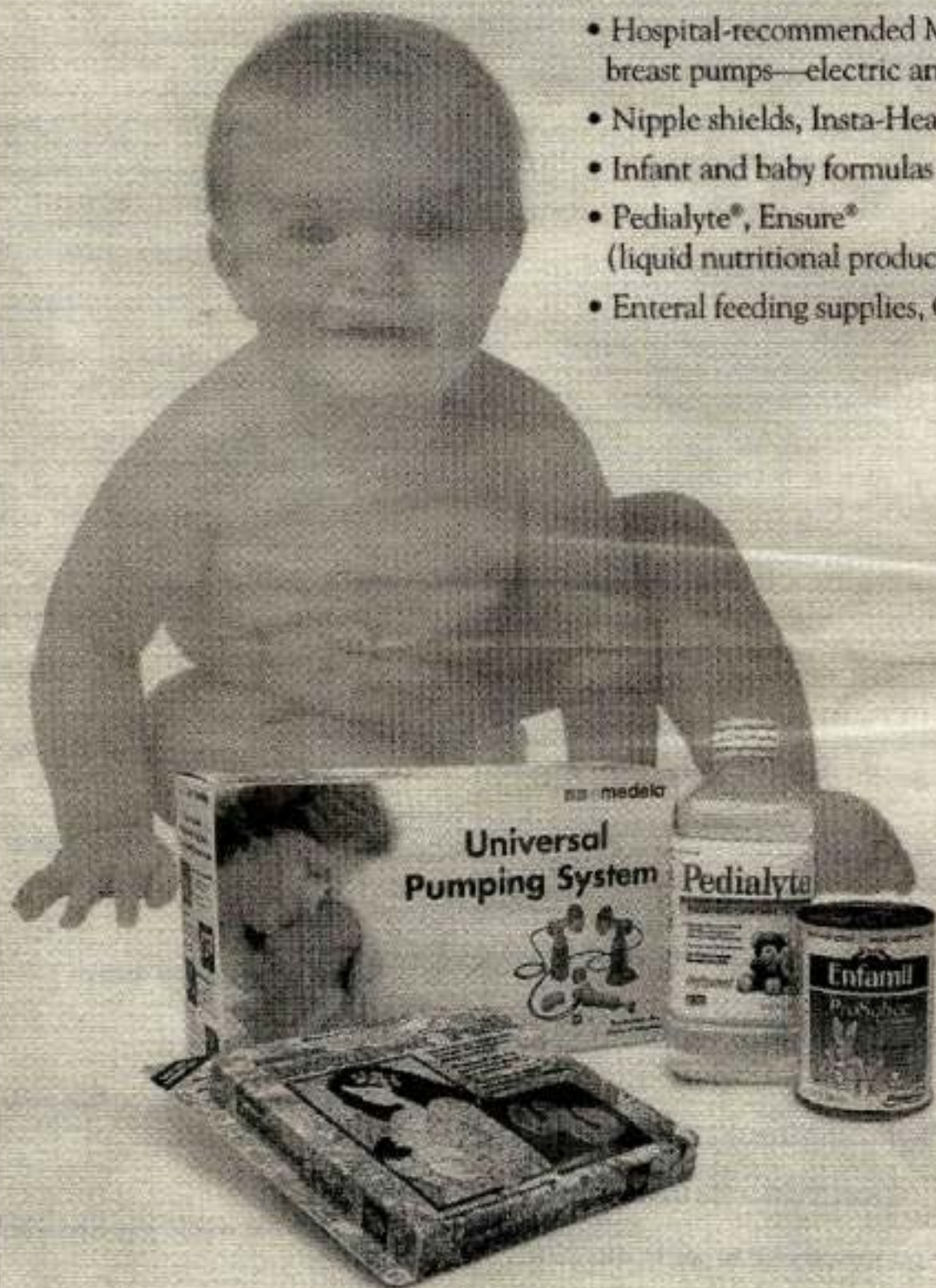
On **July 20, 11:00 AM to 2:00 PM** celebrate Saturday fun by engaging in a zany summertime activity by making "Hydro Bracelets". Create a bracelet that is filled with tiny beads and glitter floating in water that will dazzle friends.

The Children's Museum of Tacoma is located at 936 Broadway, in the heart of downtown Tacoma. The CMT encourages the power of play in young children and their adults through educational, fun and creative exhibits and programming. The Museum features six exhibits designed to foster imaginative play, exploration and discovery for children ages 8 and younger. More information about the Museum's exhibits and programs can be obtained by calling (253) 627-6031 or by visiting our website at <http://www.ChildrensMuseumofTacoma.org>.

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